

MARIST SWIM CLUB
Marist College, Poughkeepsie, NY

Individual Meet Results

2010 MR Senior Mets Short Course 18-Feb-10 to 21-Feb-10 Yards

Sanction: MR-100201 Location: Bronx, New York

Time	F/P/S	Event		Place	Points	Improv
Jennifer Aiello (16) F						
1:01.87Y	P # 7	Female Senior 100 Fly	MSC-MR	40	---	-0.83
1:01.78Y	P # 17	Female Senior 100 Back	MSC-MR	40	---	0.72
1:01.86Y	F # 21	400 Medley Relay Lead Off	MSC-MR	---	---	0.80
2:09.78Y	P # 25	Female Senior 200 Back	MSC-MR	14	---	-4.03
2:12.75Y	F # 25	Female Senior 200 Back	MSC-MR	16	1	-1.06
Ryan Alderson (15) M						
10:22.56Y	F # 2	Male Senior 1000 Free	MSC-MR	40	---	-6.29
1:50.42Y	P # 6	Male Senior 200 Free	MSC-MR	58	---	2.29
1:50.81Y	F # 12	800 Free Relay Lead Off	MSC-MR	---	---	2.68
56.62Y	P # 18	Male Senior 100 Back	MSC-MR	48	---	0.44
2:04.47Y	P # 26	Male Senior 200 Back	MSC-MR	60	---	-2.82
50.58Y	P # 30	Male Senior 100 Free	MSC-MR	71	---	-0.14
Kate Bergin (12) F						
18:20.40Y	F # 23	Female Senior 1650 Free	MSC-MR	39	---	---
2:13.90Y	P # 25	Female Senior 200 Back	MSC-MR	37	---	-2.66
Emily Boyko (15) F						
4:40.52Y	P # 9	Female Senior 400 IM	MSC-MR	14	---	-6.08
4:43.75Y	F # 9	Female Senior 400 IM	MSC-MR	16	1	-2.85
2:16.06Y	P # 13	Female Senior 200 IM	MSC-MR	40	---	1.19
2:32.25Y	P # 27	Female Senior 200 Breast	MSC-MR	35	---	-2.54
2:09.41Y	P # 31	Female Senior 200 Fly	MSC-MR	12	---	-2.59
2:12.96Y	F # 31	Female Senior 200 Fly	MSC-MR	16	1	0.96
Emelia Carlino (16) F						
1:11.89Y	P # 3	Female Senior 100 Breast	MSC-MR	51	---	-0.07
25.75Y	P # 15	Female Senior 50 Free	MSC-MR	51	---	0.11
56.64Y	P # 29	Female Senior 100 Free	MSC-MR	84	---	1.06
2:20.88Y	T # 217	Female Senior 200 Free	MSC-MR	2	---	15.83
26.03Y	T # 301	Female Senior 50 Free	MSC-MR	4	---	0.39
Keith Carlino (14) M						
54.69Y	P # 8	Male Senior 100 Fly	MSC-MR	40	---	-0.27
23.29Y	P # 16	Male Senior 50 Free	MSC-MR	57	---	0.11
54.86Y	P # 18	Male Senior 100 Back	MSC-MR	24	---	-0.34
56.03Y	F # 18	Male Senior 100 Back	MSC-MR	23	---	0.83
55.30Y	F # 22	400 Medley Relay Lead Off	MSC-MR	---	---	0.10
2:01.17Y	P # 26	Male Senior 200 Back	MSC-MR	35	---	-5.13
Maddy Cassano (15) F						
1:12.43Y	P # 3	Female Senior 100 Breast	MSC-MR	55	---	-0.77
2:01.63Y	P # 5	Female Senior 200 Free	MSC-MR	69	---	0.36
25.88Y	P # 15	Female Senior 50 Free	MSC-MR	59	---	0.08
NS	P # 27	Female Senior 200 Breast	MSC-MR	---	---	---
Ian DeLisio (18) M						
1:02.17Y	P # 4	Male Senior 100 Breast	MSC-MR	33	---	-3.28
54.89Y	P # 8	Male Senior 100 Fly	MSC-MR	48	---	-0.09
4:17.47Y	F # 10	Male Senior 400 IM	MSC-MR	21	---	-3.37

MARIST SWIM CLUB
Marist College, Poughkeepsie, NY

Individual Meet Results

2010 MR Senior Mets Short Course 18-Feb-10 to 21-Feb-10 Yards

Sanction: MR-100201 Location: Bronx, New York

Time	F/P/S	Event		Place	Points	Improv
4:17.97Y	P # 10	Male Senior 400 IM	MSC-MR	20	---	-2.87
1:58.84Y	F # 14	Male Senior 200 IM	MSC-MR	12	5	-1.60
1:59.12Y	P # 14	Male Senior 200 IM	MSC-MR	12	---	-1.32
2:12.37Y	P # 28	Male Senior 200 Breast	MSC-MR	8	---	-2.24
2:13.96Y	F # 28	Male Senior 200 Breast	MSC-MR	8	11	-0.65
1:59.79Y	P # 32	Male Senior 200 Fly	MSC-MR	15	---	-0.79
1:59.83Y	F # 32	Male Senior 200 Fly	MSC-MR	15	2	-0.75
Lukas Dempsey (16) M						
10:07.61Y	F # 2	Male Senior 1000 Free	MSC-MR	29	---	-1.66
1:48.05Y	P # 6	Male Senior 200 Free	MSC-MR	24	---	-3.71
1:49.11Y	F # 6	Male Senior 200 Free	MSC-MR	21	---	-2.65
4:22.50Y	P # 10	Male Senior 400 IM	MSC-MR	29	---	-2.85
54.92Y	P # 18	Male Senior 100 Back	MSC-MR	27	---	0.63
55.23Y	F # 18	Male Senior 100 Back	MSC-MR	21	---	0.94
4:49.25Y	F # 20	Male Senior 500 Free	MSC-MR	20	---	-8.76
4:53.00Y	P # 20	Male Senior 500 Free	MSC-MR	21	---	-5.01
1:58.85Y	F # 26	Male Senior 200 Back	MSC-MR	22	---	2.09
1:59.34Y	P # 26	Male Senior 200 Back	MSC-MR	23	---	2.58
50.66Y	F # 34	400 Free Relay Lead Off	MSC-MR	---	---	-0.67
Samantha Granan (17) F						
1:08.66Y	F # 3	Female Senior 100 Breast	MSC-MR	12	5	0.46
1:09.43Y	P # 3	Female Senior 100 Breast	MSC-MR	16	---	1.23
2:00.63Y	F # 11	800 Free Relay Lead Off	MSC-MR	---	---	-2.13
2:14.83Y	P # 13	Female Senior 200 IM	MSC-MR	35	---	1.57
2:33.36Y	P # 27	Female Senior 200 Breast	MSC-MR	40	---	-1.96
Shekinah Hoffman (16) F						
2:02.12Y	P # 5	Female Senior 200 Free	MSC-MR	75	---	0.82
59.75Y	F # 7	Female Senior 100 Fly	MSC-MR	15	2	-0.14
59.79Y	P # 7	Female Senior 100 Fly	MSC-MR	14	---	-0.10
2:18.66Y	P # 13	Female Senior 200 IM	MSC-MR	67	---	1.94
26.03Y	P # 15	Female Senior 50 Free	MSC-MR	75	---	0.31
55.31Y	P # 29	Female Senior 100 Free	MSC-MR	40	---	-0.84
2:10.50Y	F # 31	Female Senior 200 Fly	MSC-MR	19	---	-4.35
2:12.55Y	P # 31	Female Senior 200 Fly	MSC-MR	21	---	-2.30
Mike Meck (17) M						
1:02.06Y	P # 4	Male Senior 100 Breast	MSC-MR	30	---	2.89
1:52.29Y	P # 6	Male Senior 200 Free	MSC-MR	75	---	1.74
4:35.11Y	P # 10	Male Senior 400 IM	MSC-MR	68	---	14.93
2:02.60Y	P # 14	Male Senior 200 IM	MSC-MR	34	---	1.62
2:14.63Y	P # 28	Male Senior 200 Breast	MSC-MR	15	---	5.98
2:15.21Y	F # 28	Male Senior 200 Breast	MSC-MR	15	2	6.56
50.24Y	P # 30	Male Senior 100 Free	MSC-MR	59	---	-0.17
Thomas Noller (17) M						
1:03.06Y	P # 4	Male Senior 100 Breast	MSC-MR	47	---	0.76

MARIST SWIM CLUB
Marist College, Poughkeepsie, NY

Individual Meet Results

2010 MR Senior Mets Short Course 18-Feb-10 to 21-Feb-10 Yards

Sanction: MR-100201 Location: Bronx, New York

Time	F/P/S	Event		Place	Points	Improv
2:18.34Y	P # 28	Male Senior 200 Breast	MSC-MR	32	---	-4.18
2:21.38Y	F # 28	Male Senior 200 Breast	MSC-MR	24	---	-1.14
Jason Ruddy (17) M						
1:45.71Y	F # 6	Male Senior 200 Free	MSC-MR	11	6	-0.57
1:46.64Y	P # 6	Male Senior 200 Free	MSC-MR	13	---	0.36
52.50Y	P # 8	Male Senior 100 Fly	MSC-MR	9	---	0.65
52.50Y	F # 8	Male Senior 100 Fly	MSC-MR	11	6	0.65
2:01.96Y	P # 14	Male Senior 200 IM	MSC-MR	27	---	-0.54
4:58.15Y	P # 20	Male Senior 500 Free	MSC-MR	41	---	4.25
49.16Y	P # 30	Male Senior 100 Free	MSC-MR	30	---	0.26
50.65Y	F # 30	Male Senior 100 Free	MSC-MR	24	---	1.75
1:54.28Y	F # 32	Male Senior 200 Fly	MSC-MR	2	16.5	-3.14
1:56.11Y	P # 32	Male Senior 200 Fly	MSC-MR	1	---	-1.31