

MARIST SWIM CLUB
Marist College, Poughkeepsie, NY

Individual Top Times

MARIST SWIM CLUB [MSC-MR] Coach: Larry VanWagner
Show Long Course Only

Time	P/F/S	Event			
Jennifer Aiello (17) F					
31.11 L	F	50 Free	7/10/2009	2009 MR Condors July Jubilee	
1:06.68 L	F	100 Free	7/30/2010	2010 MR Metro Junior Olympics LC	
2:25.64 L	F	200 Free	7/10/2009	2009 MR Condors July Jubilee	
5:17.05 L	F	400 Free	6/22/2007	2007-MR-NY Sharks Summer Sizzler	
11:17.74 L	F	800 Free	6/27/2009	2009 MR LIAC Summer Fun Invitational	
26.32 L L	F	50 Back	7/10/2009	2009 MR Condors July Jubilee	
1:11.04 L	P	100 Back	7/23/2009	2009 MR Senior Mets LC Championships	
2:33.78 L	F	200 Back	7/30/2010	2010 MR Metro Junior Olympics LC	
33.52 L	F	50 Fly	7/29/2005	2005 MR Junior Olympics LC	
1:10.55 L	F	100 Fly	7/31/2009	2009 MR Metro Junior Olympics LC	
2:49.51 L	F	200 Fly	6/26/2010	2010 MR LIAC Summer Fun Invitational	
2:37.52 L	F	200 IM	7/31/2009	2009 MR Metro Junior Olympics LC	
5:45.53 L	F	400 IM	7/10/2009	2009 MR Condors July Jubilee	
Krisztina Alderson (13) F					
35.47 L	F	50 Free	7/9/2010	2010 MR Condors July Jubilee	
1:16.57 L	F	100 Free	7/18/2009	NYS July 18-19-09 LC Invite	
2:47.27 L	F	200 Free	7/18/2009	NYS July 18-19-09 LC Invite	
5:58.21 L	F	400 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational	
41.19 L	F	50 Back	6/5/2009	2009 MR LIAC Summertime Classic Inv.	
1:29.02 L	F	100 Back	7/18/2009	NYS July 18-19-09 LC Invite	
3:10.56 L	F	200 Back	6/5/2009	2009 MR LIAC Summertime Classic Inv.	
53.84 L	F	50 Breast	7/11/2009	2009 Hawks Summer Invitational	
1:50.82 L	F	100 Breast	7/11/2009	2009 Hawks Summer Invitational	
38.68 L	F	50 Fly	7/18/2009	NYS July 18-19-09 LC Invite	
1:29.97 L	F	100 Fly	7/18/2009	NYS July 18-19-09 LC Invite	
3:18.64 L	F	200 Fly	6/5/2009	2009 MR LIAC Summertime Classic Inv.	
3:09.57 L	F	200 IM	7/18/2009	NYS July 18-19-09 LC Invite	
Ryan Alderson (15) M					
27.35 L	P	50 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational	
58.12 L	P	100 Free	7/22/2010	2010 MR Senior Metro LC Championships	
2:07.69 L	P	200 Free	7/22/2010	2010 MR Senior Metro LC Championships	
4:37.90 L	F	400 Free	7/9/2010	2010 MR Condors July Jubilee	
9:22.05 L	F	800 Free	7/22/2010	2010 MR Senior Metro LC Championships	
38.58 L	F	50 Back	6/3/2006	2006 MR LIAC Summertime Classic	
1:06.45 L	P	100 Back	7/22/2010	2010 MR Senior Metro LC Championships	
2:26.87 L	P	200 Back	7/22/2010	2010 MR Senior Metro LC Championships	
37.96 L	F	50 Fly	6/16/2006	Long Course Invitational	
1:11.18 L	F	100 Fly	7/10/2009	2009 MR Condors July Jubilee	
2:28.95 L	F	200 IM	7/10/2009	2009 MR Condors July Jubilee	
5:31.94 L	F	400 IM	7/10/2009	2009 MR Condors July Jubilee	
Christopher Alpay (14) M					
27.17 L	F	50 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
59.52 L	F	100 Free	7/30/2010	2010 MR Metro Junior Olympics LC	
2:11.13 L	F	200 Free	7/30/2010	2010 MR Metro Junior Olympics LC	
4:40.68 L	F	400 Free	7/30/2010	2010 MR Metro Junior Olympics LC	
35.06 L	F	50 Back	7/31/2009	2009 MR Metro Junior Olympics LC	
1:11.05 L	F	100 Back	7/30/2010	2010 MR Metro Junior Olympics LC	
2:32.94 L	F	200 Back	7/30/2010	2010 MR Metro Junior Olympics LC	
44.02 L	F	50 Breast	7/11/2009	2009 Hawks Summer Invitational	
1:32.58 L	F	100 Breast	7/11/2009	2009 Hawks Summer Invitational	
30.86 L	F	50 Fly	7/31/2009	2009 MR Metro Junior Olympics LC	
1:07.43 L	F	100 Fly	7/30/2010	2010 MR Metro Junior Olympics LC	
3:01.58 L	F	200 Fly	6/5/2009	2009 MR LIAC Summertime Classic Inv.	

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Time	P/F/S	Event			
Christopher Alpay (14) M					
2:30.93 L	F	200 IM	7/30/2010	2010 MR Metro Junior Olympics LC	
5:21.98 L	F	400 IM	7/30/2010	2010 MR Metro Junior Olympics LC	
Zachery Alpay (10) M					
38.66 L	F	50 Free	7/23/2010	NYSA July Last Chance LC Meet	
1:23.64 L	F	100 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
52.29 L	F	50 Back	5/1/2009	2009 Condors May Meters Matter	
1:39.57 L	F	100 Back	7/23/2010	NYSA July Last Chance LC Meet	
49.50 L	F	50 Breast	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:46.53 L	F	100 Breast	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
3:53.54 L	F	200 Breast	5/7/2010	2010 Condors May Meters Matter	
47.34 L	F	50 Fly	7/23/2010	NYSA July Last Chance LC Meet	
3:28.52 L	F	200 IM	7/9/2010	Hawks Summer Invitational 2010	
Trevor Attile (13) M					
1:15.35 L	F	100 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
Madison Ball (16) F					
31.97 L	F	50 Free	7/18/2009	NYS July 18-19-09 LC Invite	
1:07.22 L	T	100 Free	7/31/2009	2009 MR Metro Junior Olympics LC	
2:29.63 L	F	200 Free	7/10/2009	2009 MR Condors July Jubilee	
5:15.03 L	F	400 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational	
1:23.19 L	F	100 Back	7/9/2010	2010 MR Condors July Jubilee	
2:52.53 L	F	200 Back	7/9/2010	2010 MR Condors July Jubilee	
1:31.18 L	F	100 Breast	6/26/2010	2010 MR LIAC Summer Fun Invitational	
3:13.64 L	F	200 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
1:17.75 L	F	100 Fly	7/31/2009	2009 MR Metro Junior Olympics LC	
2:59.75 L	F	200 Fly	7/31/2009	2009 MR Metro Junior Olympics LC	
2:49.40 L	F	200 IM	7/10/2009	2009 MR Condors July Jubilee	
6:02.42 L	F	400 IM	7/10/2009	2009 MR Condors July Jubilee	
Parker Ball (6) F					
58.21 L	F	50 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
2:01.94 L	F	100 Free	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
1:07.08 L	F	50 Back	5/7/2010	2010 Condors May Meters Matter	
2:31.15 L	F	100 Back	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
1:14.37 L	F	50 Breast	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
Hunter Bartlett (17) M					
58.70 L L	F	100 Free	7/22/2010	2010 MR Senior Metro LC Championships	
2:13.11 L	F	200 Free	7/9/2010	2010 MR Condors July Jubilee	
1:08.26 L	P	100 Breast	8/5/2010	2010 Speedo Champions Series	
1:08.26 L	F	100 Breast	8/5/2010	2010 Speedo Champions Series	
2:30.77 L	F	200 Breast	8/5/2010	2010 Speedo Champions Series	
1:06.79 L	F	100 Fly	6/26/2010	2010 MR LIAC Summer Fun Invitational	
2:18.59 L	P	200 IM	8/5/2010	2010 Speedo Champions Series	
4:54.50 L	P	400 IM	8/5/2010	2010 Speedo Champions Series	
Kate Bergin (13) F					
31.49 L	F	50 Free	7/9/2010	2010 MR Condors July Jubilee	
1:05.89 L L	F	100 Free	7/22/2010	2010 MR Senior Metro LC Championships	
2:18.90 L	F	200 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
4:51.26 L	P	400 Free	7/22/2010	2010 MR Senior Metro LC Championships	
9:47.04 L	F	800 Free	7/22/2010	2010 MR Senior Metro LC Championships	
18:41.48 L	F	1500 Free	7/22/2010	2010 MR Senior Metro LC Championships	
35.53 L	F	50 Back	7/10/2009	2009 MR Condors July Jubilee	
1:13.01 L	P	100 Back	7/22/2010	2010 MR Senior Metro LC Championships	
2:36.49 L	F	200 Back	7/31/2009	2009 MR Metro Junior Olympics LC	
45.78 L	F	50 Breast	7/12/2008	2008 Hawks Summer Invitational	
1:37.97 L	F	100 Breast	7/12/2008	2008 Hawks Summer Invitational	

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Kate Bergin (13) F				
3:14.34 L	F	200 Breast	7/9/2010	2010 MR Condors July Jubilee
36.95 L	F	50 Fly	7/12/2008	2008 Hawks Summer Invitational
1:12.91 L	F	100 Fly	7/2/2010	Clinton Cudas Colgate Classic Invitational
2:38.80 L	F	200 Fly	7/31/2009	2009 MR Metro Junior Olympics LC
2:39.94 L	F	200 IM	6/26/2010	2010 MR LIAC Summer Fun Invitational
5:33.63 L	F	400 IM	7/31/2009	2009 MR Metro Junior Olympics LC
Ameera Bhanji (14) F				
30.88 L	F	50 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational
1:06.24 L	F	100 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational
2:24.68 L	F	200 Free	7/30/2010	2010 MR Metro Junior Olympics LC
5:51.14 L	F	400 Free	5/5/2007	2007 MR Condors LC Season Starter
41.25 L	F	50 Back	7/6/2007	2007-MR-NYS_Red_White_Blue Invitational
1:19.68 L	F	100 Back	7/18/2009	NYS July 18-19-09 LC Invite
2:54.90 L	F	200 Back	7/9/2010	2010 MR Condors July Jubilee
48.44 L	F	50 Breast	5/31/2008	2008 MR LIAC Summertime Classic
1:43.21 L	F	100 Breast	7/9/2010	2010 MR Condors July Jubilee
32.74 L	T	50 Fly	7/25/2008	2008 MR Junior Olympics LC
1:12.98 L	F	100 Fly	7/30/2010	2010 MR Metro Junior Olympics LC
2:45.49 L	F	200 Fly	7/2/2010	Clinton Cudas Colgate Classic Invitational
2:49.85 L	T	200 IM	7/9/2010	2010 MR Condors July Jubilee
6:25.41 L	F	400 IM	7/10/2009	2009 MR Condors July Jubilee
Emily Boyko (16) F				
33.04 L	F	50 Free	5/31/2008	2008 MR LIAC Summertime Classic
1:17.26 L	F	100 Free	5/13/2006	May Extravaganza
2:30.50 L	F	200 Free	6/5/2009	2009 MR LIAC Summertime Classic Inv.
5:12.43 L	F	400 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational
44.73 L	F	50 Back	5/5/2007	2007 MR Condors LC Season Starter
1:25.46 L	F	100 Back	6/22/2007	2007-MR-NY Sharks Summer Sizzler
2:51.78 L	P	200 Back	7/2/2010	Clinton Cudas Colgate Classic Invitational
41.57 L	F	50 Breast	7/14/2007	2007 MR Condors July Jubilee
1:28.31 L	F	100 Breast	7/10/2009	2009 MR Condors July Jubilee
2:56.69 L	F	200 Breast	7/23/2009	2009 MR Senior Mets LC Championships
34.22 L	F	50 Fly	7/17/2008	2008 EASTERN USA CONFERENCE CHAMPIONSHIP
1:13.03 L	P	100 Fly	7/2/2010	Clinton Cudas Colgate Classic Invitational
2:28.48 L	P	200 Fly	7/22/2010	2010 MR Senior Metro LC Championships
2:37.39 L	P	200 IM	7/22/2010	2010 MR Senior Metro LC Championships
5:26.06 L	P	400 IM	7/23/2009	2009 MR Senior Mets LC Championships
Jason Boyko (11) M				
36.14 L	F	50 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational
1:13.45 L	F	100 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational
2:45.79 L	F	200 Free	7/30/2010	2010 MR Metro Junior Olympics LC
41.35 L	F	50 Back	7/31/2009	2009 MR Metro Junior Olympics LC
1:35.59 L	F	100 Back	5/1/2009	2009 Condors May Meters Matter
42.41 L	F	50 Breast	5/15/2010	2010 MR LIAC Spring Kickoff Invitational
1:45.33 L	F	100 Breast	7/30/2010	2010 MR Metro Junior Olympics LC
34.92 L	F	50 Fly	7/30/2010	2010 MR Metro Junior Olympics LC
1:20.78 L	F	100 Fly	6/26/2010	2010 MR LIAC Summer Fun Invitational
3:09.72 L	F	200 IM	7/9/2010	Hawks Summer Invitational 2010
Julia Caldwell (12) F				
32.74 L	F	50 Free	5/7/2010	2010 Condors May Meters Matter
1:11.34 L	F	100 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational
2:34.78 L	F	200 Free	7/30/2010	2010 MR Metro Junior Olympics LC
5:40.86 L	F	400 Free	5/7/2010	2010 Condors May Meters Matter
41.05 L	F	50 Back	7/9/2010	2010 MR Condors July Jubilee

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Julia Caldwell (12) F					
1:27.03 L	F	100 Back	7/9/2010	2010 MR Condors July Jubilee	
41.10 L	F	50 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
1:30.35 L	F	100 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
3:14.23 L	F	200 Breast	7/9/2010	2010 MR Condors July Jubilee	
36.42 L	F	50 Fly	5/7/2010	2010 Condors May Meters Matter	
1:21.76 L	F	100 Fly	7/30/2010	2010 MR Metro Junior Olympics LC	
2:53.86 L	F	200 IM	7/9/2010	2010 MR Condors July Jubilee	
Michael Canino (13) M					
36.99 L	F	50 Free	6/27/2009	2009 MR LIAC Summer Fun Invitational	
1:23.38 L	F	100 Free	6/27/2009	2009 MR LIAC Summer Fun Invitational	
3:08.90 L	F	200 Free	7/18/2009	NYS July 18-19-09 LC Invite	
44.08 L	F	50 Back	7/18/2009	NYS July 18-19-09 LC Invite	
1:43.84 L	F	100 Back	7/11/2009	2009 Hawks Summer Invitational	
50.29 L	F	50 Breast	7/11/2009	2009 Hawks Summer Invitational	
1:53.92 L	F	100 Breast	6/27/2009	2009 MR LIAC Summer Fun Invitational	
43.92 L	F	50 Fly	7/18/2009	NYS July 18-19-09 LC Invite	
1:39.26 L	F	100 Fly	6/27/2009	2009 MR LIAC Summer Fun Invitational	
3:31.72 L	F	200 IM	7/11/2009	2009 Hawks Summer Invitational	
Emelia Carlino (17) F					
30.14 L	F	50 Free	7/31/2009	2009 MR Metro Junior Olympics LC	
1:04.86 L	T	100 Free	7/31/2009	2009 MR Metro Junior Olympics LC	
2:24.16 L	F	200 Free	7/31/2009	2009 MR Metro Junior Olympics LC	
5:18.89 L	F	400 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational	
1:19.42 L	F	100 Back	7/31/2009	2009 MR Metro Junior Olympics LC	
2:51.73 L	F	200 Back	7/10/2009	2009 MR Condors July Jubilee	
48.71 L	F	50 Breast	7/9/2005	Ulster Invitational	
1:24.95 L	F	100 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
3:05.96 L	F	200 Breast	7/25/2008	2008 MR Junior Olympics LC	
46.75 L	F	50 Fly	7/9/2005	Ulster Invitational	
1:24.58 L	F	100 Fly	7/9/2010	2010 MR Condors July Jubilee	
2:42.92 L	F	200 IM	7/30/2010	2010 MR Metro Junior Olympics LC	
6:30.59 L	F	400 IM	6/22/2007	2007-MR-NY Sharks Summer Sizzler	
Keith Carlino (15) M					
26.22 L	P	50 Free	8/5/2010	2010 Speedo Champions Series	
59.36 L	P	100 Free	7/22/2010	2010 MR Senior Metro LC Championships	
2:14.67 L	F	200 Free	7/31/2009	2009 MR Metro Junior Olympics LC	
4:52.70 L	F	400 Free	7/31/2009	2009 MR Metro Junior Olympics LC	
37.74 L	F	50 Back	7/27/2007	2007 MR Junior Olympics LC	
1:01.68 L	P	100 Back	8/5/2010	2010 Speedo Champions Series	
2:22.06 L	P	200 Back	7/22/2010	2010 MR Senior Metro LC Championships	
46.64 L	F	50 Breast	7/14/2007	2007 Hawks Summer Invitational	
1:38.78 L	F	100 Breast	7/12/2008	2008 Hawks Summer Invitational	
35.53 L	F	50 Fly	7/27/2007	2007 MR Junior Olympics LC	
1:01.56 L	P	100 Fly	8/5/2010	2010 Speedo Champions Series	
2:37.86 L	F	200 Fly	6/5/2009	2009 MR LIAC Summertime Classic Inv.	
2:31.31 L	F	200 IM	7/31/2009	2009 MR Metro Junior Olympics LC	
5:31.94 L	F	400 IM	7/10/2009	2009 MR Condors July Jubilee	
Maddy Cassano (16) F					
29.31 L	F	50 Free	5/16/2009	2009 NT MAC/MARS A Invitational	
1:03.70 L	F	100 Free	5/16/2009	2009 NT MAC/MARS A Invitational	
2:17.01 L	F	200 Free	4/24/2009	2009 NT MARS/MAC A Invitational	
5:00.54 L	F	400 Free	5/16/2009	2009 NT MAC/MARS A Invitational	
1:17.45 L	F	100 Back	4/24/2009	2009 NT MARS/MAC A Invitational	
1:21.49 L	F	100 Breast	5/16/2009	2009 NT MAC/MARS A Invitational	

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Maddy Cassano (16) F					
2:58.11 L	F	200 Breast	5/16/2009	2009 NT MAC/MARS A Invitational	
2:38.72 L	F	200 IM	5/16/2009	2009 NT MAC/MARS A Invitational	
Emily Cohen (7) F					
51.08 L	F	50 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:52.84 L	F	100 Free	7/23/2010	NYSA July Last Chance LC Meet	
4:10.37 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
1:00.02 L	F	50 Back	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
2:06.80 L	F	100 Back	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
1:06.60 L	F	50 Breast	6/27/2009	2009 MR LIAC Summer Fun Invitational	
2:25.68 L	F	100 Breast	7/23/2010	NYSA July Last Chance LC Meet	
1:01.82 L	F	50 Fly	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
4:33.75 L	F	200 IM	7/9/2010	Hawks Summer Invitational 2010	
Jessica Cohen (10) F					
36.67 L	F	50 Free	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
1:18.01 L	F	100 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
2:56.75 L	F	200 Free	7/30/2010	2010 MR Metro Junior Olympics LC	
7:19.27 L	F	400 Free	5/1/2009	2009 Condors May Meters Matter	
44.33 L	F	50 Back	7/30/2010	2010 MR Metro Junior Olympics LC	
1:38.24 L	F	100 Back	7/23/2010	NYSA July Last Chance LC Meet	
54.83 L	F	50 Breast	7/23/2010	NYSA July Last Chance LC Meet	
1:54.46 L	F	100 Breast	7/9/2010	Hawks Summer Invitational 2010	
39.71 L	F	50 Fly	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
1:43.93 L	F	100 Fly	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
3:21.79 L	F	200 IM	7/9/2010	Hawks Summer Invitational 2010	
Danielle Connolly (12) F					
38.55 L	F	50 Free	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
1:26.97 L	F	100 Free	5/7/2010	2010 Condors May Meters Matter	
3:09.72 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
44.33 L	F	50 Back	7/18/2009	NYS July 18-19-09 LC Invite	
1:32.75 L	F	100 Back	5/7/2010	2010 Condors May Meters Matter	
3:23.22 L	F	200 Back	5/7/2010	2010 Condors May Meters Matter	
1:00.05 L	F	50 Breast	6/27/2009	2009 MR LIAC Summer Fun Invitational	
2:06.11 L	F	100 Breast	7/9/2010	Hawks Summer Invitational 2010	
50.22 L	F	50 Fly	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
1:52.30 L	F	100 Fly	7/9/2010	Hawks Summer Invitational 2010	
3:50.12 L	F	200 IM	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
Fredrick Cruz (12) M					
34.23 L	F	50 Free	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
1:23.88 L	F	100 Free	7/9/2010	Hawks Summer Invitational 2010	
2:59.04 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
48.58 L	F	50 Back	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:39.30 L	F	100 Back	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
47.94 L	F	50 Breast	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
1:42.81 L	F	100 Breast	7/9/2010	Hawks Summer Invitational 2010	
45.51 L	F	50 Fly	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
1:42.05 L	F	100 Fly	7/9/2010	Hawks Summer Invitational 2010	
3:17.13 L	F	200 IM	7/9/2010	Hawks Summer Invitational 2010	
Jason Cruz (9) M					
38.66 L	F	50 Free	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
1:28.09 L	F	100 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
49.60 L	F	50 Back	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
1:50.40 L	F	100 Back	6/26/2010	2010 MR LIAC Summer Fun Invitational	
49.06 L	F	50 Breast	7/9/2010	Hawks Summer Invitational 2010	
1:51.83 L	F	100 Breast	6/26/2010	2010 MR LIAC Summer Fun Invitational	

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47.06 L	F	50 Fly	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
1:51.72 L	F	100 Fly	7/9/2010	Hawks Summer Invitational 2010	
3:38.88 L	F	200 IM	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
Ajay Dogra (12) M					
39.60 L	F	50 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
1:24.17 L	F	100 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
46.81 L	F	50 Back	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:44.25 L	F	100 Back	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
55.99 L	F	50 Breast	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
2:09.55 L	F	100 Breast	5/7/2010	2010 Condors May Meters Matter	
46.59 L	F	50 Fly	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
1:50.11 L	F	100 Fly	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
Ina Elcott (12) F					
32.33 L	F	50 Free	7/9/2010	2010 MR Condors July Jubilee	
1:09.35 L	F	100 Free	7/30/2010	2010 MR Metro Junior Olympics LC	
2:39.50 L	F	200 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
5:34.42 L	F	400 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
35.41 L	F	50 Back	7/30/2010	2010 MR Metro Junior Olympics LC	
1:16.24 L	F	100 Back	7/30/2010	2010 MR Metro Junior Olympics LC	
2:46.61 L	F	200 Back	7/30/2010	2010 MR Metro Junior Olympics LC	
44.25 L	F	50 Breast	7/9/2010	2010 MR Condors July Jubilee	
1:31.35 L	F	100 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
33.60 L	F	50 Fly	7/30/2010	2010 MR Metro Junior Olympics LC	
1:17.18 L	F	100 Fly	7/30/2010	2010 MR Metro Junior Olympics LC	
2:48.07 L	F	200 IM	7/30/2010	2010 MR Metro Junior Olympics LC	
Taylor Farino (10) F					
38.16 L	F	50 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
1:24.89 L	F	100 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
47.80 L	F	50 Back	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
1:44.75 L	F	100 Back	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
3:49.97 L	F	200 Back	5/7/2010	2010 Condors May Meters Matter	
57.19 L	F	50 Breast	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
44.54 L	F	50 Fly	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
Malia Frederickson (16) F					
33.39 L	F	50 Free	7/9/2010	2010 MR Condors July Jubilee	
1:13.74 L	F	100 Free	7/9/2010	2010 MR Condors July Jubilee	
2:37.06 L	P	200 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational	
5:31.76 L	F	400 Free	7/9/2010	2010 MR Condors July Jubilee	
1:25.78 L	P	100 Back	7/2/2010	Clinton Cudas Colgate Classic Invitational	
3:05.77 L	F	200 Back	7/9/2010	2010 MR Condors July Jubilee	
1:39.46 L	F	100 Breast	7/9/2010	2010 MR Condors July Jubilee	
1:26.08 L	P	100 Fly	7/2/2010	Clinton Cudas Colgate Classic Invitational	
3:00.33 L	F	200 IM	7/9/2010	2010 MR Condors July Jubilee	
Samantha Granan (17) F					
30.74 L	P	50 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational	
1:04.88 L L	F	100 Free	7/23/2009	2009 MR Senior Mets LC Championships	
2:21.82 L	P	200 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational	
4:55.47 L	F	400 Free	7/31/2009	2009 MR Metro Junior Olympics LC	
1:26.56 L	F	100 Back	7/6/2007	2007-MR-NYS_Red_White_Blue Invitational	
3:19.81 L	F	200 Back	7/8/2006	2006 Summer Invitationa	
1:21.14 L	F	100 Breast	7/10/2008	2008 MR Senior Mets LC Championships	
2:54.58 L	F	200 Breast	7/10/2008	2008 MR Senior Mets LC Championships	
1:16.30 L	F	100 Fly	7/9/2010	2010 MR Condors July Jubilee	
2:38.93 L	P	200 IM	7/22/2010	2010 MR Senior Metro LC Championships	

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Time	P/F/S	Event			
Samantha Granan (17) F					
5:42.72 L	F	400 IM	7/10/2009	2009 MR Condors July Jubilee	
Brandon Heitmann (16) M					
32.38 L	F	50 Free	6/27/2009	2009 MR LIAC Summer Fun Invitational	
1:14.89 L	F	100 Free	6/27/2009	2009 MR LIAC Summer Fun Invitational	
1:23.87 L	F	100 Back	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:29.15 L	F	100 Breast	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:30.27 L	F	100 Fly	6/27/2009	2009 MR LIAC Summer Fun Invitational	
3:01.13 L	F	200 IM	6/27/2009	2009 MR LIAC Summer Fun Invitational	
Tyler Heitmann (15) M					
32.39 L	F	50 Free	7/18/2009	NYS July 18-19-09 LC Invite	
1:12.52 L	F	100 Free	7/18/2009	NYS July 18-19-09 LC Invite	
2:44.88 L	F	200 Free	6/5/2009	2009 MR LIAC Summertime Classic Inv.	
1:19.82 L	F	100 Back	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:32.09 L	F	100 Breast	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:31.16 L	F	100 Fly	7/18/2009	NYS July 18-19-09 LC Invite	
Shekinah Hoffman (16) F					
29.14 L	P	50 Free	7/23/2009	2009 MR Senior Mets LC Championships	
2:16.16 L	P	200 Free	7/23/2009	2009 MR Senior Mets LC Championships	
5:01.83 L	F	400 Free	7/10/2009	2009 MR Condors July Jubilee	
1:22.13 L	F	100 Back	7/9/2010	2010 MR Condors July Jubilee	
39.38 L	F	50 Breast	7/17/2008	2008 EASTERN USA CONFERENCE CHAMPIONSHIP	
1:29.95 L	F	100 Breast	7/28/2006	2006 MR Junior Olympics LC	
3:15.27 L	F	200 Breast	5/31/2008	2008 MR LIAC Summertime Classic	
30.64 L	F	50 Fly	7/17/2008	2008 EASTERN USA CONFERENCE CHAMPIONSHIP	
1:06.35 L	P	100 Fly	8/6/2009	2009 Speedo Champions Series	
2:37.42 L	P	200 Fly	11/7/2009	2008 NYC Open	
2:39.60 L	F	200 IM	7/24/2008	2008 Empire State Games	
5:39.89 L	F	400 IM	7/10/2009	2009 MR Condors July Jubilee	
Jeff Hong (17) M					
1:01.17 L	F	100 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
2:21.62 L	F	200 Free	7/9/2010	2010 MR Condors July Jubilee	
5:20.07 L	F	400 Free	7/9/2010	2010 MR Condors July Jubilee	
1:15.99 L	F	100 Back	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:17.95 L	F	100 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
2:52.62 L	F	200 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
2:38.58 L	F	200 IM	6/26/2010	2010 MR LIAC Summer Fun Invitational	
Chloe Jackson (12) F					
32.45 L	F	50 Free	7/30/2010	2010 MR Metro Junior Olympics LC	
1:13.48 L	F	100 Free	7/9/2010	2010 MR Condors July Jubilee	
2:53.73 L	F	200 Free	7/18/2009	NYS July 18-19-09 LC Invite	
5:59.26 L	F	400 Free	5/7/2010	2010 Condors May Meters Matter	
42.28 L	F	50 Back	7/9/2010	2010 MR Condors July Jubilee	
1:28.76 L	F	100 Back	7/9/2010	2010 MR Condors July Jubilee	
42.27 L	F	50 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
1:31.59 L	F	100 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
3:16.51 L	F	200 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
41.23 L	F	50 Fly	7/9/2010	2010 MR Condors July Jubilee	
1:38.61 L	F	100 Fly	7/9/2010	2010 MR Condors July Jubilee	
3:07.21 L	F	200 IM	7/31/2009	2009 MR Metro Junior Olympics LC	
EllaBlue Jackson (8) F					
55.81 L	F	50 Free	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
2:08.75 L	F	100 Free	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
5:03.05 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
1:02.34 L	F	50 Back	5/1/2009	2009 Condors May Meters Matter	

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Time	P/F/S	Event			
EllaBlue Jackson (8) F					
2:15.41 L	F	100 Back	7/23/2010	NYSA July Last Chance LC Meet	
1:07.65 L	F	50 Breast	7/23/2010	NYSA July Last Chance LC Meet	
2:33.26 L	F	100 Breast	7/23/2010	NYSA July Last Chance LC Meet	
1:17.90 L	F	50 Fly	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
Selin Karadeniz (11) F					
43.07 L	F	50 Free	7/23/2010	NYSA July Last Chance LC Meet	
1:39.98 L	F	100 Free	7/23/2010	NYSA July Last Chance LC Meet	
52.25 L	F	50 Back	7/23/2010	NYSA July Last Chance LC Meet	
2:07.76 L	F	100 Back	7/9/2010	Hawks Summer Invitational 2010	
55.83 L	F	50 Breast	7/23/2010	NYSA July Last Chance LC Meet	
2:06.22 L	F	100 Breast	7/9/2010	Hawks Summer Invitational 2010	
1:00.99 L	F	50 Fly	7/23/2010	NYSA July Last Chance LC Meet	
Stephen Kelleher (12) M					
32.28 L	F	50 Free	7/9/2010	Hawks Summer Invitational 2010	
1:13.07 L	F	100 Free	7/9/2010	Hawks Summer Invitational 2010	
2:39.65 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
1:23.84 L	F	100 Back	7/23/2010	NYSA July Last Chance LC Meet	
37.99 L	F	50 Fly	7/9/2010	Hawks Summer Invitational 2010	
1:34.29 L	F	100 Fly	7/9/2010	Hawks Summer Invitational 2010	
3:03.98 L	F	200 IM	7/9/2010	Hawks Summer Invitational 2010	
Athar Khan (12) M					
37.57 L	F	50 Free	5/7/2010	2010 Condors May Meters Matter	
1:21.71 L	F	100 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
2:56.97 L	F	200 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
52.74 L	F	50 Back	7/18/2009	NYS July 18-19-09 LC Invite	
1:37.89 L	F	100 Back	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
51.06 L	F	50 Breast	7/9/2010	Hawks Summer Invitational 2010	
1:53.10 L	F	100 Breast	7/23/2010	NYSA July Last Chance LC Meet	
40.61 L	F	50 Fly	7/23/2010	NYSA July Last Chance LC Meet	
1:36.01 L	F	100 Fly	7/23/2010	NYSA July Last Chance LC Meet	
3:20.18 L	F	200 IM	7/23/2010	NYSA July Last Chance LC Meet	
Olivia Krug (10) F					
37.99 L	F	50 Free	7/23/2010	NYSA July Last Chance LC Meet	
1:23.69 L	F	100 Free	7/9/2010	Hawks Summer Invitational 2010	
2:58.95 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
6:53.48 L	F	400 Free	5/1/2009	2009 Condors May Meters Matter	
46.38 L	F	50 Back	7/23/2010	NYSA July Last Chance LC Meet	
1:37.21 L	F	100 Back	5/7/2010	2010 Condors May Meters Matter	
47.37 L	F	50 Breast	7/23/2010	NYSA July Last Chance LC Meet	
1:45.00 L	F	100 Breast	7/9/2010	Hawks Summer Invitational 2010	
44.30 L	F	50 Fly	5/7/2010	2010 Condors May Meters Matter	
1:44.03 L	F	100 Fly	7/9/2010	Hawks Summer Invitational 2010	
3:16.50 L	F	200 IM	7/23/2010	NYSA July Last Chance LC Meet	
Carl LaRue (7) M					
53.97 L	F	50 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:59.54 L	F	100 Free	7/9/2010	Hawks Summer Invitational 2010	
58.93 L	F	50 Back	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
2:10.68 L	F	100 Back	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
1:03.18 L	F	50 Breast	7/9/2010	Hawks Summer Invitational 2010	
2:09.04 L	F	100 Breast	7/9/2010	Hawks Summer Invitational 2010	
1:01.99 L	F	50 Fly	7/9/2010	Hawks Summer Invitational 2010	
4:43.99 L	F	200 IM	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
Jessie LaRue (9) F					
37.33 L	F	50 Free	7/23/2010	NYSA July Last Chance LC Meet	

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Time	P/F/S	Event			
Jessie LaRue (9) F					
1:27.78 L	F	100 Free	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
3:13.43 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
52.05 L	F	50 Back	7/18/2009	NYS July 18-19-09 LC Invite	
1:42.48 L	F	100 Back	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
50.58 L	F	50 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
1:53.88 L	F	100 Breast	7/23/2010	NYS July Last Chance LC Meet	
46.66 L	F	50 Fly	5/7/2010	2010 Condors May Meters Matter	
1:56.99 L	F	100 Fly	7/9/2010	Hawks Summer Invitational 2010	
3:35.72 L	F	200 IM	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
Paul LaRue (12) M					
28.95 L	F	50 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational	
1:02.83 L	F	100 Free	7/30/2010	2010 MR Metro Junior Olympics LC	
2:21.34 L	F	200 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational	
5:03.31 L	F	400 Free	7/30/2010	2010 MR Metro Junior Olympics LC	
36.14 L	F	50 Back	7/10/2009	2009 MR Condors July Jubilee	
1:12.51 L	F	100 Back	7/30/2010	2010 MR Metro Junior Olympics LC	
2:34.73 L	F	200 Back	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
37.98 L	F	50 Breast	7/2/2010	Clinton Cudas Colgate Classic Invitational	
1:21.89 L	F	100 Breast	7/9/2010	Hawks Summer Invitational 2010	
2:57.28 L	F	200 Breast	6/26/2010	2010 MR LIAC Summer Fun Invitational	
42.28 L	F	50 Fly	6/7/2008	2008 Summer in the Bronx	
1:16.32 L	F	100 Fly	7/30/2010	2010 MR Metro Junior Olympics LC	
2:33.35 L	F	200 IM	7/9/2010	Hawks Summer Invitational 2010	
5:42.19 L	F	400 IM	6/26/2010	2010 MR LIAC Summer Fun Invitational	
Craig Leslie (11) M					
39.78 L	F	50 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:28.05 L	F	100 Free	7/9/2010	Hawks Summer Invitational 2010	
3:09.28 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
50.25 L	F	50 Back	5/1/2009	2009 Condors May Meters Matter	
1:37.94 L	F	100 Back	7/9/2010	Hawks Summer Invitational 2010	
55.87 L	F	50 Breast	5/7/2010	2010 Condors May Meters Matter	
2:04.13 L	F	100 Breast	7/11/2009	2009 Hawks Summer Invitational	
47.37 L	F	50 Fly	7/9/2010	Hawks Summer Invitational 2010	
1:47.87 L	F	100 Fly	6/26/2010	2010 MR LIAC Summer Fun Invitational	
3:28.78 L	F	200 IM	7/9/2010	Hawks Summer Invitational 2010	
Heather Leslie (13) F					
35.74 L	F	50 Free	7/9/2010	2010 MR Condors July Jubilee	
1:24.01 L	F	100 Free	7/9/2010	2010 MR Condors July Jubilee	
3:03.38 L	F	200 Free	7/9/2010	2010 MR Condors July Jubilee	
47.25 L	F	50 Back	6/27/2009	2009 MR LIAC Summer Fun Invitational	
1:31.32 L	F	100 Back	7/9/2010	2010 MR Condors July Jubilee	
52.67 L	F	50 Breast	7/11/2009	2009 Hawks Summer Invitational	
1:42.82 L	F	100 Breast	7/9/2010	2010 MR Condors July Jubilee	
47.25 L	F	50 Fly	7/11/2009	2009 Hawks Summer Invitational	
1:51.83 L	F	100 Fly	7/9/2010	2010 MR Condors July Jubilee	
3:20.74 L	F	200 IM	7/9/2010	2010 MR Condors July Jubilee	
Kelly Levine (16) F					
31.12 L	F	50 Free	7/31/2009	2009 MR Metro Junior Olympics LC	
1:05.85 L L	F	100 Free	7/31/2009	2009 MR Metro Junior Olympics LC	
2:21.98 L	F	200 Free	7/31/2009	2009 MR Metro Junior Olympics LC	
5:01.07 L	F	400 Free	7/31/2009	2009 MR Metro Junior Olympics LC	
11:03.15 L	F	800 Free	6/22/2007	2007-MR-NY Sharks Summer Sizzler	
36.32 L L	F	50 Back	7/10/2009	2009 MR Condors July Jubilee	
1:16.93 L	F	100 Back	7/31/2009	2009 MR Metro Junior Olympics LC	

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Time	P/F/S	Event			
Kelly Levine (16) F					
2:46.13 L	F	200 Back	7/25/2008	2008 MR Junior Olympics LC	
45.88 L	F	50 Breast	7/8/2006	2006 Summer Invitationa	
1:42.06 L	F	100 Breast	6/24/2006	NY Sharks Summer Sizzler	
39.73 L	P	50 Fly	6/16/2006	Long Course Invitational	
1:13.63 L	F	100 Fly	7/30/2010	2010 MR Metro Junior Olympics LC	
2:45.85 L	F	200 IM	7/31/2009	2009 MR Metro Junior Olympics LC	
Caroline Lewis (6) F					
1:50.35 L	F	50 Free	5/7/2010	2010 Condors May Meters Matter	
3:52.76 L	F	100 Free	7/9/2010	Hawks Summer Invitational 2010	
1:32.10 L	F	50 Back	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
3:37.25 L	F	100 Back	7/9/2010	Hawks Summer Invitational 2010	
Emily Lewis (12) F					
34.29 L	F	50 Free	7/11/2009	2009 Hawks Summer Invitational	
1:12.62 L	P	100 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational	
2:35.50 L	F	200 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
5:17.36 L	F	400 Free	7/30/2010	2010 MR Metro Junior Olympics LC	
43.03 L	F	50 Back	6/27/2009	2009 MR LIAC Summer Fun Invitational	
1:24.53 L	F	100 Back	7/9/2010	2010 MR Condors July Jubilee	
2:55.21 L	F	200 Back	7/9/2010	2010 MR Condors July Jubilee	
45.30 L	F	50 Breast	7/2/2010	Clinton Cudas Colgate Classic Invitational	
1:43.08 L	F	100 Breast	7/11/2009	2009 Hawks Summer Invitational	
3:30.72 L	F	200 Breast	7/9/2010	2010 MR Condors July Jubilee	
39.72 L	F	50 Fly	5/7/2010	2010 Condors May Meters Matter	
1:24.46 L	F	100 Fly	7/30/2010	2010 MR Metro Junior Olympics LC	
3:06.86 L	F	200 Fly	7/9/2010	2010 MR Condors July Jubilee	
2:57.88 L	F	200 IM	7/2/2010	Clinton Cudas Colgate Classic Invitational	
William Lewis (11) M					
37.71 L	F	50 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
1:22.63 L	F	100 Free	7/9/2010	Hawks Summer Invitational 2010	
2:58.55 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
48.59 L	F	50 Back	5/1/2009	2009 Condors May Meters Matter	
1:32.43 L	F	100 Back	5/7/2010	2010 Condors May Meters Matter	
49.91 L	F	50 Breast	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
1:47.98 L	F	100 Breast	5/7/2010	2010 Condors May Meters Matter	
3:44.99 L	F	200 Breast	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:08.61 L	F	50 Fly	6/7/2008	2008 Summer in the Bronx	
1:58.49 L	F	100 Fly	7/9/2010	Hawks Summer Invitational 2010	
3:27.38 L	F	200 IM	5/7/2010	2010 Condors May Meters Matter	
Michael Linarello (12) M					
35.73 L	F	50 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:22.79 L	F	100 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
3:01.36 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
48.95 L	F	50 Back	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:48.10 L	F	100 Back	7/9/2010	Hawks Summer Invitational 2010	
50.53 L	F	50 Breast	7/9/2010	Hawks Summer Invitational 2010	
48.67 L	F	50 Fly	7/9/2010	Hawks Summer Invitational 2010	
3:36.45 L	F	200 IM	7/9/2010	Hawks Summer Invitational 2010	
Nina McAdoo (8) F					
58.36 L	F	50 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
2:01.99 L	F	100 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
4:46.54 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
1:09.48 L	F	50 Back	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
2:25.76 L	F	100 Back	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
1:09.08 L	F	50 Breast	6/26/2010	2010 MR LIAC Summer Fun Invitational	

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Time	P/F/S	Event			
Nina McAdoo (8) F					
2:39.65 L	F	100 Breast	7/23/2010	NYSA July Last Chance LC Meet	
1:13.98 L	F	50 Fly	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
Thomas Noller (17) M					
29.22 L	F	50 Free	5/9/2009	2009 MR Marist Swim Club LC Invitational	
1:03.53 L	P	100 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational	
2:17.62 L	F	200 Free	6/27/2009	2009 MR LIAC Summer Fun Invitational	
4:50.53 L	F	400 Free	7/10/2009	2009 MR Condors July Jubilee	
10:29.20 L	T	800 Free	6/5/2009	2009 MR LIAC Summertime Classic Inv.	
19:40.34 L	F	1500 Free	6/27/2009	2009 MR LIAC Summer Fun Invitational	
1:22.72 L	F	100 Back	7/10/2009	2009 MR Condors July Jubilee	
1:15.04 L	P	100 Breast	7/23/2009	2009 MR Senior Mets LC Championships	
2:43.34 L	P	200 Breast	7/23/2009	2009 MR Senior Mets LC Championships	
2:59.75 L	F	200 Fly	7/10/2009	2009 MR Condors July Jubilee	
2:39.16 L	F	200 IM	6/27/2009	2009 MR LIAC Summer Fun Invitational	
Gabby Nunez (7) F					
51.58 L	F	50 Free	5/7/2010	2010 Condors May Meters Matter	
1:58.59 L	F	100 Free	7/23/2010	NYSA July Last Chance LC Meet	
4:31.09 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
1:02.27 L	F	50 Back	5/7/2010	2010 Condors May Meters Matter	
2:08.62 L	F	100 Back	7/23/2010	NYSA July Last Chance LC Meet	
1:10.75 L	F	50 Breast	7/23/2010	NYSA July Last Chance LC Meet	
2:50.66 L	F	100 Breast	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
1:05.90 L	F	50 Fly	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
Naomi Nunez (15) F					
33.09 L	F	50 Free	7/18/2009	NYS July 18-19-09 LC Invite	
1:12.29 L	F	100 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
2:34.41 L	F	200 Free	7/9/2010	2010 MR Condors July Jubilee	
41.30 L	F	50 Back	7/5/2008	2008-MR-NYSLC Invite July 5-6	
1:19.15 L	F	100 Back	6/26/2010	2010 MR LIAC Summer Fun Invitational	
2:47.79 L	F	200 Back	7/30/2010	2010 MR Metro Junior Olympics LC	
54.18 L	F	50 Breast	7/19/2008	2008-MR-NY Sharks-July 19-20-08	
1:41.09 L	F	100 Breast	7/18/2009	NYS July 18-19-09 LC Invite	
41.61 L	F	50 Fly	7/5/2008	2008-MR-NYSLC Invite July 5-6	
1:26.76 L	F	100 Fly	7/10/2009	2009 MR Condors July Jubilee	
2:59.36 L	F	200 IM	7/18/2009	NYS July 18-19-09 LC Invite	
Julia Quezada (6) F					
1:00.56 L	F	50 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
2:28.53 L	F	100 Free	7/9/2010	Hawks Summer Invitational 2010	
1:09.93 L	F	50 Back	7/23/2010	NYSA July Last Chance LC Meet	
2:46.75 L	F	100 Back	7/9/2010	Hawks Summer Invitational 2010	
1:33.64 L	F	50 Breast	7/9/2010	Hawks Summer Invitational 2010	
1:32.36 L	F	50 Fly	7/9/2010	Hawks Summer Invitational 2010	
Emma Reining (12) F					
34.82 L	F	50 Free	5/7/2010	2010 Condors May Meters Matter	
1:20.39 L	F	100 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
2:56.40 L	F	200 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
6:14.64 L	F	400 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
42.18 L	F	50 Back	5/7/2010	2010 Condors May Meters Matter	
1:29.54 L	F	100 Back	5/7/2010	2010 Condors May Meters Matter	
3:16.75 L	F	200 Back	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
57.70 L	F	50 Breast	6/5/2009	2009 MR LIAC Summertime Classic Inv.	
1:55.15 L	F	100 Breast	6/5/2009	2009 MR LIAC Summertime Classic Inv.	
44.69 L	F	50 Fly	5/7/2010	2010 Condors May Meters Matter	
1:49.20 L	F	100 Fly	5/7/2010	2010 Condors May Meters Matter	

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Marist College, Poughkeepsie, NY

Individual Top Times

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Time	P/F/S	Event			
Emma Reining (12) F					
3:26.86 L	F	200 IM	5/7/2010	2010 Condors May Meters Matter	
Robert Reining (8) M					
48.63 L	F	50 Free	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
1:53.20 L	F	100 Free	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
55.24 L	F	50 Back	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
1:58.51 L	F	100 Back	5/7/2010	2010 Condors May Meters Matter	
1:09.71 L	F	50 Breast	5/7/2010	2010 Condors May Meters Matter	
2:19.98 L	F	100 Breast	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
1:00.44 L	F	50 Fly	5/7/2010	2010 Condors May Meters Matter	
Christina Rodriguez (13) F					
40.29 L	F	50 Free	7/18/2009	NYS July 18-19-09 LC Invite	
1:33.76 L	F	100 Free	7/18/2009	NYS July 18-19-09 LC Invite	
3:47.13 L	F	200 Free	7/12/2008	2008 Hawks Summer Invitational	
52.64 L	F	50 Breast	7/18/2009	NYS July 18-19-09 LC Invite	
1:56.78 L	F	100 Breast	7/18/2009	NYS July 18-19-09 LC Invite	
50.58 L	F	50 Fly	7/18/2009	NYS July 18-19-09 LC Invite	
1:48.13 L	F	100 Fly	7/12/2008	2008 Hawks Summer Invitational	
Matthew Rodriguez (14) M					
31.53 L	F	50 Free	7/23/2010	NYS July Last Chance LC Meet	
1:12.12 L	F	100 Free	7/9/2010	2010 MR Condors July Jubilee	
2:35.68 L	F	200 Free	7/9/2010	2010 MR Condors July Jubilee	
5:48.63 L	F	400 Free	7/18/2009	NYS July 18-19-09 LC Invite	
1:23.96 L	F	100 Back	7/9/2010	2010 MR Condors July Jubilee	
45.73 L	F	50 Breast	5/30/2008	CT Summer Invite 2008	
1:28.78 L	F	100 Breast	7/9/2010	2010 MR Condors July Jubilee	
3:10.22 L	F	200 Breast	7/9/2010	2010 MR Condors July Jubilee	
1:23.98 L	F	100 Fly	7/9/2010	2010 MR Condors July Jubilee	
2:52.57 L	F	200 IM	7/9/2010	2010 MR Condors July Jubilee	
Andrew Ruan (8) M					
49.75 L	F	50 Free	7/23/2010	NYS July Last Chance LC Meet	
1:47.42 L	F	100 Free	7/23/2010	NYS July Last Chance LC Meet	
3:53.52 L	F	200 Free	7/23/2010	NYS July Last Chance LC Meet	
55.19 L	F	50 Back	7/23/2010	NYS July Last Chance LC Meet	
1:58.61 L	F	100 Back	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:14.26 L	F	50 Breast	7/9/2010	Hawks Summer Invitational 2010	
2:40.96 L	F	100 Breast	7/9/2010	Hawks Summer Invitational 2010	
1:08.41 L	F	50 Fly	5/7/2010	2010 Condors May Meters Matter	
4:37.27 L	F	200 IM	7/9/2010	Hawks Summer Invitational 2010	
Jason Ruddy (17) M					
26.07 L	F	50 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational	
55.57 L	F	100 Free	7/23/2009	2009 MR Senior Mets LC Championships	
2:02.20 L	F	200 Free	7/22/2010	2010 MR Senior Metro LC Championships	
4:32.96 L	F	400 Free	7/2/2010	Clinton Cudas Colgate Classic Invitational	
1:04.95 L	P	100 Back	7/22/2010	2010 MR Senior Metro LC Championships	
2:25.67 L	P	200 Back	7/23/2009	2009 MR Senior Mets LC Championships	
58.70 L	F	100 Fly	7/22/2010	2010 MR Senior Metro LC Championships	
2:08.93 L	F	200 Fly	7/22/2010	2010 MR Senior Metro LC Championships	
2:27.34 L	P	200 IM	11/7/2009	2008 NYC Open	
5:09.99 L	F	400 IM	7/9/2010	2010 MR Condors July Jubilee	
Justina Sargios (9) F					
46.52 L	F	50 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:41.47 L	F	100 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
3:44.65 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
52.79 L	F	50 Back	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	

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Justina Sargios (9) F					
1:47.08 L	F	100 Back	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:00.18 L	F	50 Breast	5/15/2010	2010 MR LIAC Spring Kickoff Invitational	
2:06.04 L	F	100 Breast	7/9/2010	Hawks Summer Invitational 2010	
56.19 L	F	50 Fly	6/26/2010	2010 MR LIAC Summer Fun Invitational	
Mariette Sargios (11) F					
42.39 L	F	50 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:31.97 L	F	100 Free	7/9/2010	Hawks Summer Invitational 2010	
3:27.14 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
50.62 L	F	50 Back	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
1:48.28 L	F	100 Back	7/9/2010	Hawks Summer Invitational 2010	
1:00.19 L	F	50 Breast	5/7/2010	2010 Condors May Meters Matter	
2:09.74 L	F	100 Breast	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
57.15 L	F	50 Fly	7/9/2010	Hawks Summer Invitational 2010	
2:06.73 L	F	100 Fly	6/26/2010	2010 MR LIAC Summer Fun Invitational	
Erika Seagren (17) F					
35.14 L	F	50 Free	7/10/2009	2009 MR Condors July Jubilee	
1:15.12 L	F	100 Free	7/10/2009	2009 MR Condors July Jubilee	
2:49.82 L	F	200 Free	7/10/2009	2009 MR Condors July Jubilee	
6:11.43 L	P	400 Free	6/16/2006	Long Course Invitational	
39.78 L	F	50 Back	6/4/2005	2005 MR LIAC SUMMERTIME CLASSIC	
1:26.81 L	F	100 Back	5/31/2008	2008 MR LIAC Summertime Classic	
3:10.01 L	F	200 Back	7/10/2009	2009 MR Condors July Jubilee	
1:41.67 L	F	100 Breast	7/10/2009	2009 MR Condors July Jubilee	
3:40.24 L	F	200 Breast	7/10/2009	2009 MR Condors July Jubilee	
43.79 L	F	50 Fly	7/9/2005	Ulster Invitational	
1:39.10 L	F	100 Fly	7/10/2009	2009 MR Condors July Jubilee	
3:16.75 L	F	200 IM	7/10/2009	2009 MR Condors July Jubilee	
7:17.79 L	F	400 IM	7/8/2006	2006 Summer Invitationa	
Heather Stratica (14) F					
32.73 L	F	50 Free	7/9/2010	2010 MR Condors July Jubilee	
1:12.19 L	F	100 Free	7/9/2010	2010 MR Condors July Jubilee	
2:36.44 L	F	200 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
6:36.99 L	F	400 Free	6/28/2008	2008 MR LIAC SummerFun invitational	
1:25.64 L	F	100 Back	7/9/2010	2010 MR Condors July Jubilee	
3:03.57 L	F	200 Back	7/9/2010	2010 MR Condors July Jubilee	
1:41.26 L	F	100 Breast	7/9/2010	2010 MR Condors July Jubilee	
1:30.73 L	F	100 Fly	7/9/2010	2010 MR Condors July Jubilee	
3:36.96 L	F	200 Fly	7/10/2009	2009 MR Condors July Jubilee	
3:05.07 L	F	200 IM	7/9/2010	2010 MR Condors July Jubilee	
Emily Tang (9) F					
40.53 L	F	50 Free	7/23/2010	NYSA July Last Chance LC Meet	
1:31.09 L	F	100 Free	7/9/2010	Hawks Summer Invitational 2010	
3:18.88 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
48.00 L	F	50 Back	7/23/2010	NYSA July Last Chance LC Meet	
1:38.42 L	F	100 Back	7/30/2010	2010 MR Metro Junior Olympics LC	
57.25 L	F	50 Breast	7/23/2010	NYSA July Last Chance LC Meet	
2:05.29 L	F	100 Breast	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
47.27 L	F	50 Fly	7/23/2010	NYSA July Last Chance LC Meet	
3:41.93 L	F	200 IM	7/9/2010	Hawks Summer Invitational 2010	
Brandon Vasquez (10) M					
39.60 L	F	50 Free	7/23/2010	NYSA July Last Chance LC Meet	
1:25.26 L	F	100 Free	6/26/2010	2010 MR LIAC Summer Fun Invitational	
3:02.40 L	F	200 Free	7/30/2010	2010 MR Metro Junior Olympics LC	
46.37 L	F	50 Back	7/23/2010	NYSA July Last Chance LC Meet	

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Brandon Vasquez (10) M					
1:41.65 L	F	100 Back	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
57.72 L	F	50 Breast	5/7/2010	2010 Condors May Meters Matter	
2:00.01 L	F	100 Breast	6/4/2010	2010 MR LIAC Summer Time Classic Invitational	
47.83 L	F	50 Fly	6/26/2010	2010 MR LIAC Summer Fun Invitational	
1:44.80 L	F	100 Fly	7/30/2010	2010 MR Metro Junior Olympics LC	
3:26.65 L	F	200 IM	7/9/2010	Hawks Summer Invitational 2010	
Katelyn Walsh (10) F					
35.03 L	F	50 Free	7/9/2010	Hawks Summer Invitational 2010	
1:22.02 L	F	100 Free	7/30/2010	2010 MR Metro Junior Olympics LC	
1:33.19 L	F	100 Back	7/30/2010	2010 MR Metro Junior Olympics LC	
41.76 L	F	50 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
1:32.11 L	F	100 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
1:35.79 L	F	100 Fly	7/30/2010	2010 MR Metro Junior Olympics LC	
3:11.40 L	F	200 IM	7/30/2010	2010 MR Metro Junior Olympics LC	
Kevin Walsh (16) M					
1:03.80 L	F	100 Free	7/9/2010	Hawks Summer Invitational 2010	
2:25.12 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
1:09.89 L	F	100 Back	7/30/2010	2010 MR Metro Junior Olympics LC	
1:14.05 L	F	100 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
1:12.22 L	F	100 Fly	7/9/2010	Hawks Summer Invitational 2010	
2:31.71 L	F	200 IM	7/30/2010	2010 MR Metro Junior Olympics LC	
Shannon Walsh (15) F					
1:11.96 L	F	100 Free	7/9/2010	Hawks Summer Invitational 2010	
2:41.57 L	F	200 Free	7/9/2010	Hawks Summer Invitational 2010	
1:20.36 L	F	100 Breast	7/30/2010	2010 MR Metro Junior Olympics LC	
3:04.89 L	F	200 Breast	7/9/2010	Hawks Summer Invitational 2010	
1:23.41 L	F	100 Fly	7/9/2010	Hawks Summer Invitational 2010	
2:50.55 L	F	200 IM	7/9/2010	Hawks Summer Invitational 2010	
Amanda Yen (10) F					
52.71 L	F	50 Free	7/23/2010	NYSA July Last Chance LC Meet	
1:55.30 L	F	100 Free	7/23/2010	NYSA July Last Chance LC Meet	
56.54 L	F	50 Back	5/7/2010	2010 Condors May Meters Matter	
2:05.32 L	F	100 Back	7/23/2010	NYSA July Last Chance LC Meet	
59.00 L	F	50 Breast	7/23/2010	NYSA July Last Chance LC Meet	
2:07.37 L	F	100 Breast	7/23/2010	NYSA July Last Chance LC Meet	
Becca Yen (8) F					
1:03.06 L	F	50 Free	7/23/2010	NYSA July Last Chance LC Meet	
2:05.80 L	F	100 Free	7/23/2010	NYSA July Last Chance LC Meet	
1:09.28 L	F	50 Back	7/23/2010	NYSA July Last Chance LC Meet	
2:32.62 L	F	100 Back	7/23/2010	NYSA July Last Chance LC Meet	
1:07.23 L	F	50 Breast	7/9/2010	Hawks Summer Invitational 2010	