

MARIST SWIM CLUB
Marist College, Poughkeepsie, NY

Individual Meet Results

2009 MR Marist Swim Club Holiday Invitational 11-Dec-09 to 13-Dec-09 Yards

Location: Poughkeepsie

Time	F/P/S	Event		Place	Points	Improv
Jennifer Aiello (16) F						
11:51.90Y	F # 1	Female Senior 1000 Free	MSC-MR	7	---	-14.41
2:11.28Y	F # 9	Female Senior 200 Free	MSC-MR	13	---	3.18
5:56.47Y	F # 15	Female Senior 500 Free	MSC-MR	15	---	14.62
2:20.27Y	F # 25	Female Senior 200 Back	MSC-MR	1	---	6.46
5:10.61Y	F # 43	Female Senior 400 IM	MSC-MR	7	---	13.17
1:20.90Y	F # 47	Female Senior 100 Breast	MSC-MR	20	---	1.24
28.88Y	F # 53	Female Senior 50 Free	MSC-MR	19	---	1.24
2:25.85Y	F # 59	Female Senior 200 IM	MSC-MR	12	---	4.60
30.38Y	F # 65	200 Medley Relay Lead Off	MSC-MR	---	---	0.80
2:55.84Y	F # 69	Female Senior 200 Breast	MSC-MR	10	---	5.71
2:26.74Y	F # 83	Female Senior 200 Fly	MSC-MR	4	---	2.16
59.65Y	F # 97	Female Senior 100 Free	MSC-MR	13	---	1.33
1:04.94Y	F # 103	Female Senior 100 Back	MSC-MR	1	---	2.80
1:07.55Y	F # 109	Female Senior 100 Fly	MSC-MR	6	---	4.56
Krisztina Alderson (13) F						
2:28.18Y	F # 5	Female 13-14 200 Free	MSC-MR	14	---	1.47
6:38.33Y	F # 13	Female 13-14 500 Free	MSC-MR	13	---	4.43
NS	F # 41	Female 13-14 400 IM	MSC-MR	---	---	---
1:34.26Y	F # 49	Female 13-14 100 Breast	MSC-MR	29	---	0.33
30.89Y	F # 55	Female 13-14 50 Free	MSC-MR	23	---	0.30
2:46.46Y	F # 61	Female 13-14 200 IM	MSC-MR	18	---	-1.86
1:07.57Y	F # 99	Female 13-14 100 Free	MSC-MR	20	---	-0.70
1:16.80Y	F # 105	Female 13-14 100 Back	MSC-MR	18	---	-1.48
1:18.45Y	F # 111	Female 13-14 100 Fly	MSC-MR	13	---	6.99
Ryan Alderson (14) M						
10:32.24Y	F # 2	Male Senior 1000 Free	MSC-MR	3	---	3.39
1:53.00Y	F # 6	Male 13-14 200 Free	MSC-MR	1	---	0.96
5:11.58Y	F # 14	Male 13-14 500 Free	MSC-MR	1	---	6.72
NS	F # 42	Male 13-14 400 IM	MSC-MR	---	---	---
1:16.23Y	F # 50	Male 13-14 100 Breast	MSC-MR	8	---	1.62
24.54Y	F # 56	Male 13-14 50 Free	MSC-MR	2	---	0.65
2:10.65Y	F # 62	Male 13-14 200 IM	MSC-MR	1	---	0.44
52.29Y	F # 100	Male 13-14 100 Free	MSC-MR	1	---	1.57
59.54Y	F # 106	Male 13-14 100 Back	MSC-MR	2	---	1.55
1:01.56Y	F # 112	Male 13-14 100 Fly	MSC-MR	4	---	-0.05
Christopher Alpay (13) M						
1:58.57Y	F # 6	Male 13-14 200 Free	MSC-MR	3	---	0.38
5:19.07Y	F # 14	Male 13-14 500 Free	MSC-MR	2	---	-10.49
4:57.13Y	F # 42	Male 13-14 400 IM	MSC-MR	4	---	-2.87
1:14.05Y	F # 50	Male 13-14 100 Breast	MSC-MR	6	---	-1.71
25.38Y	F # 56	Male 13-14 50 Free	MSC-MR	7	---	0.44
2:18.50Y	F # 62	Male 13-14 200 IM	MSC-MR	5	---	1.13
53.16Y	F # 100	Male 13-14 100 Free	MSC-MR	4	---	-0.56

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Time	F/P/S	Event		Place	Points	Improv
1:05.25Y	F # 106	Male 13-14 100 Back	MSC-MR	5	---	-0.84
1:03.83Y	F # 112	Male 13-14 100 Fly	MSC-MR	6	---	1.23
Zachery Alpay (9) M						
3:09.19Y	F # 8	Male 10 & Under 200 Free	MSC-MR	11	---	7.30
47.56Y	F # 20	Male 9-10 50 Breast	MSC-MR	6	---	0.07
39.02Y	F # 24	Male 9-10 50 Free	MSC-MR	12	---	1.38
44.65Y	F # 30	Male 9-10 50 Fly	MSC-MR	9	---	0.07
1:36.39Y	F # 34	Male 9-10 100 Back	MSC-MR	12	---	-0.70
1:47.28Y	F # 74	Male 9-10 100 Breast	MSC-MR	7	---	4.70
1:26.35Y	F # 78	Male 9-10 100 Free	MSC-MR	12	---	0.66
44.03Y	F # 82	Male 9-10 50 Back	MSC-MR	7	---	-2.77
1:31.71Y	F # 90	Male 9-10 100 IM	MSC-MR	6	---	-4.87
Connor Ball (10) M						
1:03.24Y	F # 20	Male 9-10 50 Breast	MSC-MR	16	---	9.50
38.01Y	F # 24	Male 9-10 50 Free	MSC-MR	9	---	4.24
46.35Y	F # 30	Male 9-10 50 Fly	MSC-MR	10	---	-5.33
1:31.26Y	F # 34	Male 9-10 100 Back	MSC-MR	7	---	1.33
2:07.18Y	DQ F # 74	Male 9-10 100 Breast	MSC-MR	---	---	---
1:21.44Y	F # 78	Male 9-10 100 Free	MSC-MR	---	---	3.07
42.34Y	F # 82	Male 9-10 50 Back	MSC-MR	4	---	0.53
1:49.63Y	DQ F # 86	Male 9-10 100 Fly	MSC-MR	---	---	---
1:38.67Y	F # 90	Male 9-10 100 IM	MSC-MR	11	---	---
Madison Ball (16) F						
2:12.66Y	F # 9	Female Senior 200 Free	MSC-MR	16	---	2.77
5:47.80Y	F # 15	Female Senior 500 Free	MSC-MR	10	---	-1.76
2:30.81Y	F # 25	Female Senior 200 Back	MSC-MR	15	---	1.53
5:13.58Y	F # 43	Female Senior 400 IM	MSC-MR	9	---	2.82
1:21.25Y	F # 47	Female Senior 100 Breast	MSC-MR	21	---	1.12
29.27Y	F # 53	Female Senior 50 Free	MSC-MR	26	---	1.12
2:29.27Y	F # 59	Female Senior 200 IM	MSC-MR	18	---	3.34
2:49.77Y	F # 69	Female Senior 200 Breast	MSC-MR	7	---	0.65
2:38.07Y	F # 83	Female Senior 200 Fly	MSC-MR	9	---	8.98
1:03.72Y	F # 97	Female Senior 100 Free	MSC-MR	23	---	3.00
1:13.13Y	F # 103	Female Senior 100 Back	MSC-MR	16	---	2.33
1:11.32Y	F # 109	Female Senior 100 Fly	MSC-MR	14	---	3.02
Parker Ball (6) F						
1:08.58Y	F # 45	Female 8 & Under 50 Breast	MSC-MR	7	---	-2.44
52.43Y	F # 51	Female 8 & Under 50 Free	MSC-MR	11	---	1.92
1:13.49Y	F # 57	Female 8 & Under 50 Fly	MSC-MR	9	---	---
59.80Y	F # 63	100 Medley Relay Lead Off	MSC-MR	---	---	31.24
1:58.69Y	F # 95	Female 8 & Under 100 Free	MSC-MR	6	---	---
1:01.84Y	F # 101	Female 8 & Under 50 Back	MSC-MR	10	---	1.97
2:12.43Y	F # 107	Female 8 & Under 100 IM	MSC-MR	7	---	---

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Ameera Bhanji (13) F						
2:13.04Y	F # 5	Female 13-14 200 Free	MSC-MR	3	---	0.16
6:02.20Y	F # 13	Female 13-14 500 Free	MSC-MR	4	---	0.98
5:26.71Y	F # 41	Female 13-14 400 IM	MSC-MR	2	---	2.71
1:25.20Y	F # 49	Female 13-14 100 Breast	MSC-MR	13	---	-2.03
28.15Y	F # 55	Female 13-14 50 Free	MSC-MR	3	---	1.94
2:32.52Y	F # 61	Female 13-14 200 IM	MSC-MR	3	---	0.34
1:00.65Y	F # 99	Female 13-14 100 Free	MSC-MR	3	---	0.70
1:11.81Y	F # 105	Female 13-14 100 Back	MSC-MR	9	---	2.05
1:06.40Y	F # 111	Female 13-14 100 Fly	MSC-MR	2	---	0.50
Emily Boyko (15) F						
11:35.65Y	F # 1	Female Senior 1000 Free	MSC-MR	4	---	-8.02
2:09.73Y	F # 9	Female Senior 200 Free	MSC-MR	8	---	0.64
5:50.22Y	F # 15	Female Senior 500 Free	MSC-MR	12	---	8.87
2:25.47Y	F # 25	Female Senior 200 Back	MSC-MR	8	---	3.41
4:51.58Y	F # 43	Female Senior 400 IM	MSC-MR	2	---	4.98
1:17.97Y	F # 47	Female Senior 100 Breast	MSC-MR	14	---	4.48
29.25Y	F # 53	Female Senior 50 Free	MSC-MR	25	---	0.76
2:27.10Y	F # 59	Female Senior 200 IM	MSC-MR	13	---	9.46
2:41.30Y	F # 69	Female Senior 200 Breast	MSC-MR	3	---	6.51
2:16.34Y	F # 83	Female Senior 200 Fly	MSC-MR	1	---	4.34
1:03.16Y	F # 97	Female Senior 100 Free	MSC-MR	21	---	1.85
1:11.36Y	F # 103	Female Senior 100 Back	MSC-MR	14	---	1.13
1:08.53Y	F # 109	Female Senior 100 Fly	MSC-MR	8	---	4.09
Jason Boyko (10) M						
2:25.74Y	F # 8	Male 10 & Under 200 Free	MSC-MR	1	---	-3.66
6:44.60Y	F # 16	Male Senior 500 Free	MSC-MR	16	---	14.71
41.59Y	F # 20	Male 9-10 50 Breast	MSC-MR	2	---	-1.15
30.53Y	F # 24	Male 9-10 50 Free	MSC-MR	1	---	0.66
33.07Y	F # 30	Male 9-10 50 Fly	MSC-MR	1	---	0.24
1:18.04Y	F # 34	Male 9-10 100 Back	MSC-MR	2	---	-1.03
1:32.01Y	F # 74	Male 9-10 100 Breast	MSC-MR	2	---	-2.63
1:07.91Y	F # 78	Male 9-10 100 Free	MSC-MR	1	---	-2.05
37.16Y	F # 82	Male 9-10 50 Back	MSC-MR	1	---	0.07
1:17.08Y	F # 86	Male 9-10 100 Fly	MSC-MR	1	---	2.17
1:18.12Y	F # 90	Male 9-10 100 IM	MSC-MR	1	---	1.26
31.60Y	F # 94	200 Free Relay Lead Off	MSC-MR	---	---	1.73
Julia Caldwell (11) F						
2:20.53Y	F # 3	Female 11-12 200 Free	MSC-MR	9	---	-3.54
2:43.22Y	F # 11	Female 11-12 200 IM	MSC-MR	8	---	2.48
6:31.47Y	F # 15	Female Senior 500 Free	MSC-MR	24	---	1.16
1:23.33Y	F # 17	Female 11-12 100 Breast	MSC-MR	5	---	-1.46
30.92Y	F # 21	Female 11-12 50 Free	MSC-MR	18	---	-0.20
1:19.68Y	F # 27	Female 11-12 100 Fly	MSC-MR	10	---	-0.10

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37.66Y	F # 31	Female 11-12 50 Back	MSC-MR	18	---	-0.95
1:16.72Y	F # 35	Female 11-12 100 IM	MSC-MR	12	---	-1.82
2:58.13Y	F # 69	Female Senior 200 Breast	MSC-MR	12	---	-2.73
38.95Y	F # 71	Female 11-12 50 Breast	MSC-MR	4	---	-2.54
1:06.07Y	F # 75	Female 11-12 100 Free	MSC-MR	13	---	0.86
1:19.00Y	F # 79	Female 11-12 100 Back	MSC-MR	15	---	-1.26
36.00Y	F # 87	Female 11-12 50 Fly	MSC-MR	15	---	-0.13
Michael Canino (12) M						
2:24.04Y	F # 4	Male 11-12 200 Free	MSC-MR	6	---	-6.14
2:49.33Y	F # 12	Male 11-12 200 IM	MSC-MR	6	---	0.13
1:33.90Y	F # 18	Male 11-12 100 Breast	MSC-MR	9	---	-1.93
30.22Y	F # 22	Male 11-12 50 Free	MSC-MR	7	---	0.58
1:28.56Y	F # 28	Male 11-12 100 Fly	MSC-MR	7	---	3.06
37.72Y	F # 32	Male 11-12 50 Back	MSC-MR	7	---	3.92
1:20.56Y	F # 36	Male 11-12 100 IM	MSC-MR	9	---	1.56
37.51Y	F # 40	200 Medley Relay Lead Off	MSC-MR	---	---	3.71
43.22Y	F # 72	Male 11-12 50 Breast	MSC-MR	10	---	-0.56
1:06.86Y	F # 76	Male 11-12 100 Free	MSC-MR	6	---	-0.48
1:21.01Y	F # 80	Male 11-12 100 Back	MSC-MR	5	---	1.11
37.77Y	F # 88	Male 11-12 50 Fly	MSC-MR	8	---	0.76
Emelia Carlino (16) F						
12:07.58Y	F # 1	Female Senior 1000 Free	MSC-MR	9	---	10.22
2:10.24Y	F # 9	Female Senior 200 Free	MSC-MR	10	---	2.43
5:44.98Y	F # 15	Female Senior 500 Free	MSC-MR	8	---	3.87
2:32.28Y	F # 25	Female Senior 200 Back	MSC-MR	18	---	8.01
5:21.50Y	F # 43	Female Senior 400 IM	MSC-MR	14	---	9.10
1:17.24Y	F # 47	Female Senior 100 Breast	MSC-MR	11	---	5.28
26.87Y	F # 53	Female Senior 50 Free	MSC-MR	4	---	0.49
2:27.15Y	F # 59	Female Senior 200 IM	MSC-MR	14	---	2.86
2:48.39Y	F # 69	Female Senior 200 Breast	MSC-MR	6	---	7.76
2:51.13Y	F # 83	Female Senior 200 Fly	MSC-MR	15	---	0.18
58.95Y	F # 97	Female Senior 100 Free	MSC-MR	12	---	1.09
1:10.36Y	F # 103	Female Senior 100 Back	MSC-MR	11	---	3.96
1:16.42Y	F # 109	Female Senior 100 Fly	MSC-MR	22	---	5.78
Keith Carlino (14) M						
11:18.68Y	F # 2	Male Senior 1000 Free	MSC-MR	10	---	-7.52
2:02.16Y	F # 6	Male 13-14 200 Free	MSC-MR	4	---	3.72
5:26.70Y	F # 14	Male 13-14 500 Free	MSC-MR	5	---	8.08
4:44.45Y	F # 42	Male 13-14 400 IM	MSC-MR	1	---	-0.52
1:13.75Y	F # 50	Male 13-14 100 Breast	MSC-MR	5	---	0.03
24.62Y	F # 56	Male 13-14 50 Free	MSC-MR	3	---	0.48
2:12.26Y	F # 62	Male 13-14 200 IM	MSC-MR	2	---	0.07
53.00Y	F # 100	Male 13-14 100 Free	MSC-MR	2	---	0.10
57.87Y	F # 106	Male 13-14 100 Back	MSC-MR	1	---	1.38

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Time	F/P/S	Event		Place	Points	Improv
57.77Y	F # 112	Male 13-14 100 Fly	MSC-MR	1	---	-0.30
Maddy Cassano (15) F						
2:04.63Y	F # 9	Female Senior 200 Free	MSC-MR	5	---	-0.91
5:39.89Y	F # 15	Female Senior 500 Free	MSC-MR	7	---	---
2:25.31Y	F # 25	Female Senior 200 Back	MSC-MR	7	---	---
5:07.16Y	F # 43	Female Senior 400 IM	MSC-MR	6	---	---
1:15.63Y	F # 47	Female Senior 100 Breast	MSC-MR	8	---	1.70
26.49Y	F # 53	Female Senior 50 Free	MSC-MR	2	---	-0.06
2:23.87Y	F # 59	Female Senior 200 IM	MSC-MR	9	---	---
2:46.38Y	F # 69	Female Senior 200 Breast	MSC-MR	5	---	4.67
56.45Y	F # 97	Female Senior 100 Free	MSC-MR	1	---	-1.01
1:09.04Y	F # 103	Female Senior 100 Back	MSC-MR	8	---	-0.22
1:13.59Y	F # 109	Female Senior 100 Fly	MSC-MR	18	---	---
26.87Y	F # 115	200 Free Relay Lead Off	MSC-MR	---	---	0.32
Emily Cohen (7) F						
1:04.40Y	DQ	Female 8 & Under 50 Breast	MSC-MR	---	---	---
49.03Y	F # 51	Female 8 & Under 50 Free	MSC-MR	8	---	-1.61
1:00.00Y	F # 57	Female 8 & Under 50 Fly	MSC-MR	5	---	0.03
1:48.88Y	F # 95	Female 8 & Under 100 Free	MSC-MR	5	---	-1.07
56.69Y	F # 101	Female 8 & Under 50 Back	MSC-MR	6	---	2.04
2:00.13Y	F # 107	Female 8 & Under 100 IM	MSC-MR	4	---	-4.35
Jessica Cohen (9) F						
2:44.87Y	F # 7	Female 10 & Under 200 Free	MSC-MR	4	---	-0.45
45.99Y	F # 19	Female 9-10 50 Breast	MSC-MR	3	---	-3.63
35.23Y	F # 23	Female 9-10 50 Free	MSC-MR	5	---	-0.03
40.21Y	F # 29	Female 9-10 50 Fly	MSC-MR	2	---	0.54
1:32.93Y	F # 33	Female 9-10 100 Back	MSC-MR	5	---	0.13
1:36.97Y	F # 73	Female 9-10 100 Breast	MSC-MR	1	---	-4.66
1:13.53Y	F # 77	Female 9-10 100 Free	MSC-MR	5	---	-7.48
42.32Y	F # 81	Female 9-10 50 Back	MSC-MR	7	---	-1.56
1:32.84Y	F # 85	Female 9-10 100 Fly	MSC-MR	4	---	-4.56
1:26.39Y	F # 89	Female 9-10 100 IM	MSC-MR	4	---	-8.47
Danielle Connolly (11) F						
3:04.26Y	F # 3	Female 11-12 200 Free	MSC-MR	27	---	4.55
3:24.53Y	F # 11	Female 11-12 200 IM	MSC-MR	26	---	8.96
1:44.85Y	F # 17	Female 11-12 100 Breast	MSC-MR	34	---	-6.69
37.24Y	F # 21	Female 11-12 50 Free	MSC-MR	49	---	1.86
1:52.15Y	F # 27	Female 11-12 100 Fly	MSC-MR	25	---	4.77
41.43Y	F # 31	Female 11-12 50 Back	MSC-MR	26	---	2.07
1:39.30Y	F # 35	Female 11-12 100 IM	MSC-MR	37	---	8.63
48.98Y	F # 71	Female 11-12 50 Breast	MSC-MR	38	---	-2.43
1:20.99Y	F # 75	Female 11-12 100 Free	MSC-MR	40	---	-1.12
1:30.27Y	F # 79	Female 11-12 100 Back	MSC-MR	30	---	4.77
49.65Y	F # 87	Female 11-12 50 Fly	MSC-MR	40	---	5.07

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Fredrick Cruz (12) M						
2:37.17Y	F # 4	Male 11-12 200 Free	MSC-MR	8	---	-2.45
3:00.60Y	F # 12	Male 11-12 200 IM	MSC-MR	7	---	-0.69
7:07.81Y	F # 16	Male Senior 500 Free	MSC-MR	17	---	---
1:32.24Y	F # 18	Male 11-12 100 Breast	MSC-MR	7	---	2.53
35.18Y	F # 22	Male 11-12 50 Free	MSC-MR	23	---	0.40
1:40.26Y	DQ F # 28	Male 11-12 100 Fly	MSC-MR	---	---	---
43.35Y	F # 32	Male 11-12 50 Back	MSC-MR	18	---	-0.05
1:25.28Y	F # 36	Male 11-12 100 IM	MSC-MR	12	---	-0.80
43.07Y	F # 72	Male 11-12 50 Breast	MSC-MR	8	---	-0.61
1:16.30Y	F # 76	Male 11-12 100 Free	MSC-MR	20	---	-0.58
1:28.95Y	F # 80	Male 11-12 100 Back	MSC-MR	12	---	0.41
39.49Y	F # 88	Male 11-12 50 Fly	MSC-MR	12	---	-3.01
Jason Cruz (8) M						
3:08.03Y	F # 8	Male 10 & Under 200 Free	MSC-MR	10	---	-24.66
44.09Y	F # 46	Male 8 & Under 50 Breast	MSC-MR	2	---	-0.07
36.07Y	DQ F # 52	Male 8 & Under 50 Free	MSC-MR	---	---	---
45.08Y	F # 58	Male 8 & Under 50 Fly	MSC-MR	2	---	3.44
1:27.44Y	F # 96	Male 8 & Under 100 Free	MSC-MR	3	---	-1.81
44.99Y	F # 102	Male 8 & Under 50 Back	MSC-MR	2	---	-0.53
1:33.23Y	F # 108	Male 8 & Under 100 IM	MSC-MR	2	---	0.24
Ian DeLisio (17) M						
10:53.52Y	F # 2	Male Senior 1000 Free	MSC-MR	5	---	7.69
1:52.37Y	F # 10	Male Senior 200 Free	MSC-MR	6	---	-0.38
5:04.89Y	F # 16	Male Senior 500 Free	MSC-MR	6	---	-0.57
2:12.21Y	F # 26	Male Senior 200 Back	MSC-MR	9	---	2.11
4:27.48Y	F # 44	Male Senior 400 IM	MSC-MR	2	---	-2.36
1:05.80Y	F # 48	Male Senior 100 Breast	MSC-MR	7	---	0.35
24.58Y	F # 54	Male Senior 50 Free	MSC-MR	14	---	0.27
2:07.46Y	F # 60	Male Senior 200 IM	MSC-MR	6	---	4.97
2:23.19Y	F # 70	Male Senior 200 Breast	MSC-MR	6	---	3.83
2:06.28Y	F # 84	Male Senior 200 Fly	MSC-MR	2	---	3.31
52.38Y	F # 98	Male Senior 100 Free	MSC-MR	10	---	0.67
1:01.75Y	F # 104	Male Senior 100 Back	MSC-MR	11	---	3.07
57.24Y	F # 110	Male Senior 100 Fly	MSC-MR	3	---	2.17
Lukas Dempsey (16) M						
10:14.75Y	F # 2	Male Senior 1000 Free	MSC-MR	1	---	5.48
1:53.15Y	F # 10	Male Senior 200 Free	MSC-MR	7	---	1.39
5:00.71Y	F # 16	Male Senior 500 Free	MSC-MR	3	---	2.70
2:01.49Y	F # 26	Male Senior 200 Back	MSC-MR	2	---	4.73
4:27.91Y	F # 44	Male Senior 400 IM	MSC-MR	3	---	2.56
1:11.21Y	F # 48	Male Senior 100 Breast	MSC-MR	16	---	-2.46
24.53Y	F # 54	Male Senior 50 Free	MSC-MR	13	---	0.26
2:08.74Y	F # 60	Male Senior 200 IM	MSC-MR	9	---	1.12

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27.01Y	F # 66	200 Medley Relay Lead Off	MSC-MR	---	---	0.65
2:34.66Y	F # 70	Male Senior 200 Breast	MSC-MR	8	---	---
2:09.80Y	F # 84	Male Senior 200 Fly	MSC-MR	3	---	0.80
51.53Y	F # 98	Male Senior 100 Free	MSC-MR	7	---	0.20
56.53Y	F # 104	Male Senior 100 Back	MSC-MR	4	---	2.24
58.36Y	F # 110	Male Senior 100 Fly	MSC-MR	7	---	-0.06
Ajay Dogra (12) M						
2:55.87Y	F # 4	Male 11-12 200 Free	MSC-MR	12	---	1.94
3:24.09Y	F # 12	Male 11-12 200 IM	MSC-MR	12	---	---
1:54.96Y	F # 18	Male 11-12 100 Breast	MSC-MR	19	---	---
37.60Y	F # 22	Male 11-12 50 Free	MSC-MR	26	---	---
1:48.82Y	F # 28	Male 11-12 100 Fly	MSC-MR	13	---	-2.58
46.17Y	F # 32	Male 11-12 50 Back	MSC-MR	20	---	0.84
1:38.81Y	F # 36	Male 11-12 100 IM	MSC-MR	19	---	-2.63
53.15Y	F # 72	Male 11-12 50 Breast	MSC-MR	18	---	-2.77
1:22.37Y	F # 76	Male 11-12 100 Free	MSC-MR	24	---	1.51
1:40.09Y	F # 80	Male 11-12 100 Back	MSC-MR	19	---	-8.04
45.83Y	F # 88	Male 11-12 50 Fly	MSC-MR	17	---	-3.37
Ina Elcott (11) F						
2:25.03Y	F # 3	Female 11-12 200 Free	MSC-MR	12	---	-1.85
2:37.61Y	F # 11	Female 11-12 200 IM	MSC-MR	4	---	-1.66
1:24.40Y	F # 17	Female 11-12 100 Breast	MSC-MR	6	---	-0.08
29.41Y	F # 21	Female 11-12 50 Free	MSC-MR	8	---	-0.56
1:15.19Y	F # 27	Female 11-12 100 Fly	MSC-MR	5	---	0.69
33.59Y	F # 31	Female 11-12 50 Back	MSC-MR	5	---	-0.61
1:13.63Y	F # 35	Female 11-12 100 IM	MSC-MR	5	---	-0.68
33.97Y	F # 39	200 Medley Relay Lead Off	MSC-MR	---	---	-0.23
3:02.65Y	F # 69	Female Senior 200 Breast	MSC-MR	15	---	---
39.62Y	F # 71	Female 11-12 50 Breast	MSC-MR	7	---	1.81
1:06.47Y	F # 75	Female 11-12 100 Free	MSC-MR	16	---	0.57
1:12.51Y	F # 79	Female 11-12 100 Back	MSC-MR	6	---	-1.39
32.41Y	F # 87	Female 11-12 50 Fly	MSC-MR	4	---	-0.45
29.44Y	F # 91	200 Free Relay Lead Off	MSC-MR	---	---	-0.53
Malia Frederickson (16) F						
2:17.67Y	F # 9	Female Senior 200 Free	MSC-MR	20	---	---
6:10.55Y	F # 15	Female Senior 500 Free	MSC-MR	23	---	---
NS	F # 25	Female Senior 200 Back	MSC-MR	---	---	---
5:39.95Y	F # 43	Female Senior 400 IM	MSC-MR	15	---	---
1:25.75Y	F # 47	Female Senior 100 Breast	MSC-MR	30	---	---
29.64Y	F # 53	Female Senior 50 Free	MSC-MR	27	---	---
2:39.62Y	F # 59	Female Senior 200 IM	MSC-MR	29	---	---
3:02.74Y	F # 69	Female Senior 200 Breast	MSC-MR	16	---	---
2:53.97Y	F # 83	Female Senior 200 Fly	MSC-MR	16	---	---
1:03.53Y	F # 97	Female Senior 100 Free	MSC-MR	22	---	---

MARIST SWIM CLUB
Marist College, Poughkeepsie, NY

Individual Meet Results

2009 MR Marist Swim Club Holiday Invitational 11-Dec-09 to 13-Dec-09 Yards

Location: Poughkeepsie

Time	F/P/S	Event		Place	Points	Improv
1:18.00Y	F # 103	Female Senior 100 Back	MSC-MR	24	---	---
1:14.92Y	F # 109	Female Senior 100 Fly	MSC-MR	19	---	---
Samantha Granan (16) F						
2:04.25Y	F # 9	Female Senior 200 Free	MSC-MR	4	---	1.49
5:29.99Y	F # 15	Female Senior 500 Free	MSC-MR	3	---	-1.62
2:23.99Y	F # 25	Female Senior 200 Back	MSC-MR	4	---	-1.56
4:56.80Y	F # 43	Female Senior 400 IM	MSC-MR	3	---	-5.47
1:11.38Y	F # 47	Female Senior 100 Breast	MSC-MR	3	---	1.31
27.08Y	F # 53	Female Senior 50 Free	MSC-MR	6	---	0.18
2:17.94Y	F # 59	Female Senior 200 IM	MSC-MR	1	---	0.84
2:37.86Y	F # 69	Female Senior 200 Breast	MSC-MR	1	---	2.54
2:28.81Y	F # 83	Female Senior 200 Fly	MSC-MR	7	---	---
58.20Y	F # 97	Female Senior 100 Free	MSC-MR	8	---	0.37
1:09.64Y	F # 103	Female Senior 100 Back	MSC-MR	9	---	2.65
1:06.33Y	F # 109	Female Senior 100 Fly	MSC-MR	5	---	2.51
Brandon Heitmann (16) M						
2:36.63Y	F # 26	Male Senior 200 Back	MSC-MR	16	---	---
5:37.53Y	F # 44	Male Senior 400 IM	MSC-MR	10	---	5.55
1:15.34Y	F # 48	Male Senior 100 Breast	MSC-MR	20	---	-1.13
27.56Y	F # 54	Male Senior 50 Free	MSC-MR	37	---	-0.52
2:34.47Y	F # 60	Male Senior 200 IM	MSC-MR	35	---	2.06
2:47.68Y	F # 70	Male Senior 200 Breast	MSC-MR	16	---	1.41
2:58.15Y	F # 84	Male Senior 200 Fly	MSC-MR	17	---	-1.97
1:01.28Y	F # 98	Male Senior 100 Free	MSC-MR	34	---	0.55
1:14.24Y	F # 104	Male Senior 100 Back	MSC-MR	29	---	1.72
1:15.74Y	F # 110	Male Senior 100 Fly	MSC-MR	33	---	0.98
Tyler Heitmann (14) M						
5:21.98Y	F # 42	Male 13-14 400 IM	MSC-MR	7	---	-1.00
1:22.99Y	F # 50	Male 13-14 100 Breast	MSC-MR	16	---	2.79
DQ	F # 56	Male 13-14 50 Free	MSC-MR	---	---	---
2:30.92Y	F # 62	Male 13-14 200 IM	MSC-MR	9	---	0.39
1:00.19Y	F # 100	Male 13-14 100 Free	MSC-MR	9	---	0.11
1:08.37Y	F # 106	Male 13-14 100 Back	MSC-MR	8	---	-2.52
1:14.20Y	F # 112	Male 13-14 100 Fly	MSC-MR	12	---	3.59
Shekinah Hoffman (16) F						
11:30.49Y	F # 1	Female Senior 1000 Free	MSC-MR	3	---	---
2:04.68Y	F # 9	Female Senior 200 Free	MSC-MR	6	---	2.43
5:29.86Y	F # 15	Female Senior 500 Free	MSC-MR	2	---	-1.59
2:28.69Y	F # 25	Female Senior 200 Back	MSC-MR	13	---	-1.83
4:58.94Y	F # 43	Female Senior 400 IM	MSC-MR	4	---	7.03
1:17.75Y	F # 47	Female Senior 100 Breast	MSC-MR	13	---	3.11
26.60Y	F # 53	Female Senior 50 Free	MSC-MR	3	---	0.88
2:19.00Y	F # 59	Female Senior 200 IM	MSC-MR	3	---	2.28
2:17.14Y	F # 83	Female Senior 200 Fly	MSC-MR	2	---	0.23

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2009 MR Marist Swim Club Holiday Invitational 11-Dec-09 to 13-Dec-09 Yards

Location: Poughkeepsie

Time	F/P/S	Event		Place	Points	Improv
56.77Y	F # 97	Female Senior 100 Free	MSC-MR	3	---	0.60
1:10.92Y	F # 103	Female Senior 100 Back	MSC-MR	12	---	0.55
1:01.36Y	F # 109	Female Senior 100 Fly	MSC-MR	1	---	1.47
Chloe Jackson (11) F						
2:24.75Y	F # 3	Female 11-12 200 Free	MSC-MR	11	---	-2.32
2:47.05Y	F # 11	Female 11-12 200 IM	MSC-MR	10	---	2.85
6:48.41Y	F # 15	Female Senior 500 Free	MSC-MR	29	---	---
1:20.33Y	F # 17	Female 11-12 100 Breast	MSC-MR	3	---	-1.51
29.29Y	F # 21	Female 11-12 50 Free	MSC-MR	7	---	-0.02
1:27.01Y	F # 27	Female 11-12 100 Fly	MSC-MR	13	---	3.30
35.62Y	F # 31	Female 11-12 50 Back	MSC-MR	11	---	-1.55
1:17.23Y	F # 35	Female 11-12 100 IM	MSC-MR	14	---	-0.22
2:56.78Y	F # 69	Female Senior 200 Breast	MSC-MR	11	---	-8.02
39.42Y	F # 71	Female 11-12 50 Breast	MSC-MR	6	---	2.66
1:06.05Y	F # 75	Female 11-12 100 Free	MSC-MR	12	---	-0.98
1:17.46Y	F # 79	Female 11-12 100 Back	MSC-MR	11	---	-1.41
36.62Y	F # 87	Female 11-12 50 Fly	MSC-MR	18	---	-2.42
EllaBlue Jackson (7) F						
1:11.05Y	DQ	F # 45 Female 8 & Under 50 Breast	MSC-MR	---	---	---
57.91Y	F # 51	Female 8 & Under 50 Free	MSC-MR	15	---	-6.48
59.28Y	F # 101	Female 8 & Under 50 Back	MSC-MR	7	---	-2.78
Athar Khan (11) M						
2:44.10Y	F # 4	Male 11-12 200 Free	MSC-MR	10	---	-6.68
3:07.23Y	F # 12	Male 11-12 200 IM	MSC-MR	9	---	5.11
1:43.29Y	F # 18	Male 11-12 100 Breast	MSC-MR	15	---	2.86
35.00Y	F # 22	Male 11-12 50 Free	MSC-MR	21	---	0.69
1:30.10Y	F # 28	Male 11-12 100 Fly	MSC-MR	8	---	4.99
43.10Y	F # 32	Male 11-12 50 Back	MSC-MR	17	---	-1.31
1:27.32Y	F # 36	Male 11-12 100 IM	MSC-MR	14	---	1.11
44.52Y	F # 72	Male 11-12 50 Breast	MSC-MR	11	---	-1.52
1:15.49Y	F # 76	Male 11-12 100 Free	MSC-MR	19	---	0.46
1:32.27Y	F # 80	Male 11-12 100 Back	MSC-MR	16	---	1.88
37.77Y	F # 88	Male 11-12 50 Fly	MSC-MR	8	---	0.42
Olivia Krug (10) F						
2:40.42Y	F # 7	Female 10 & Under 200 Free	MSC-MR	2	---	-0.88
45.55Y	F # 19	Female 9-10 50 Breast	MSC-MR	2	---	2.71
33.94Y	F # 23	Female 9-10 50 Free	MSC-MR	2	---	0.85
41.09Y	F # 29	Female 9-10 50 Fly	MSC-MR	3	---	-0.27
1:25.78Y	F # 33	Female 9-10 100 Back	MSC-MR	2	---	-0.60
39.84Y	F # 37	200 Medley Relay Lead Off	MSC-MR	---	---	-2.35
1:37.09Y	F # 73	Female 9-10 100 Breast	MSC-MR	2	---	2.20
1:13.25Y	F # 77	Female 9-10 100 Free	MSC-MR	3	---	0.51
39.94Y	F # 81	Female 9-10 50 Back	MSC-MR	4	---	-2.25
1:28.31Y	F # 85	Female 9-10 100 Fly	MSC-MR	1	---	-1.09

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Individual Meet Results

2009 MR Marist Swim Club Holiday Invitational 11-Dec-09 to 13-Dec-09 Yards

Location: Poughkeepsie

Time	F/P/S	Event		Place	Points	Improv
1:24.98Y	F # 89	Female 9-10 100 IM	MSC-MR	2	---	0.67
33.03Y	F # 93	200 Free Relay Lead Off	MSC-MR	---	---	-0.06
Erin LaPerche (13) F						
2:28.97Y	F # 5	Female 13-14 200 Free	MSC-MR	16	---	2.78
6:34.41Y	F # 13	Female 13-14 500 Free	MSC-MR	12	---	-2.77
5:48.70Y	F # 41	Female 13-14 400 IM	MSC-MR	7	---	-5.35
1:27.30Y	F # 49	Female 13-14 100 Breast	MSC-MR	20	---	-0.40
32.65Y	F # 55	Female 13-14 50 Free	MSC-MR	30	---	0.89
2:47.55Y DQ	F # 61	Female 13-14 200 IM	MSC-MR	---	---	---
1:08.81Y	F # 99	Female 13-14 100 Free	MSC-MR	22	---	-0.22
1:16.77Y	F # 105	Female 13-14 100 Back	MSC-MR	17	---	-1.70
1:20.04Y	F # 111	Female 13-14 100 Fly	MSC-MR	16	---	1.23
Carl LaRue (6) M						
59.12Y	F # 46	Male 8 & Under 50 Breast	MSC-MR	7	---	-0.25
49.85Y	F # 52	Male 8 & Under 50 Free	MSC-MR	14	---	-3.82
1:02.01Y	F # 58	Male 8 & Under 50 Fly	MSC-MR	9	---	-17.00
1:55.80Y	F # 96	Male 8 & Under 100 Free	MSC-MR	9	---	-4.86
59.54Y	F # 102	Male 8 & Under 50 Back	MSC-MR	10	---	-1.34
2:01.58Y	F # 108	Male 8 & Under 100 IM	MSC-MR	5	---	-8.12
Jessie LaRue (8) F						
47.81Y	F # 45	Female 8 & Under 50 Breast	MSC-MR	1	---	0.31
37.22Y	F # 51	Female 8 & Under 50 Free	MSC-MR	1	---	1.20
45.84Y	F # 57	Female 8 & Under 50 Fly	MSC-MR	1	---	2.30
1:28.46Y	F # 95	Female 8 & Under 100 Free	MSC-MR	1	---	6.42
43.78Y	F # 101	Female 8 & Under 50 Back	MSC-MR	1	---	0.50
1:34.58Y	F # 107	Female 8 & Under 100 IM	MSC-MR	1	---	3.80
Paul LaRue (12) M						
11:44.78Y	F # 2	Male Senior 1000 Free	MSC-MR	13	---	---
1:12.17Y	F # 18	Male 11-12 100 Breast	MSC-MR	1	---	-0.80
26.85Y	F # 22	Male 11-12 50 Free	MSC-MR	3	---	-0.60
1:08.01Y	F # 28	Male 11-12 100 Fly	MSC-MR	2	---	0.26
31.24Y	F # 32	Male 11-12 50 Back	MSC-MR	3	---	-0.34
1:05.09Y	F # 36	Male 11-12 100 IM	MSC-MR	2	---	-0.90
5:02.72Y	F # 44	Male Senior 400 IM	MSC-MR	8	---	-62.92
34.45Y	F # 72	Male 11-12 50 Breast	MSC-MR	1	---	---
58.46Y	F # 76	Male 11-12 100 Free	MSC-MR	2	---	-0.59
1:06.57Y	F # 80	Male 11-12 100 Back	MSC-MR	2	---	0.61
29.91Y	F # 88	Male 11-12 50 Fly	MSC-MR	2	---	-0.52
Craig Leslie (11) M						
2:56.14Y	F # 4	Male 11-12 200 Free	MSC-MR	13	---	-5.90
3:17.92Y	F # 12	Male 11-12 200 IM	MSC-MR	11	---	0.29
1:43.79Y	F # 18	Male 11-12 100 Breast	MSC-MR	16	---	-3.92
36.04Y	F # 22	Male 11-12 50 Free	MSC-MR	25	---	-1.07
1:47.54Y	F # 28	Male 11-12 100 Fly	MSC-MR	12	---	-11.98

MARIST SWIM CLUB
Marist College, Poughkeepsie, NY

Individual Meet Results

2009 MR Marist Swim Club Holiday Invitational 11-Dec-09 to 13-Dec-09 Yards

Location: Poughkeepsie

Time	F/P/S	Event		Place	Points	Improv
42.48Y	F # 32	Male 11-12 50 Back	MSC-MR	16	---	-0.05
1:35.72Y	F # 36	Male 11-12 100 IM	MSC-MR	18	---	2.56
49.38Y	F # 72	Male 11-12 50 Breast	MSC-MR	17	---	0.06
1:20.15Y	F # 76	Male 11-12 100 Free	MSC-MR	22	---	-7.59
1:29.04Y	F # 80	Male 11-12 100 Back	MSC-MR	13	---	-3.51
47.31Y	F # 88	Male 11-12 50 Fly	MSC-MR	19	---	0.92
Heather Leslie (12) F						
2:51.48Y	F # 3	Female 11-12 200 Free	MSC-MR	25	---	0.48
2:58.70Y	F # 11	Female 11-12 200 IM	MSC-MR	16	---	-3.55
7:25.72Y	F # 15	Female Senior 500 Free	MSC-MR	31	---	---
1:30.13Y	F # 17	Female 11-12 100 Breast	MSC-MR	14	---	-2.92
34.39Y	F # 21	Female 11-12 50 Free	MSC-MR	32	---	0.12
1:36.85Y	F # 27	Female 11-12 100 Fly	MSC-MR	18	---	3.45
41.51Y	F # 31	Female 11-12 50 Back	MSC-MR	27	---	1.86
1:28.35Y	F # 35	Female 11-12 100 IM	MSC-MR	29	---	6.22
3:13.86Y	F # 69	Female Senior 200 Breast	MSC-MR	18	---	---
42.49Y	F # 71	Female 11-12 50 Breast	MSC-MR	15	---	0.23
1:18.40Y	F # 75	Female 11-12 100 Free	MSC-MR	38	---	1.30
1:24.29Y	F # 79	Female 11-12 100 Back	MSC-MR	21	---	3.31
41.29Y	F # 87	Female 11-12 50 Fly	MSC-MR	27	---	1.68
Kelly Levine (16) F						
12:09.41Y	F # 1	Female Senior 1000 Free	MSC-MR	10	---	24.54
2:11.26Y	F # 9	Female Senior 200 Free	MSC-MR	12	---	6.47
2:28.12Y	F # 25	Female Senior 200 Back	MSC-MR	11	---	6.47
5:16.16Y	F # 43	Female Senior 400 IM	MSC-MR	10	---	8.47
1:24.17Y	F # 47	Female Senior 100 Breast	MSC-MR	26	---	1.98
29.18Y	F # 53	Female Senior 50 Free	MSC-MR	22	---	1.71
2:31.50Y	F # 59	Female Senior 200 IM	MSC-MR	21	---	11.33
3:01.66Y	F # 69	Female Senior 200 Breast	MSC-MR	14	---	2.73
2:36.28Y	F # 83	Female Senior 200 Fly	MSC-MR	8	---	0.77
1:01.93Y	F # 97	Female Senior 100 Free	MSC-MR	18	---	3.79
1:11.29Y	F # 103	Female Senior 100 Back	MSC-MR	13	---	4.74
1:09.56Y	F # 109	Female Senior 100 Fly	MSC-MR	11	---	3.26
Emily Lewis (12) F						
12:43.55Y	F # 1	Female Senior 1000 Free	MSC-MR	13	---	---
2:20.02Y	F # 3	Female 11-12 200 Free	MSC-MR	8	---	-3.07
2:42.43Y	F # 11	Female 11-12 200 IM	MSC-MR	6	---	1.25
1:27.53Y	F # 17	Female 11-12 100 Breast	MSC-MR	11	---	2.45
31.29Y	F # 21	Female 11-12 50 Free	MSC-MR	21	---	0.90
1:15.40Y	F # 27	Female 11-12 100 Fly	MSC-MR	6	---	-1.19
37.47Y	F # 31	Female 11-12 50 Back	MSC-MR	17	---	0.02
1:18.49Y	F # 35	Female 11-12 100 IM	MSC-MR	16	---	2.54
41.13Y	F # 71	Female 11-12 50 Breast	MSC-MR	13	---	-0.41
1:05.71Y	F # 75	Female 11-12 100 Free	MSC-MR	9	---	0.07

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Location: Poughkeepsie

Time	F/P/S	Event		Place	Points	Improv
1:17.86Y	F # 79	Female 11-12 100 Back	MSC-MR	12	---	-0.11
2:47.27Y	F # 83	Female Senior 200 Fly	MSC-MR	13	---	---
34.83Y	F # 87	Female 11-12 50 Fly	MSC-MR	12	---	0.12
William Lewis (11) M						
2:40.15Y	F # 4	Male 11-12 200 Free	MSC-MR	9	---	-6.99
3:08.24Y DQ	F # 12	Male 11-12 200 IM	MSC-MR	---	---	---
1:37.22Y	F # 18	Male 11-12 100 Breast	MSC-MR	12	---	-7.78
34.48Y	F # 22	Male 11-12 50 Free	MSC-MR	19	---	-1.22
1:44.09Y DQ	F # 28	Male 11-12 100 Fly	MSC-MR	---	---	---
39.72Y	F # 32	Male 11-12 50 Back	MSC-MR	11	---	-2.42
1:28.60Y	F # 36	Male 11-12 100 IM	MSC-MR	15	---	-2.70
47.18Y	F # 72	Male 11-12 50 Breast	MSC-MR	13	---	0.87
1:15.48Y	F # 76	Male 11-12 100 Free	MSC-MR	18	---	-1.42
1:24.33Y	F # 80	Male 11-12 100 Back	MSC-MR	11	---	-5.25
46.29Y	F # 88	Male 11-12 50 Fly	MSC-MR	18	---	-2.54
35.80Y	F # 92	200 Free Relay Lead Off	MSC-MR	---	---	0.10
Michael Linarello (11) M						
3:03.53Y	F # 4	Male 11-12 200 Free	MSC-MR	14	---	-4.82
3:40.54Y	F # 12	Male 11-12 200 IM	MSC-MR	13	---	---
1:49.05Y DQ	F # 18	Male 11-12 100 Breast	MSC-MR	---	---	---
34.71Y	F # 22	Male 11-12 50 Free	MSC-MR	20	---	-0.50
2:07.69Y DQ	F # 28	Male 11-12 100 Fly	MSC-MR	---	---	---
47.29Y DQ	F # 32	Male 11-12 50 Back	MSC-MR	---	---	---
1:35.47Y	F # 36	Male 11-12 100 IM	MSC-MR	17	---	---
48.95Y	F # 72	Male 11-12 50 Breast	MSC-MR	15	---	-0.31
1:22.13Y	F # 76	Male 11-12 100 Free	MSC-MR	23	---	---
1:50.39Y DQ	F # 80	Male 11-12 100 Back	MSC-MR	---	---	---
54.16Y	F # 88	Male 11-12 50 Fly	MSC-MR	22	---	-1.50
Emily Long (11) F						
2:04.17Y	F # 17	Female 11-12 100 Breast	MSC-MR	41	---	-7.85
43.18Y	F # 21	Female 11-12 50 Free	MSC-MR	58	---	2.90
51.22Y DQ	F # 31	Female 11-12 50 Back	MSC-MR	---	---	---
54.08Y	F # 71	Female 11-12 50 Breast	MSC-MR	41	---	-0.20
1:36.16Y	F # 75	Female 11-12 100 Free	MSC-MR	57	---	-7.82
1:54.98Y	F # 79	Female 11-12 100 Back	MSC-MR	40	---	-2.16
Lucy Long (10) F						
58.52Y	F # 19	Female 9-10 50 Breast	MSC-MR	22	---	-4.33
45.95Y	F # 23	Female 9-10 50 Free	MSC-MR	34	---	0.30
1:11.25Y	F # 29	Female 9-10 50 Fly	MSC-MR	24	---	---
1:36.92Y	F # 77	Female 9-10 100 Free	MSC-MR	29	---	-3.74
46.27Y	F # 81	Female 9-10 50 Back	MSC-MR	18	---	-0.46
Lizzie Lyons (6) F						
1:03.22Y	F # 51	Female 8 & Under 50 Free	MSC-MR	19	---	---
Alex Marte-Aqeel (10) F						
55.77Y DQ	F # 19	Female 9-10 50 Breast	MSC-MR	---	---	---

MARIST SWIM CLUB
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2009 MR Marist Swim Club Holiday Invitational 11-Dec-09 to 13-Dec-09 Yards

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Time	F/P/S	Event		Place	Points	Improv
48.27Y	F # 23	Female 9-10 50 Free	MSC-MR	37	---	-0.64
1:03.63Y DQ	F # 29	Female 9-10 50 Fly	MSC-MR	---	---	---
2:12.25Y DQ	F # 33	Female 9-10 100 Back	MSC-MR	---	---	---
2:08.80Y	F # 73	Female 9-10 100 Breast	MSC-MR	11	---	-2.26
1:47.75Y	F # 77	Female 9-10 100 Free	MSC-MR	34	---	-5.37
59.14Y	F # 81	Female 9-10 50 Back	MSC-MR	38	---	-7.20
Nina McAdoo (8) F						
NS	F # 51	Female 8 & Under 50 Free	MSC-MR	---	---	---
Mike Meck (17) M						
10:57.32Y	F # 2	Male Senior 1000 Free	MSC-MR	7	---	4.80
1:51.72Y	F # 10	Male Senior 200 Free	MSC-MR	4	---	-0.49
5:15.68Y	F # 16	Male Senior 500 Free	MSC-MR	7	---	6.95
2:06.11Y	F # 26	Male Senior 200 Back	MSC-MR	5	---	0.07
4:32.33Y	F # 44	Male Senior 400 IM	MSC-MR	4	---	12.15
1:02.83Y	F # 48	Male Senior 100 Breast	MSC-MR	4	---	3.66
23.89Y	F # 54	Male Senior 50 Free	MSC-MR	8	---	0.56
2:06.38Y	F # 60	Male Senior 200 IM	MSC-MR	4	---	5.40
2:16.04Y	F # 70	Male Senior 200 Breast	MSC-MR	1	---	7.39
2:18.90Y	F # 84	Male Senior 200 Fly	MSC-MR	6	---	7.44
51.18Y	F # 98	Male Senior 100 Free	MSC-MR	6	---	0.77
58.80Y	F # 104	Male Senior 100 Back	MSC-MR	9	---	-0.59
1:00.41Y	F # 110	Male Senior 100 Fly	MSC-MR	13	---	1.77
23.78Y	F # 116	200 Free Relay Lead Off	MSC-MR	---	---	0.45
Brenna Munz (17) F						
11:54.23Y	F # 1	Female Senior 1000 Free	MSC-MR	8	---	38.54
2:11.22Y	F # 9	Female Senior 200 Free	MSC-MR	11	---	10.03
5:47.26Y	F # 15	Female Senior 500 Free	MSC-MR	9	---	27.07
2:27.21Y	F # 25	Female Senior 200 Back	MSC-MR	9	---	9.36
5:16.16Y	F # 43	Female Senior 400 IM	MSC-MR	10	---	22.27
1:20.55Y	F # 47	Female Senior 100 Breast	MSC-MR	16	---	2.09
28.79Y	F # 53	Female Senior 50 Free	MSC-MR	17	---	2.18
2:32.24Y	F # 59	Female Senior 200 IM	MSC-MR	22	---	12.17
2:51.45Y	F # 69	Female Senior 200 Breast	MSC-MR	8	---	4.56
2:43.80Y	F # 83	Female Senior 200 Fly	MSC-MR	11	---	3.00
1:04.09Y	F # 97	Female Senior 100 Free	MSC-MR	24	---	7.28
1:12.02Y	F # 103	Female Senior 100 Back	MSC-MR	15	---	6.26
1:18.16Y DQ	F # 109	Female Senior 100 Fly	MSC-MR	---	---	---
Thomas Noller (16) M						
10:54.14Y	F # 2	Male Senior 1000 Free	MSC-MR	6	---	-10.84
1:59.00Y	F # 10	Male Senior 200 Free	MSC-MR	14	---	4.23
5:17.85Y	F # 16	Male Senior 500 Free	MSC-MR	9	---	2.01
2:26.43Y	F # 70	Male Senior 200 Breast	MSC-MR	7	---	1.03
2:21.36Y	F # 84	Male Senior 200 Fly	MSC-MR	9	---	-2.40
56.49Y	F # 98	Male Senior 100 Free	MSC-MR	22	---	2.54

MARIST SWIM CLUB
Marist College, Poughkeepsie, NY

Individual Meet Results

2009 MR Marist Swim Club Holiday Invitational 11-Dec-09 to 13-Dec-09 Yards

Location: Poughkeepsie

Time	F/P/S	Event		Place	Points	Improv
1:09.62Y	F # 104	Male Senior 100 Back	MSC-MR	22	---	1.21
1:02.64Y	F # 110	Male Senior 100 Fly	MSC-MR	19	---	0.19
Gabby Nunez (7) F						
1:03.15Y	F # 51	Female 8 & Under 50 Free	MSC-MR	18	---	---
1:06.56Y	F # 101	Female 8 & Under 50 Back	MSC-MR	11	---	---
52.07Y	F # 113	100 Free Relay Lead Off	MSC-MR	---	---	---
Naomi Nunez (14) F						
12:37.83Y	F # 1	Female Senior 1000 Free	MSC-MR	12	---	-37.71
2:16.66Y	F # 5	Female 13-14 200 Free	MSC-MR	8	---	-3.56
6:13.78Y	F # 13	Female 13-14 500 Free	MSC-MR	8	---	1.94
5:34.91Y	F # 41	Female 13-14 400 IM	MSC-MR	4	---	6.16
1:26.35Y	F # 49	Female 13-14 100 Breast	MSC-MR	18	---	2.25
29.46Y	F # 55	Female 13-14 50 Free	MSC-MR	15	---	1.04
2:34.76Y	F # 61	Female 13-14 200 IM	MSC-MR	5	---	-3.08
32.42Y	F # 67	200 Medley Relay Lead Off	MSC-MR	---	---	0.50
1:04.48Y	F # 99	Female 13-14 100 Free	MSC-MR	14	---	2.05
1:09.67Y	F # 105	Female 13-14 100 Back	MSC-MR	4	---	-1.65
1:14.29Y	F # 111	Female 13-14 100 Fly	MSC-MR	7	---	3.22
29.42Y	F # 117	200 Free Relay Lead Off	MSC-MR	---	---	1.00
Julia Quezada (5) F						
59.98Y	F # 51	Female 8 & Under 50 Free	MSC-MR	16	---	-38.07
1:06.98Y	F # 101	Female 8 & Under 50 Back	MSC-MR	12	---	-8.25
Emma Reining (11) F						
2:41.83Y	F # 3	Female 11-12 200 Free	MSC-MR	18	---	0.30
3:01.10Y	F # 11	Female 11-12 200 IM	MSC-MR	17	---	-5.16
1:40.76Y	F # 17	Female 11-12 100 Breast	MSC-MR	30	---	-3.27
31.82Y	F # 21	Female 11-12 50 Free	MSC-MR	24	---	-2.90
1:43.25Y	F # 27	Female 11-12 100 Fly	MSC-MR	23	---	0.53
36.74Y	F # 31	Female 11-12 50 Back	MSC-MR	15	---	-2.65
1:25.18Y	F # 35	Female 11-12 100 IM	MSC-MR	24	---	1.79
38.40Y	F # 39	200 Medley Relay Lead Off	MSC-MR	---	---	-0.99
45.94Y	F # 71	Female 11-12 50 Breast	MSC-MR	27	---	-0.63
1:14.98Y	F # 75	Female 11-12 100 Free	MSC-MR	31	---	-0.46
1:21.78Y	F # 79	Female 11-12 100 Back	MSC-MR	18	---	-3.24
40.26Y	F # 87	Female 11-12 50 Fly	MSC-MR	22	---	-1.22
35.00Y	F # 91	200 Free Relay Lead Off	MSC-MR	---	---	0.28
Robert Reining (8) M						
1:00.60Y	DQ	Male 8 & Under 50 Breast	MSC-MR	---	---	---
49.07Y	F # 52	Male 8 & Under 50 Free	MSC-MR	13	---	1.07
57.97Y	F # 58	Male 8 & Under 50 Fly	MSC-MR	8	---	-6.41
1:20.70Y	F # 64	100 Medley Relay Lead Off	MSC-MR	---	---	54.95
1:40.00Y	F # 96	Male 8 & Under 100 Free	MSC-MR	6	---	-1.25
52.61Y	F # 102	Male 8 & Under 50 Back	MSC-MR	6	---	-4.17
1:50.96Y	F # 108	Male 8 & Under 100 IM	MSC-MR	3	---	-10.92

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Time	F/P/S	Event		Place	Points	Improv
Christina Rodriguez (12) F						
3:05.78Y	F # 3	Female 11-12 200 Free	MSC-MR	28	---	4.80
3:14.74Y DQ	F # 11	Female 11-12 200 IM	MSC-MR	---	---	---
1:40.16Y	F # 17	Female 11-12 100 Breast	MSC-MR	29	---	-2.40
37.04Y	F # 21	Female 11-12 50 Free	MSC-MR	46	---	2.36
1:40.54Y	F # 27	Female 11-12 100 Fly	MSC-MR	20	---	-4.59
43.59Y	F # 31	Female 11-12 50 Back	MSC-MR	32	---	0.14
1:33.39Y	F # 35	Female 11-12 100 IM	MSC-MR	34	---	5.02
46.29Y	F # 71	Female 11-12 50 Breast	MSC-MR	30	---	1.67
1:25.27Y	F # 75	Female 11-12 100 Free	MSC-MR	50	---	2.39
1:34.73Y	F # 79	Female 11-12 100 Back	MSC-MR	33	---	1.58
44.35Y	F # 87	Female 11-12 50 Fly	MSC-MR	34	---	-2.02
Matthew Rodriguez (13) M						
2:19.16Y	F # 6	Male 13-14 200 Free	MSC-MR	9	---	4.20
6:05.41Y	F # 14	Male 13-14 500 Free	MSC-MR	9	---	2.03
5:19.47Y	F # 42	Male 13-14 400 IM	MSC-MR	5	---	-2.80
1:17.19Y	F # 50	Male 13-14 100 Breast	MSC-MR	9	---	-1.03
28.59Y	F # 56	Male 13-14 50 Free	MSC-MR	14	---	0.29
2:31.62Y	F # 62	Male 13-14 200 IM	MSC-MR	11	---	-3.17
1:03.83Y	F # 100	Male 13-14 100 Free	MSC-MR	15	---	0.59
1:12.85Y	F # 106	Male 13-14 100 Back	MSC-MR	10	---	-0.49
1:15.59Y	F # 112	Male 13-14 100 Fly	MSC-MR	15	---	3.31
Andrew Ruan (8) M						
1:49.05Y DQ	F # 46	Male 8 & Under 50 Breast	MSC-MR	---	---	---
1:07.29Y	F # 52	Male 8 & Under 50 Free	MSC-MR	20	---	---
2:41.73Y	F # 96	Male 8 & Under 100 Free	MSC-MR	10	---	---
1:06.40Y	F # 102	Male 8 & Under 50 Back	MSC-MR	14	---	---
Jason Ruddy (16) M						
10:28.01Y	F # 2	Male Senior 1000 Free	MSC-MR	2	---	-15.38
1:47.06Y	F # 10	Male Senior 200 Free	MSC-MR	1	---	0.78
4:53.90Y	F # 16	Male Senior 500 Free	MSC-MR	1	---	-2.18
2:00.79Y	F # 26	Male Senior 200 Back	MSC-MR	1	---	0.18
4:23.14Y	F # 44	Male Senior 400 IM	MSC-MR	1	---	-1.93
1:06.48Y	F # 48	Male Senior 100 Breast	MSC-MR	8	---	-0.18
23.45Y	F # 54	Male Senior 50 Free	MSC-MR	4	---	0.15
2:02.50Y	F # 60	Male Senior 200 IM	MSC-MR	2	---	-1.39
2:34.74Y	F # 70	Male Senior 200 Breast	MSC-MR	9	---	3.38
1:57.42Y	F # 84	Male Senior 200 Fly	MSC-MR	1	---	-0.55
49.39Y	F # 98	Male Senior 100 Free	MSC-MR	3	---	0.49
56.45Y	F # 104	Male Senior 100 Back	MSC-MR	3	---	0.53
53.22Y	F # 110	Male Senior 100 Fly	MSC-MR	1	---	1.29
Justina Sargios (9) F						
3:46.21Y	F # 7	Female 10 & Under 200 Free	MSC-MR	15	---	9.19
55.67Y	F # 19	Female 9-10 50 Breast	MSC-MR	18	---	6.06

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2009 MR Marist Swim Club Holiday Invitational 11-Dec-09 to 13-Dec-09 Yards

Location: Poughkeepsie

Time	F/P/S	Event		Place	Points	Improv
47.13Y	F # 23	Female 9-10 50 Free	MSC-MR	35	---	2.67
56.22Y	F # 29	Female 9-10 50 Fly	MSC-MR	21	---	-8.90
1:47.56Y	F # 33	Female 9-10 100 Back	MSC-MR	20	---	4.41
Mariette Sargios (11) F						
3:14.87Y	F # 3	Female 11-12 200 Free	MSC-MR	31	---	1.09
3:34.69Y	F # 11	Female 11-12 200 IM	MSC-MR	28	---	-7.43
1:51.73Y	F # 17	Female 11-12 100 Breast	MSC-MR	38	---	-3.16
38.98Y	F # 21	Female 11-12 50 Free	MSC-MR	53	---	0.26
1:57.08Y	F # 27	Female 11-12 100 Fly	MSC-MR	27	---	-12.19
46.09Y	F # 31	Female 11-12 50 Back	MSC-MR	44	---	-2.90
1:40.84Y	F # 35	Female 11-12 100 IM	MSC-MR	39	---	-0.06
Erika Seagren (16) F						
2:30.79Y	F # 9	Female Senior 200 Free	MSC-MR	22	---	7.91
6:44.46Y	F # 15	Female Senior 500 Free	MSC-MR	28	---	11.65
2:48.57Y	F # 25	Female Senior 200 Back	MSC-MR	21	---	13.56
6:07.53Y	F # 43	Female Senior 400 IM	MSC-MR	16	---	2.02
1:28.86Y	F # 47	Female Senior 100 Breast	MSC-MR	32	---	0.77
31.37Y	F # 53	Female Senior 50 Free	MSC-MR	34	---	1.83
2:54.06Y	F # 59	Female Senior 200 IM	MSC-MR	35	---	13.13
3:16.27Y	F # 69	Female Senior 200 Breast	MSC-MR	20	---	9.43
3:16.01Y	F # 83	Female Senior 200 Fly	MSC-MR	17	---	2.68
1:10.79Y	F # 97	Female Senior 100 Free	MSC-MR	31	---	5.64
1:20.17Y	F # 103	Female Senior 100 Back	MSC-MR	25	---	9.62
1:29.58Y	F # 109	Female Senior 100 Fly	MSC-MR	24	---	6.43
Heather Stratica (14) F						
2:19.29Y	F # 5	Female 13-14 200 Free	MSC-MR	11	---	-1.59
6:12.73Y	F # 13	Female 13-14 500 Free	MSC-MR	7	---	-10.68
5:47.47Y	F # 41	Female 13-14 400 IM	MSC-MR	6	---	-4.96
1:30.40Y	F # 49	Female 13-14 100 Breast	MSC-MR	25	---	1.75
29.74Y	F # 55	Female 13-14 50 Free	MSC-MR	17	---	0.44
2:42.04Y	F # 61	Female 13-14 200 IM	MSC-MR	13	---	-0.03
1:03.77Y	F # 99	Female 13-14 100 Free	MSC-MR	12	---	0.02
1:15.88Y	F # 105	Female 13-14 100 Back	MSC-MR	15	---	-0.81
1:19.11Y	F # 111	Female 13-14 100 Fly	MSC-MR	15	---	-1.28
Emily Tang (9) F						
3:16.11Y	F # 7	Female 10 & Under 200 Free	MSC-MR	10	---	-11.04
53.64Y	F # 19	Female 9-10 50 Breast	MSC-MR	13	---	0.93
37.81Y	F # 23	Female 9-10 50 Free	MSC-MR	12	---	-0.91
46.34Y	F # 29	Female 9-10 50 Fly	MSC-MR	8	---	1.19
1:41.67Y	F # 33	Female 9-10 100 Back	MSC-MR	15	---	-2.39
1:56.54Y	F # 73	Female 9-10 100 Breast	MSC-MR	9	---	---
1:34.02Y	F # 77	Female 9-10 100 Free	MSC-MR	24	---	8.03
47.23Y	F # 81	Female 9-10 50 Back	MSC-MR	20	---	0.10
1:42.90Y	F # 89	Female 9-10 100 IM	MSC-MR	16	---	6.15

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Time	F/P/S	Event		Place	Points	Improv
Brandon Vasquez (9) M						
3:09.24Y	F # 8	Male 10 & Under 200 Free	MSC-MR	12	---	9.88
51.66Y	F # 20	Male 9-10 50 Breast	MSC-MR	12	---	0.37
39.81Y	F # 24	Male 9-10 50 Free	MSC-MR	13	---	2.86
49.98Y	F # 30	Male 9-10 50 Fly	MSC-MR	11	---	6.05
1:36.81Y	F # 34	Male 9-10 100 Back	MSC-MR	13	---	4.11
46.12Y	F # 38	200 Medley Relay Lead Off	MSC-MR	---	---	3.34
1:56.12Y	F # 74	Male 9-10 100 Breast	MSC-MR	10	---	6.25
1:26.21Y	F # 78	Male 9-10 100 Free	MSC-MR	10	---	4.35
44.77Y	F # 82	Male 9-10 50 Back	MSC-MR	8	---	1.99
1:32.89Y	F # 90	Male 9-10 100 IM	MSC-MR	8	---	-1.52