

**Hawks Trials and Finals**  
**January 27-29, 2012**  
**Valley Central Natatorium**  
**1175 Route 17K ... Montgomery, NY 12549**

**Warm-up Times**

**Friday January 27, 2012**

**Session 1 Friday PM ... Timed Finals**

**Warm-ups 3:30... Positive Check-in by 3:45 ... Session Begins 4:30**

**Saturday January 28, 2012**

**Session 2 Saturday ... Prelims**

**Warm-ups 8:00AM ... Positive Check-in by 8:15AM ... Session Begins 9:00AM**

**Session 3 Saturday ... Timed Finals**

**Warm-ups 1:00PM ... Positive Check-in by 1:15PM ... Session Begins 2:00PM**

**Session 4 Saturday ... Finals**

**Warm-ups 4:00PM ... Session Begins 5:00PM**

**Sunday January 29, 2012**

**Session 5 Sunday ... Prelims**

**Warm-ups 8:00AM ... Positive Check-in by 8:15AM ... Session Begins 9:00AM**

**Session 6 Sunday ... Timed Finals**

**Warm-ups 1:00PM ... Positive Check-in by 1:15PM ... Session Begins 2:00PM**

**Session 7 Sunday ... Finals**

**Warm-ups 4:00PM Session Begins 5:00PM**