

**MARIST SWIM CLUB**  
**Marist College, Poughkeepsie, NY**

**Individual Meet Results**

2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards

Sanction: MR-091112 Location: Valley Central, NY

Time	F/P/S	Event		Place	Points	Improv
<b>Jennifer Aiello (16) F</b>						
5:05.76Y	F # 5	Female Senior 400 IM	MSC-MR	6	13	8.32
28.22Y	F # 43	Female Senior 50 Free	MSC-MR	31	---	0.58
1:04.96Y	F # 49	Female Senior 100 Back	MSC-MR	1	20	2.82
1:07.04Y	F # 53	Female Senior 100 Fly	MSC-MR	14	3	4.05
<b>Krisztina Alderson (13) F</b>						
5:57.81Y	F # 3	Female 13-14 400 IM	MSC-MR	19	---	2.29
31.32Y	F # 17	Female 13-14 50 Free	MSC-MR	48	---	0.73
1:18.45Y	F # 21	Female 13-14 100 Back	MSC-MR	44	---	-0.44
1:19.28Y	F # 25	Female 13-14 100 Fly	MSC-MR	21	---	7.82
1:09.08Y	F # 71	Female 13-14 100 Free	MSC-MR	52	---	0.81
2:49.09Y	F # 75	Female 13-14 200 IM	MSC-MR	45	---	0.77
1:35.47Y	F # 79	Female 13-14 100 Breast	MSC-MR	42	---	1.54
<b>Ryan Alderson (14) M</b>						
4:45.10Y	F # 4	Male 13-14 400 IM	MSC-MR	3	16	0.62
5:05.54Y	F # 12	Male Senior 500 Free	MSC-MR	9	9	0.68
24.29Y	F # 18	Male 13-14 50 Free	MSC-MR	3	16	0.40
1:00.02Y	F # 22	Male 13-14 100 Back	MSC-MR	3	16	2.03
1:53.47Y	F # 30	Male 13-14 200 Free	MSC-MR	1	20	1.43
52.07Y	F # 72	Male 13-14 100 Free	MSC-MR	1	20	1.35
2:11.00Y	F # 76	Male 13-14 200 IM	MSC-MR	3	16	0.79
2:07.30Y	F # 86	Male 13-14 200 Back	MSC-MR	2	17	0.01
<b>Christopher Alpay (13) M</b>						
24.94Y	F # 18	Male 13-14 50 Free	MSC-MR	7	12	-0.25
1:03.30Y	F # 26	Male 13-14 100 Fly	MSC-MR	6	13	0.24
1:59.03Y	F # 30	Male 13-14 200 Free	MSC-MR	3	16	-0.51
25.21Y	F # 40	200 Free Relay Lead Off	MSC-MR	---	---	0.02
53.72Y	F # 72	Male 13-14 100 Free	MSC-MR	5	14	-0.81
2:17.37Y	F # 76	Male 13-14 200 IM	MSC-MR	8	11	-1.16
1:15.76Y	F # 80	Male 13-14 100 Breast	MSC-MR	19	---	-1.48
<b>Zachery Alpay (9) M</b>						
3:01.89Y	F # 8	Male 9-10 200 Free	MSC-MR	12	5	-6.16
1:29.56Y	F # 16	Male 9-10 100 Free	MSC-MR	33	---	3.87
1:42.58Y	F # 24	Male 9-10 100 Breast	MSC-MR	11	6	-5.19
1:36.58Y	F # 32	Male 9-10 100 IM	MSC-MR	22	---	-0.83
37.96Y	F # 70	Male 9-10 50 Free	MSC-MR	21	---	-0.67
1:49.17Y	F # 74	Male 9-10 100 Fly	MSC-MR	8	9	---
48.28Y	F # 78	Male 9-10 50 Breast	MSC-MR	12	5	0.61
<b>Adrian Azari (11) M</b>						
NS	F # 42	Male 11-12 100 Free	MSC-MR	---	---	---
NS	F # 48	Male 11-12 50 Back	MSC-MR	---	---	---
<b>Connor Ball (10) M</b>						
1:20.03Y	F # 16	Male 9-10 100 Free	MSC-MR	23	---	1.66
43.45Y	F # 20	Male 9-10 50 Back	MSC-MR	16	1	0.21
51.68Y	F # 28	Male 9-10 50 Fly	MSC-MR	17	---	---

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**2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards**

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Time	F/P/S	Event		Place	Points	Improv
33.77Y	F # 70	Male 9-10 50 Free	MSC-MR	13	4	-1.36
1:00.58Y	F # 78	Male 9-10 50 Breast	MSC-MR	27	---	6.84
1:29.93Y	F # 84	Male 9-10 100 Back	MSC-MR	10	7	-2.54
<b>Madison Ball (16) F</b>						
5:17.21Y	F # 5	Female Senior 400 IM	MSC-MR	12	5	6.45
5:57.10Y	F # 11	Female Senior 500 Free	MSC-MR	20	---	7.54
12:23.19Y	F # 13	Female Senior 1000 Free	MSC-MR	9	9	---
2:34.74Y	F # 35	Female Senior 200 Fly	MSC-MR	4	15	5.65
29.19Y	F # 43	Female Senior 50 Free	MSC-MR	39	---	1.04
1:11.15Y	F # 53	Female Senior 100 Fly	MSC-MR	29	---	2.85
2:32.69Y	F # 81	Female Senior 200 Back	MSC-MR	9	9	3.41
2:30.99Y	F # 99	Female Senior 200 IM	MSC-MR	23	---	5.06
1:20.60Y	F # 105	Female Senior 100 Breast	MSC-MR	27	---	0.47
<b>Parker Ball (6) F</b>						
50.51Y	F # 45	Female 8 & Under 50 Free	MSC-MR	24	---	-4.00
1:11.02Y	F # 59	Female 8 & Under 50 Breast	MSC-MR	23	---	---
1:06.34Y	F # 109	Female 8 & Under 50 Back	MSC-MR	26	---	6.47
<b>Kate Bergin (12) F</b>						
2:22.82Y	F # 1	Female 11-12 200 IM	MSC-MR	1	20	-0.80
5:29.32Y	F # 11	Female Senior 500 Free	MSC-MR	3	16	1.06
11:17.84Y	F # 13	Female Senior 1000 Free	MSC-MR	1	20	0.86
58.66Y	F # 41	Female 11-12 100 Free	MSC-MR	3	16	-0.13
1:06.72Y	F # 57	Female 11-12 100 IM	MSC-MR	4	15	-0.11
2:18.74Y	F # 81	Female Senior 200 Back	MSC-MR	2	17	-0.86
<b>Ameera Bhanji (13) F</b>						
5:29.32Y	F # 3	Female 13-14 400 IM	MSC-MR	13	4	-1.43
28.46Y	F # 17	Female 13-14 50 Free	MSC-MR	19	---	0.79
1:07.28Y	F # 25	Female 13-14 100 Fly	MSC-MR	5	14	1.38
2:37.67Y	F # 33	Female 13-14 200 Fly	MSC-MR	4	15	6.49
1:00.77Y	F # 71	Female 13-14 100 Free	MSC-MR	17	---	0.82
2:32.37Y	F # 75	Female 13-14 200 IM	MSC-MR	21	---	0.19
1:27.23Y	F # 79	Female 13-14 100 Breast	MSC-MR	32	---	-0.18
<b>Emily Boyko (15) F</b>						
4:51.40Y	F # 5	Female Senior 400 IM	MSC-MR	1	20	4.80
5:41.35Y	F # 11	Female Senior 500 Free	MSC-MR	10	7	-5.35
11:43.67Y	F # 13	Female Senior 1000 Free	MSC-MR	4	15	-8.16
2:18.69Y	F # 35	Female Senior 200 Fly	MSC-MR	1	20	6.69
28.49Y	F # 43	Female Senior 50 Free	MSC-MR	33	---	-0.30
1:06.04Y	F # 53	Female Senior 100 Fly	MSC-MR	8	11	1.60
2:22.06Y	F # 81	Female Senior 200 Back	MSC-MR	3	16	-4.10
2:20.83Y	F # 99	Female Senior 200 IM	MSC-MR	6	13	3.19
1:17.14Y	F # 105	Female Senior 100 Breast	MSC-MR	20	---	3.65
<b>Jason Boyko (10) M</b>						
2:31.27Y	F # 8	Male 9-10 200 Free	MSC-MR	4	15	1.87
1:09.96Y	F # 16	Male 9-10 100 Free	MSC-MR	8	11	-0.05

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Time	F/P/S	Event		Place	Points	Improv
32.83Y	F # 28	Male 9-10 50 Fly	MSC-MR	1	20	-0.02
1:16.86Y	F # 32	Male 9-10 100 IM	MSC-MR	5	14	-1.97
31.78Y	F # 38	200 Free Relay Lead Off	MSC-MR	---	---	0.99
30.87Y	F # 70	Male 9-10 50 Free	MSC-MR	6	13	0.08
1:14.91Y	F # 74	Male 9-10 100 Fly	MSC-MR	1	20	-4.49
1:19.07Y	F # 84	Male 9-10 100 Back	MSC-MR	3	16	-1.14
<b>Michael Canino (12) M</b>						
2:49.20Y	F # 2	Male 11-12 200 IM	MSC-MR	14	3	-1.52
2:30.18Y	F # 10	Male 11-12 200 Free	MSC-MR	12	5	-0.59
1:07.49Y	F # 42	Male 11-12 100 Free	MSC-MR	21	---	0.15
37.01Y	F # 52	Male 11-12 50 Fly	MSC-MR	22	---	-0.46
1:19.00Y	F # 58	Male 11-12 100 IM	MSC-MR	19	---	-3.03
29.64Y	F # 92	Male 11-12 50 Free	MSC-MR	12	5	-2.37
1:25.50Y	F # 98	Male 11-12 100 Fly	MSC-MR	16	1	-0.29
1:19.90Y	F # 108	Male 11-12 100 Back	MSC-MR	14	3	-4.29
35.53Y	F # 112	200 Medley Relay Lead Off	MSC-MR	---	---	1.73
<b>Emelia Carlino (16) F</b>						
5:12.64Y	F # 5	Female Senior 400 IM	MSC-MR	10	7	0.24
5:41.11Y	F # 11	Female Senior 500 Free	MSC-MR	9	9	-5.36
11:57.36Y	F # 13	Female Senior 1000 Free	MSC-MR	8	11	-50.30
27.09Y	F # 43	Female Senior 50 Free	MSC-MR	11	6	0.71
1:10.24Y	F # 49	Female Senior 100 Back	MSC-MR	26	---	3.84
1:10.64Y	F # 53	Female Senior 100 Fly	MSC-MR	27	---	-2.24
58.72Y	F # 93	Female Senior 100 Free	MSC-MR	11	6	0.86
2:27.06Y	F # 99	Female Senior 200 IM	MSC-MR	19	---	0.54
1:15.40Y	F # 105	Female Senior 100 Breast	MSC-MR	12	5	3.44
<b>Keith Carlino (14) M</b>						
4:46.11Y	F # 4	Male 13-14 400 IM	MSC-MR	4	15	1.14
5:22.17Y	F # 12	Male Senior 500 Free	MSC-MR	21	---	3.55
24.14Y	F # 18	Male 13-14 50 Free	MSC-MR	2	17	-0.30
58.88Y	F # 22	Male 13-14 100 Back	MSC-MR	2	17	2.39
58.92Y	F # 26	Male 13-14 100 Fly	MSC-MR	4	15	-0.65
52.90Y	F # 72	Male 13-14 100 Free	MSC-MR	3	16	-1.37
2:14.21Y	F # 76	Male 13-14 200 IM	MSC-MR	5	14	2.02
2:10.73Y	F # 86	Male 13-14 200 Back	MSC-MR	3	16	4.43
26.22Y	F # 90	200 Medley Relay Lead Off	MSC-MR	---	---	-1.75
<b>Jessica Cohen (9) F</b>						
2:45.32Y	F # 7	Female 9-10 200 Free	MSC-MR	11	6	-2.85
<b>Danielle Connolly (11) F</b>						
3:15.57Y	F # 1	Female 11-12 200 IM	MSC-MR	34	---	-0.31
3:03.78Y	F # 9	Female 11-12 200 Free	MSC-MR	40	---	4.07
1:22.11Y	F # 41	Female 11-12 100 Free	MSC-MR	82	---	-1.31
44.58Y	F # 51	Female 11-12 50 Fly	MSC-MR	51	---	-5.40
1:51.54Y	F # 61	Female 11-12 100 Breast	MSC-MR	47	---	-4.03

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Time	F/P/S	Event		Place	Points	Improv
35.38Y	F # 91	Female 11-12 50 Free	MSC-MR	64	---	-3.66
52.35Y	F # 103	Female 11-12 50 Breast	MSC-MR	67	---	0.94
1:25.50Y	F # 107	Female 11-12 100 Back	MSC-MR	46	---	-4.36
39.36Y	F # 111	200 Medley Relay Lead Off	MSC-MR	---	---	-2.83
<b>Fredrick Cruz (12) M</b>						
3:01.29Y	F # 2	Male 11-12 200 IM	MSC-MR	21	---	-11.07
2:47.81Y	F # 10	Male 11-12 200 Free	MSC-MR	25	---	-11.88
1:16.88Y	F # 42	Male 11-12 100 Free	MSC-MR	38	---	-2.86
43.40Y	F # 48	Male 11-12 50 Back	MSC-MR	36	---	-1.37
42.87Y	F # 52	Male 11-12 50 Fly	MSC-MR	31	---	0.37
34.78Y	F # 92	Male 11-12 50 Free	MSC-MR	31	---	-1.18
1:42.52Y	F # 98	Male 11-12 100 Fly	MSC-MR	19	---	4.37
1:28.54Y	F # 108	Male 11-12 100 Back	MSC-MR	26	---	-4.34
<b>Jason Cruz (8) M</b>						
37.01Y	F # 46	Male 8 & Under 50 Free	MSC-MR	6	13	1.47
1:40.11Y	DQ F # 56	Male 8 & Under 100 IM	MSC-MR	---	---	---
47.25Y	F # 60	Male 8 & Under 50 Breast	MSC-MR	4	15	3.09
1:29.25Y	F # 96	Male 8 & Under 100 Free	MSC-MR	9	9	-2.20
41.64Y	F # 102	Male 8 & Under 50 Fly	MSC-MR	4	15	-0.96
46.40Y	F # 110	Male 8 & Under 50 Back	MSC-MR	7	12	0.88
<b>Ian DeLisio (17) M</b>						
4:30.75Y	F # 6	Male Senior 400 IM	MSC-MR	8	11	-4.00
5:09.49Y	F # 12	Male Senior 500 Free	MSC-MR	11	6	4.03
10:45.83Y	F # 14	Male Senior 1000 Free	MSC-MR	4	15	---
2:04.11Y	F # 36	Male Senior 200 Fly	MSC-MR	4	15	1.14
1:00.51Y	F # 50	Male Senior 100 Back	MSC-MR	29	---	1.83
56.89Y	F # 54	Male Senior 100 Fly	MSC-MR	9	8	1.82
51.85Y	F # 94	Male Senior 100 Free	MSC-MR	18	---	0.14
2:05.78Y	F # 100	Male Senior 200 IM	MSC-MR	11	6	3.29
1:06.31Y	F # 106	Male Senior 100 Breast	MSC-MR	13	4	0.86
<b>Lukas Dempsey (16) M</b>						
4:29.65Y	F # 6	Male Senior 400 IM	MSC-MR	6	13	0.16
4:58.01Y	F # 12	Male Senior 500 Free	MSC-MR	3	16	-0.93
10:14.95Y	F # 14	Male Senior 1000 Free	MSC-MR	2	17	-5.10
24.37Y	F # 44	Male Senior 50 Free	MSC-MR	24	---	-0.05
57.13Y	F # 50	Male Senior 100 Back	MSC-MR	8	11	2.84
58.90Y	F # 54	Male Senior 100 Fly	MSC-MR	21	---	0.48
24.27Y	F # 64	200 Free Relay Lead Off	MSC-MR	---	---	-0.15
2:02.52Y	F # 82	Male Senior 200 Back	MSC-MR	2	17	5.76
51.78Y	F # 94	Male Senior 100 Free	MSC-MR	17	---	-0.88
2:07.62Y	F # 100	Male Senior 200 IM	MSC-MR	18	---	-2.92
26.73Y	F # 114	200 Medley Relay Lead Off	MSC-MR	---	---	0.37
<b>Ajay Dogra (12) M</b>						
3:29.00Y	DQ F # 2	Male 11-12 200 IM	MSC-MR	---	---	---

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Time	F/P/S	Event		Place	Points	Improv
2:53.93Y	F # 10	Male 11-12 200 Free	MSC-MR	28	---	-14.03
1:20.86Y	F # 42	Male 11-12 100 Free	MSC-MR	46	---	-0.07
46.70Y	F # 48	Male 11-12 50 Back	MSC-MR	41	---	1.37
1:41.44Y	F # 58	Male 11-12 100 IM	MSC-MR	39	---	---
NS	F # 98	Male 11-12 100 Fly	MSC-MR	---	---	---
NS	F # 104	Male 11-12 50 Breast	MSC-MR	---	---	---
NS	F # 108	Male 11-12 100 Back	MSC-MR	---	---	---
<b>Eileen Gao (10) F</b>						
1:30.00Y	F # 15	Female 9-10 100 Free	MSC-MR	44	---	-10.11
51.70Y DQ	F # 19	Female 9-10 50 Back	MSC-MR	---	---	---
1:52.04Y	F # 23	Female 9-10 100 Breast	MSC-MR	25	---	1.13
40.75Y	F # 69	Female 9-10 50 Free	MSC-MR	57	---	-0.32
50.24Y	F # 77	Female 9-10 50 Breast	MSC-MR	32	---	-4.11
1:49.48Y	F # 83	Female 9-10 100 Back	MSC-MR	48	---	---
53.48Y	F # 87	200 Medley Relay Lead Off	MSC-MR	---	---	-2.23
<b>Samantha Granan (16) F</b>						
26.90Y	F # 43	Female Senior 50 Free	MSC-MR	9	9	-0.70
1:06.99Y	F # 49	Female Senior 100 Back	MSC-MR	7	12	-2.08
1:03.82Y	F # 53	Female Senior 100 Fly	MSC-MR	1	18.5	-2.57
<b>Brandon Heitmann (16) M</b>						
6:36.49Y	F # 12	Male Senior 500 Free	MSC-MR	40	---	18.91
<b>Tyler Heitmann (14) M</b>						
6:05.83Y	F # 12	Male Senior 500 Free	MSC-MR	36	---	3.11
28.37Y	F # 18	Male 13-14 50 Free	MSC-MR	32	---	0.14
1:11.77Y	F # 22	Male 13-14 100 Back	MSC-MR	29	---	-0.13
1:13.57Y	F # 26	Male 13-14 100 Fly	MSC-MR	18	---	-3.17
1:01.00Y	F # 72	Male 13-14 100 Free	MSC-MR	31	---	-1.29
1:21.68Y	F # 80	Male 13-14 100 Breast	MSC-MR	31	---	-1.78
<b>Shekinah Hoffman (15) F</b>						
57.26Y	F # 93	Female Senior 100 Free	MSC-MR	3	16	1.09
2:19.72Y	F # 99	Female Senior 200 IM	MSC-MR	3	16	3.00
1:16.94Y	F # 105	Female Senior 100 Breast	MSC-MR	18	---	2.30
<b>Chloe Jackson (11) F</b>						
2:44.20Y	F # 1	Female 11-12 200 IM	MSC-MR	16	1	-0.13
2:27.07Y	F # 9	Female 11-12 200 Free	MSC-MR	17	---	-5.49
29.31Y	F # 91	Female 11-12 50 Free	MSC-MR	9	9	-0.93
1:23.71Y	F # 97	Female 11-12 100 Fly	MSC-MR	23	---	-9.46
1:18.87Y	F # 107	Female 11-12 100 Back	MSC-MR	26	---	-1.58
<b>EllaBlue Jackson (7) F</b>						
NS	F # 45	Female 8 & Under 50 Free	MSC-MR	---	---	---
1:02.06Y	F # 109	Female 8 & Under 50 Back	MSC-MR	24	---	-1.12
<b>Athar Khan (11) M</b>						
3:02.12Y	F # 2	Male 11-12 200 IM	MSC-MR	22	---	-7.22
2:50.78Y	F # 10	Male 11-12 200 Free	MSC-MR	27	---	-30.04
1:17.24Y	F # 42	Male 11-12 100 Free	MSC-MR	40	---	0.38

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Time	F/P/S	Event		Place	Points	Improv
1:26.21Y	F # 58	Male 11-12 100 IM	MSC-MR	29	---	-2.61
1:40.58Y	F # 62	Male 11-12 100 Breast	MSC-MR	18	---	-5.88
34.31Y	F # 92	Male 11-12 50 Free	MSC-MR	30	---	-1.79
1:25.11Y	F # 98	Male 11-12 100 Fly	MSC-MR	15	2	-1.92
1:30.39Y	F # 108	Male 11-12 100 Back	MSC-MR	30	---	-3.98
<b>Olivia Krug (9) F</b>						
2:41.30Y	F # 7	Female 9-10 200 Free	MSC-MR	9	9	-6.10
1:12.74Y	F # 15	Female 9-10 100 Free	MSC-MR	12	5	-1.74
1:34.89Y	F # 23	Female 9-10 100 Breast	MSC-MR	10	7	-2.88
1:24.31Y	F # 31	Female 9-10 100 IM	MSC-MR	15	2	-2.89
33.09Y	F # 69	Female 9-10 50 Free	MSC-MR	11	6	-0.79
1:31.28Y	F # 73	Female 9-10 100 Fly	MSC-MR	5	14	-4.25
1:29.63Y	F # 83	Female 9-10 100 Back	MSC-MR	18	---	3.25
<b>Erin LaPerche (13) F</b>						
1:09.85Y	F # 71	Female 13-14 100 Free	MSC-MR	54	---	-0.07
2:47.89Y	F # 75	Female 13-14 200 IM	MSC-MR	44	---	-1.31
1:29.51Y	F # 79	Female 13-14 100 Breast	MSC-MR	37	---	1.81
<b>Carl LaRue (6) M</b>						
54.85Y	F # 46	Male 8 & Under 50 Free	MSC-MR	22	---	-0.13
2:09.70Y	F # 56	Male 8 & Under 100 IM	MSC-MR	15	2	-3.11
59.44Y	F # 60	Male 8 & Under 50 Breast	MSC-MR	14	2	-3.52
2:12.18Y	F # 96	Male 8 & Under 100 Free	MSC-MR	18	---	11.52
1:19.01Y	F # 102	Male 8 & Under 50 Fly	MSC-MR	16	1	-4.78
1:00.88Y	F # 110	Male 8 & Under 50 Back	MSC-MR	15	2	-10.62
<b>Jessie LaRue (8) F</b>						
36.44Y	F # 45	Female 8 & Under 50 Free	MSC-MR	3	16	-1.14
1:30.78Y	F # 55	Female 8 & Under 100 IM	MSC-MR	2	17	-4.70
49.36Y	F # 59	Female 8 & Under 50 Breast	MSC-MR	4	15	0.29
1:22.04Y	F # 95	Female 8 & Under 100 Free	MSC-MR	4	15	-2.76
43.54Y	F # 101	Female 8 & Under 50 Fly	MSC-MR	4	15	-1.47
43.28Y	F # 109	Female 8 & Under 50 Back	MSC-MR	3	16	-1.82
<b>Paul LaRue (12) M</b>						
2:22.05Y	F # 2	Male 11-12 200 IM	MSC-MR	2	17	-1.37
2:08.85Y	F # 10	Male 11-12 200 Free	MSC-MR	2	17	0.43
5:45.50Y	F # 12	Male Senior 500 Free	MSC-MR	30	---	2.72
59.05Y	F # 42	Male 11-12 100 Free	MSC-MR	6	13	-0.23
1:08.55Y	F # 58	Male 11-12 100 IM	MSC-MR	3	16	-0.24
1:12.97Y	F # 62	Male 11-12 100 Breast	MSC-MR	2	17	-1.17
1:07.75Y	F # 98	Male 11-12 100 Fly	MSC-MR	2	17	-1.11
34.45Y	F # 104	Male 11-12 50 Breast	MSC-MR	3	16	-0.36
1:05.96Y	F # 108	Male 11-12 100 Back	MSC-MR	2	17	-0.33
<b>Craig Leslie (11) M</b>						
3:17.63Y	F # 2	Male 11-12 200 IM	MSC-MR	26	---	-11.22
3:02.04Y	F # 10	Male 11-12 200 Free	MSC-MR	29	---	-2.62
42.53Y	F # 48	Male 11-12 50 Back	MSC-MR	34	---	-3.07

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**Marist College, Poughkeepsie, NY**

**Individual Meet Results**

**2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards**

**Sanction: MR-091112 Location: Valley Central, NY**

Time	F/P/S	Event		Place	Points	Improv
46.39Y	F # 52	Male 11-12 50 Fly	MSC-MR	35	---	-2.49
1:47.71Y	F # 62	Male 11-12 100 Breast	MSC-MR	20	---	-1.75
37.11Y	F # 92	Male 11-12 50 Free	MSC-MR	45	---	-3.78
49.32Y	F # 104	Male 11-12 50 Breast	MSC-MR	30	---	-0.54
1:32.55Y	F # 108	Male 11-12 100 Back	MSC-MR	33	---	-3.27
<b>Heather Leslie (12) F</b>						
3:01.55Y	DQ F # 1	Female 11-12 200 IM	MSC-MR	---	---	---
2:51.00Y	F # 9	Female 11-12 200 Free	MSC-MR	36	---	-1.40
1:17.10Y	F # 41	Female 11-12 100 Free	MSC-MR	69	---	-0.27
1:22.13Y	F # 57	Female 11-12 100 IM	MSC-MR	41	---	-0.71
1:33.05Y	F # 61	Female 11-12 100 Breast	MSC-MR	26	---	-2.02
34.27Y	F # 91	Female 11-12 50 Free	MSC-MR	58	---	-0.22
1:33.40Y	F # 97	Female 11-12 100 Fly	MSC-MR	29	---	-7.74
1:20.98Y	F # 107	Female 11-12 100 Back	MSC-MR	33	---	-5.28
<b>Kelly Levine (16) F</b>						
5:10.48Y	F # 5	Female Senior 400 IM	MSC-MR	8	11	2.79
5:47.85Y	F # 11	Female Senior 500 Free	MSC-MR	14	3	16.05
11:48.30Y	F # 13	Female Senior 1000 Free	MSC-MR	6	13	3.43
28.71Y	F # 43	Female Senior 50 Free	MSC-MR	35	---	1.24
1:09.86Y	F # 49	Female Senior 100 Back	MSC-MR	25	---	3.31
1:06.94Y	F # 53	Female Senior 100 Fly	MSC-MR	13	4	0.64
35.47Y	F # 63	200 Free Relay Lead Off	MSC-MR	---	---	8.00
2:24.11Y	F # 81	Female Senior 200 Back	MSC-MR	4	15	2.46
1:00.32Y	F # 93	Female Senior 100 Free	MSC-MR	21	---	2.18
2:25.78Y	F # 99	Female Senior 200 IM	MSC-MR	15	2	5.61
32.58Y	F # 113	200 Medley Relay Lead Off	MSC-MR	---	---	0.19
<b>Emily Lewis (12) F</b>						
2:41.18Y	F # 1	Female 11-12 200 IM	MSC-MR	11	6	-5.15
2:23.09Y	F # 9	Female 11-12 200 Free	MSC-MR	9	9	-0.16
6:17.31Y	F # 11	Female Senior 500 Free	MSC-MR	27	---	5.52
1:06.42Y	F # 41	Female 11-12 100 Free	MSC-MR	33	---	0.78
1:15.95Y	F # 57	Female 11-12 100 IM	MSC-MR	24	---	-0.02
1:25.08Y	F # 61	Female 11-12 100 Breast	MSC-MR	10	7	-2.68
31.99Y	F # 67	200 Free Relay Lead Off	MSC-MR	---	---	0.83
30.39Y	F # 91	Female 11-12 50 Free	MSC-MR	21	---	-0.77
1:16.59Y	F # 97	Female 11-12 100 Fly	MSC-MR	14	3	-0.74
1:17.97Y	F # 107	Female 11-12 100 Back	MSC-MR	23	---	-0.65
<b>William Lewis (11) M</b>						
3:13.89Y	F # 2	Male 11-12 200 IM	MSC-MR	24	---	-3.74
2:47.14Y	F # 10	Male 11-12 200 Free	MSC-MR	24	---	-3.40
1:16.90Y	F # 42	Male 11-12 100 Free	MSC-MR	39	---	-0.05
42.14Y	F # 48	Male 11-12 50 Back	MSC-MR	33	---	-1.23
1:31.42Y	F # 58	Male 11-12 100 IM	MSC-MR	33	---	0.12
37.83Y	F # 68	200 Free Relay Lead Off	MSC-MR	---	---	1.42

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Time	F/P/S	Event	Place	Points	Improv	
35.70Y	F # 92	Male 11-12 50 Free	MSC-MR	38	---	-0.71
46.31Y	F # 104	Male 11-12 50 Breast	MSC-MR	26	---	-2.60
1:29.58Y	F # 108	Male 11-12 100 Back	MSC-MR	27	---	-1.73
<b>Michael Linarello (11) M</b>						
3:40.34Y DQ	F # 2	Male 11-12 200 IM	MSC-MR	---	---	---
3:08.35Y	F # 10	Male 11-12 200 Free	MSC-MR	30	---	---
DQ	F # 48	Male 11-12 50 Back	MSC-MR	---	---	---
55.66Y	F # 52	Male 11-12 50 Fly	MSC-MR	37	---	---
1:45.89Y DQ	F # 58	Male 11-12 100 IM	MSC-MR	---	---	---
35.21Y	F # 92	Male 11-12 50 Free	MSC-MR	35	---	---
49.26Y	F # 104	Male 11-12 50 Breast	MSC-MR	29	---	---
1:46.12Y DQ	F # 108	Male 11-12 100 Back	MSC-MR	---	---	---
<b>Isaac Liu (10) M</b>						
2:44.72Y	F # 16	Male 9-10 100 Free	MSC-MR	46	---	---
1:12.32Y	F # 20	Male 9-10 50 Back	MSC-MR	37	---	---
2:57.37Y	F # 24	Male 9-10 100 Breast	MSC-MR	21	---	---
1:15.86Y DQ	F # 70	Male 9-10 50 Free	MSC-MR	---	---	---
1:19.61Y DQ	F # 78	Male 9-10 50 Breast	MSC-MR	---	---	---
<b>Emily Long (11) F</b>						
1:43.98Y	F # 41	Female 11-12 100 Free	MSC-MR	98	---	---
55.00Y	F # 47	Female 11-12 50 Back	MSC-MR	73	---	-3.12
43.33Y	F # 91	Female 11-12 50 Free	MSC-MR	87	---	1.05
55.06Y	F # 103	Female 11-12 50 Breast	MSC-MR	68	---	-2.97
2:00.89Y	F # 107	Female 11-12 100 Back	MSC-MR	69	---	-2.69
<b>Lucy Long (10) F</b>						
1:52.46Y	F # 15	Female 9-10 100 Free	MSC-MR	67	---	2.05
50.23Y	F # 19	Female 9-10 50 Back	MSC-MR	46	---	-9.30
2:34.27Y DQ	F # 23	Female 9-10 100 Breast	MSC-MR	---	---	---
45.65Y	F # 69	Female 9-10 50 Free	MSC-MR	73	---	-9.27
1:02.85Y	F # 77	Female 9-10 50 Breast	MSC-MR	60	---	---
1:51.84Y	F # 83	Female 9-10 100 Back	MSC-MR	51	---	-0.67
<b>Alex Marte-Aqeel (10) F</b>						
1:59.75Y	F # 15	Female 9-10 100 Free	MSC-MR	69	---	-13.00
57.77Y DQ	F # 19	Female 9-10 50 Back	MSC-MR	---	---	---
2:18.20Y	F # 23	Female 9-10 100 Breast	MSC-MR	32	---	-3.78
48.91Y	F # 69	Female 9-10 50 Free	MSC-MR	75	---	-7.77
55.12Y	F # 77	Female 9-10 50 Breast	MSC-MR	50	---	-9.14
2:07.10Y	F # 83	Female 9-10 100 Back	MSC-MR	59	---	---
<b>Mike Meck (17) M</b>						
4:30.60Y	F # 6	Male Senior 400 IM	MSC-MR	7	12	10.42
5:11.72Y	F # 12	Male Senior 500 Free	MSC-MR	13	4	2.99
10:52.52Y	F # 14	Male Senior 1000 Free	MSC-MR	5	14	-6.12
2:16.10Y	F # 36	Male Senior 200 Fly	MSC-MR	9	9	4.64
24.14Y	F # 44	Male Senior 50 Free	MSC-MR	18	---	0.52
1:00.03Y	F # 50	Male Senior 100 Back	MSC-MR	28	---	0.64

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**2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards**

**Sanction: MR-091112 Location: Valley Central, NY**

Time	F/P/S	Event		Place	Points	Improv
51.25Y	F # 94	Male Senior 100 Free	MSC-MR	13	4	0.84
2:06.47Y	F # 100	Male Senior 200 IM	MSC-MR	14	3	5.49
1:02.71Y	F # 106	Male Senior 100 Breast	MSC-MR	4	15	3.54
<b>Brenna Munz (17) F</b>						
NS	F # 5	Female Senior 400 IM	MSC-MR	---	---	---
NS	F # 11	Female Senior 500 Free	MSC-MR	---	---	---
<b>Thomas Noller (16) M</b>						
4:44.97Y	F # 6	Male Senior 400 IM	MSC-MR	18	---	-0.52
5:19.63Y	F # 12	Male Senior 500 Free	MSC-MR	16	1	3.79
11:08.08Y	F # 14	Male Senior 1000 Free	MSC-MR	6	13	-38.75
25.56Y	F # 44	Male Senior 50 Free	MSC-MR	56	---	0.18
1:08.81Y	F # 50	Male Senior 100 Back	MSC-MR	68	---	0.40
1:02.45Y	F # 54	Male Senior 100 Fly	MSC-MR	39	---	-0.32
54.13Y	F # 94	Male Senior 100 Free	MSC-MR	36	---	0.18
2:14.62Y	F # 100	Male Senior 200 IM	MSC-MR	33	---	-1.10
1:06.39Y	F # 106	Male Senior 100 Breast	MSC-MR	15	2	1.18
<b>Naomi Nunez (14) F</b>						
13:15.54Y	F # 13	Female Senior 1000 Free	MSC-MR	12	5	---
29.14Y	F # 17	Female 13-14 50 Free	MSC-MR	32	---	0.72
1:11.89Y	F # 21	Female 13-14 100 Back	MSC-MR	21	---	0.57
2:20.22Y	F # 29	Female 13-14 200 Free	MSC-MR	23	---	-10.32
29.06Y	F # 39	200 Free Relay Lead Off	MSC-MR	---	---	0.64
1:04.25Y	F # 71	Female 13-14 100 Free	MSC-MR	38	---	1.82
2:39.64Y	F # 75	Female 13-14 200 IM	MSC-MR	31	---	0.49
2:30.74Y	F # 85	Female 13-14 200 Back	MSC-MR	10	7	---
32.30Y	F # 89	200 Medley Relay Lead Off	MSC-MR	---	---	---
<b>Christina Rodriguez (12) F</b>						
1:22.88Y	F # 41	Female 11-12 100 Free	MSC-MR	86	---	-0.95
1:33.56Y	F # 57	Female 11-12 100 IM	MSC-MR	61	---	5.19
1:44.90Y	F # 61	Female 11-12 100 Breast	MSC-MR	44	---	2.34
<b>Matthew Rodriguez (13) M</b>						
5:22.27Y	F # 4	Male 13-14 400 IM	MSC-MR	17	---	-3.25
28.30Y	F # 18	Male 13-14 50 Free	MSC-MR	31	---	-0.31
1:17.64Y DQ	F # 22	Male 13-14 100 Back	MSC-MR	---	---	---
2:19.85Y	F # 30	Male 13-14 200 Free	MSC-MR	24	---	4.89
1:03.49Y	F # 72	Male 13-14 100 Free	MSC-MR	40	---	0.25
2:36.64Y	F # 76	Male 13-14 200 IM	MSC-MR	32	---	1.18
1:20.42Y	F # 80	Male 13-14 100 Breast	MSC-MR	28	---	2.20
<b>Jason Ruddy (16) M</b>						
4:28.03Y	F # 6	Male Senior 400 IM	MSC-MR	5	14	-1.26
4:58.34Y	F # 12	Male Senior 500 Free	MSC-MR	4	15	-4.88
10:43.39Y	F # 14	Male Senior 1000 Free	MSC-MR	3	16	---
2:02.76Y	F # 36	Male Senior 200 Fly	MSC-MR	3	16	-3.50
58.18Y	F # 50	Male Senior 100 Back	MSC-MR	14	3	2.26
53.79Y	F # 54	Male Senior 100 Fly	MSC-MR	4	15	-0.11

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Time	F/P/S	Event		Place	Points	Improv
NS	F # 82	Male Senior 200 Back	MSC-MR	---	---	---
50.31Y	F # 94	Male Senior 100 Free	MSC-MR	4	15	0.72
2:05.63Y	F # 100	Male Senior 200 IM	MSC-MR	9	9	1.74
<b>Justina Sargios (9) F</b>						
3:47.94Y	F # 7	Female 9-10 200 Free	MSC-MR	22	---	10.92
1:45.88Y	F # 15	Female 9-10 100 Free	MSC-MR	64	---	-0.29
45.96Y	F # 19	Female 9-10 50 Back	MSC-MR	31	---	0.06
1:48.98Y	F # 31	Female 9-10 100 IM	MSC-MR	55	---	-7.07
48.76Y	F # 37	200 Free Relay Lead Off	MSC-MR	---	---	4.30
46.03Y	F # 69	Female 9-10 50 Free	MSC-MR	74	---	1.57
52.86Y	F # 77	Female 9-10 50 Breast	MSC-MR	44	---	3.25
1:43.15Y	F # 83	Female 9-10 100 Back	MSC-MR	38	---	-5.79
<b>Mariette Sargios (11) F</b>						
3:48.33Y	F # 1	Female 11-12 200 IM	MSC-MR	40	---	---
3:23.38Y	F # 9	Female 11-12 200 Free	MSC-MR	43	---	9.60
1:31.06Y	F # 41	Female 11-12 100 Free	MSC-MR	94	---	2.93
56.82Y	F # 51	Female 11-12 50 Fly	MSC-MR	58	---	-0.82
1:44.95Y	F # 57	Female 11-12 100 IM	MSC-MR	64	---	4.05
38.72Y	F # 91	Female 11-12 50 Free	MSC-MR	80	---	-0.35
50.96Y	F # 103	Female 11-12 50 Breast	MSC-MR	66	---	-1.25
1:39.91Y	F # 107	Female 11-12 100 Back	MSC-MR	63	---	-1.84
<b>Heather Stratica (14) F</b>						
29.30Y	F # 17	Female 13-14 50 Free	MSC-MR	33	---	-0.34
1:17.56Y	F # 21	Female 13-14 100 Back	MSC-MR	39	---	0.87
2:21.32Y	F # 29	Female 13-14 200 Free	MSC-MR	25	---	-2.10
1:04.07Y	F # 71	Female 13-14 100 Free	MSC-MR	37	---	-0.89
2:43.06Y	F # 75	Female 13-14 200 IM	MSC-MR	38	---	0.99
2:40.49Y	F # 85	Female 13-14 200 Back	MSC-MR	16	1	-0.44
<b>Emily Tang (8) F</b>						
38.72Y	F # 45	Female 8 & Under 50 Free	MSC-MR	8	11	-0.38
1:36.75Y	F # 55	Female 8 & Under 100 IM	MSC-MR	9	9	-6.09
52.71Y	F # 59	Female 8 & Under 50 Breast	MSC-MR	12	5	-0.78
1:25.99Y	F # 95	Female 8 & Under 100 Free	MSC-MR	8	11	-7.35
45.15Y	F # 101	Female 8 & Under 50 Fly	MSC-MR	8	11	-2.34
47.13Y	F # 109	Female 8 & Under 50 Back	MSC-MR	10	7	-1.63
<b>Brandon Vasquez (9) M</b>						
2:59.36Y	F # 8	Male 9-10 200 Free	MSC-MR	10	7	-7.38
1:21.86Y	F # 16	Male 9-10 100 Free	MSC-MR	25	---	-2.96
42.78Y	F # 20	Male 9-10 50 Back	MSC-MR	14	3	-3.97
1:49.87Y	F # 24	Male 9-10 100 Breast	MSC-MR	16	1	-3.89
36.95Y	F # 70	Male 9-10 50 Free	MSC-MR	19	---	-1.95
51.29Y	F # 78	Male 9-10 50 Breast	MSC-MR	16	1	-0.47
1:32.70Y	F # 84	Male 9-10 100 Back	MSC-MR	14	3	-3.63
<b>Amanda Yen (9) F</b>						
1:59.86Y	F # 15	Female 9-10 100 Free	MSC-MR	70	---	-7.93

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>		<b>Place</b>	<b>Points</b>	<b>Improv</b>
1:02.54Y	F # 19	Female 9-10 50 Back	MSC-MR	63	---	-2.74
55.31Y	F # 69	Female 9-10 50 Free	MSC-MR	79	---	1.54
1:02.79Y DQ	F # 77	Female 9-10 50 Breast	MSC-MR	---	---	---
2:13.70Y	F # 83	Female 9-10 100 Back	MSC-MR	60	---	-8.71