

MARIST SWIM CLUB
Marist College, Poughkeepsie, NY

Individual Meet Results

2009 Trials & Finals Team Championships 16-Jan-09 to 18-Jan-09 Yards

Sanction: 090101 Location: Newburgh Free Academy

Time	F/P/S	Event		Place	Points	Improv
Jennifer Aiello (15) F						
4:58.62Y	F # 7	Female Senior 400 IM	MSC-MR	8	5	-1.48
2:21.89Y	F # 11	Female Senior 200 IM	MSC-MR	11	2	0.64
2:22.69Y	P # 11	Female Senior 200 IM	MSC-MR	11	---	1.44
59.03Y	P # 23	Female Senior 100 Free	MSC-MR	12	---	0.71
59.21Y	F # 23	Female Senior 100 Free	MSC-MR	11	2	0.89
2:16.70Y	P # 27	Female Senior 200 Back	MSC-MR	2	---	2.46
2:16.88Y	F # 27	Female Senior 200 Back	MSC-MR	3	12	2.64
1:04.85Y	F # 61	Female Senior 100 Fly	MSC-MR	10	3	0.73
1:05.16Y	P # 61	Female Senior 100 Fly	MSC-MR	10	---	1.04
2:12.90Y	P # 65	Female Senior 200 Free	MSC-MR	27	---	4.80
1:04.15Y	F # 69	Female Senior 100 Back	MSC-MR	4	11	1.16
1:04.29Y	P # 69	Female Senior 100 Back	MSC-MR	4	---	1.30
Krisztina Alderson (12) F						
2:50.83Y	F # 5	Female 12 & Under 200 IM	MSC-MR	18	---	-2.28
31.75Y	F # 31	Female 11-12 50 Free	MSC-MR	33	---	0.07
44.15Y	F # 39	Female 11-12 50 Breast	MSC-MR	36	---	0.34
1:21.19Y	F # 43	Female 11-12 100 Fly	MSC-MR	22	---	9.73
37.39Y	F # 75	Female 11-12 50 Back	MSC-MR	26	---	-0.79
35.39Y	F # 83	Female 11-12 50 Fly	MSC-MR	20	---	-0.64
1:21.50Y	F # 87	Female 11-12 100 IM	MSC-MR	25	---	-0.12
Ryan Alderson (13) M						
2:10.21Y	F # 10	Male 13-14 200 IM	MSC-MR	4	10.5	-2.70
2:14.69Y	P # 10	Male 13-14 200 IM	MSC-MR	5	---	1.78
52.16Y	F # 22	Male 13-14 100 Free	MSC-MR	2	13	-1.14
53.93Y	P # 22	Male 13-14 100 Free	MSC-MR	3	---	0.63
2:09.45Y	F # 26	Male 13-14 200 Back	MSC-MR	7	7	-1.07
2:13.10Y	P # 26	Male 13-14 200 Back	MSC-MR	7	---	2.58
24.43Y	F # 56	Male 13-14 50 Free	MSC-MR	4	11	-0.35
25.03Y	P # 56	Male 13-14 50 Free	MSC-MR	5	---	0.25
1:52.96Y	F # 64	Male 13-14 200 Free	MSC-MR	1	16	-1.47
1:56.54Y	P # 64	Male 13-14 200 Free	MSC-MR	2	---	2.11
59.03Y	F # 68	Male 13-14 100 Back	MSC-MR	3	12	-1.26
59.98Y	P # 68	Male 13-14 100 Back	MSC-MR	3	---	-0.31
Christopher Alpay (12) M						
2:12.23Y	F # 2	Male 12 & Under 200 Free	MSC-MR	1	16	-3.94
26.67Y	F # 32	Male 11-12 50 Free	MSC-MR	3	12	-0.74
1:08.47Y	F # 36	Male 11-12 100 Back	MSC-MR	4	11	-2.43
1:10.31Y	F # 44	Male 11-12 100 Fly	MSC-MR	4	10.5	-0.25
58.31Y	F # 72	Male 11-12 100 Free	MSC-MR	2	13	-1.31
31.63Y	F # 76	Male 11-12 50 Back	MSC-MR	4	11	-1.15
30.46Y	F # 84	Male 11-12 50 Fly	MSC-MR	4	11	0.01
Zachery Alpay (9) M						
43.66Y	F # 30	Male 10 & Under 50 Free	MSC-MR	22	---	1.40

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Time	F/P/S	Event		Place	Points	Improv
1:45.87Y	F # 34	Male 10 & Under 100 Back	MSC-MR	15	---	-2.48
52.53Y	F # 38	Male 10 & Under 50 Breast	MSC-MR	14	---	-0.36
1:47.22Y	F # 42	Male 10 & Under 100 IM	MSC-MR	15	---	0.01
1:38.61Y	F # 74	Male 10 & Under 100 Free	MSC-MR	23	---	2.74
49.01Y	F # 78	Male 10 & Under 50 Back	MSC-MR	20	---	0.89
1:53.97Y	F # 82	Male 10 & Under 100 Breast	MSC-MR	14	---	-1.54
57.00Y	F # 90	200 Medley Relay Lead Off	MSC-MR	---	---	8.88
Olivia Baczek (17) F						
5:38.86Y	F # 3	Female Senior 500 Free	MSC-MR	16	---	1.10
2:27.76Y	P # 11	Female Senior 200 IM	MSC-MR	23	---	6.31
56.07Y	F # 23	Female Senior 100 Free	MSC-MR	3	12	1.81
57.47Y	P # 23	Female Senior 100 Free	MSC-MR	4	---	3.21
2:13.63Y	F # 27	Female Senior 200 Back	MSC-MR	2	13	0.71
2:17.60Y	P # 27	Female Senior 200 Back	MSC-MR	3	---	4.68
25.75Y	F # 57	Female Senior 50 Free	MSC-MR	3	12	0.60
25.80Y	P # 57	Female Senior 50 Free	MSC-MR	3	---	0.65
2:09.71Y	P # 65	Female Senior 200 Free	MSC-MR	14	---	6.53
1:02.24Y	F # 69	Female Senior 100 Back	MSC-MR	2	13	-0.18
1:03.41Y	P # 69	Female Senior 100 Back	MSC-MR	2	---	0.99
Connor Ball (9) M						
37.17Y	F # 30	Male 10 & Under 50 Free	MSC-MR	13	---	-2.07
DQ	F # 34	Male 10 & Under 100 Back	MSC-MR	---	---	---
DQ	F # 38	Male 10 & Under 50 Breast	MSC-MR	---	---	---
1:24.69Y	F # 74	Male 10 & Under 100 Free	MSC-MR	12	1	-10.07
49.56Y DQ	F # 78	Male 10 & Under 50 Back	MSC-MR	---	---	---
2:26.47Y DQ	F # 82	Male 10 & Under 100 Breast	MSC-MR	---	---	---
Madison Ball (15) F						
5:14.29Y	F # 7	Female Senior 400 IM	MSC-MR	13	---	0.49
2:25.93Y	P # 11	Female Senior 200 IM	MSC-MR	20	---	-4.15
2:29.09Y	P # 19	Female Senior 200 Fly	MSC-MR	9	---	-2.23
2:34.07Y	F # 19	Female Senior 200 Fly	MSC-MR	12	1	2.75
2:29.28Y	P # 27	Female Senior 200 Back	MSC-MR	18	---	-1.62
1:08.30Y	P # 61	Female Senior 100 Fly	MSC-MR	18	---	-1.74
2:10.76Y	P # 65	Female Senior 200 Free	MSC-MR	18	---	0.87
1:10.99Y	P # 69	Female Senior 100 Back	MSC-MR	22	---	0.19
Kate Bergin (11) F						
5:35.83Y	F # 3	Female Senior 500 Free	MSC-MR	13	---	1.32
2:28.29Y	F # 5	Female 12 & Under 200 IM	MSC-MR	4	11	0.34
2:22.06Y	F # 27	Female Senior 200 Back	MSC-MR	10	3	-2.93
2:22.50Y	P # 27	Female Senior 200 Back	MSC-MR	9	---	-2.49
NS	F # 31	Female 11-12 50 Free	MSC-MR	---	---	---
NS	F # 35	Female 11-12 100 Back	MSC-MR	---	---	---
NS	F # 39	Female 11-12 50 Breast	MSC-MR	---	---	---
NS	F # 43	Female 11-12 100 Fly	MSC-MR	---	---	---

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Time	F/P/S	Event		Place	Points	Improv
1:08.80Y	P # 61	Female Senior 100 Fly	MSC-MR	20	---	1.80
2:11.63Y	P # 65	Female Senior 200 Free	MSC-MR	23	---	2.88
1:06.20Y	F # 69	Female Senior 100 Back	MSC-MR	9	4	-0.41
1:07.13Y	P # 69	Female Senior 100 Back	MSC-MR	10	---	0.52
Amceera Bhanji (12) F						
2:34.26Y	F # 5	Female 12 & Under 200 IM	MSC-MR	11	2	-1.42
28.08Y	F # 31	Female 11-12 50 Free	MSC-MR	6	9	0.41
1:13.63Y	F # 35	Female 11-12 100 Back	MSC-MR	17	---	1.01
41.90Y	F # 39	Female 11-12 50 Breast	MSC-MR	29	---	-1.61
1:06.86Y	F # 43	Female 11-12 100 Fly	MSC-MR	2	13	0.35
28.20Y	F # 47	200 Free Relay Lead Off	MSC-MR	---	---	0.53
1:00.53Y	F # 71	Female 11-12 100 Free	MSC-MR	5	10	0.58
33.26Y	F # 75	Female 11-12 50 Back	MSC-MR	11	2	-0.62
1:31.90Y	F # 79	Female 11-12 100 Breast	MSC-MR	23	---	2.50
30.38Y	F # 83	Female 11-12 50 Fly	MSC-MR	3	12	0.46
1:13.00Y	F # 87	Female 11-12 100 IM	MSC-MR	10	3	0.08
Emily Boyko (14) F						
4:46.60Y	F # 7	Female Senior 400 IM	MSC-MR	3	12	-8.60
2:17.64Y	F # 9	Female 13-14 200 IM	MSC-MR	2	13	-2.82
2:19.32Y	P # 9	Female 13-14 200 IM	MSC-MR	3	---	-1.14
1:13.49Y	F # 13	Female 13-14 100 Breast	MSC-MR	2	13	-2.60
1:14.73Y	P # 13	Female 13-14 100 Breast	MSC-MR	3	---	-1.36
2:14.04Y	F # 17	Female 13-14 200 Fly	MSC-MR	2	13	-1.83
2:15.71Y	P # 17	Female 13-14 200 Fly	MSC-MR	2	---	-0.16
2:34.79Y	F # 51	Female 13-14 200 Breast	MSC-MR	3	12	-1.72
2:36.95Y	P # 51	Female 13-14 200 Breast	MSC-MR	1	---	0.44
1:05.20Y	P # 59	Female 13-14 100 Fly	MSC-MR	3	---	0.76
1:05.36Y	F # 59	Female 13-14 100 Fly	MSC-MR	3	12	0.92
2:09.09Y	F # 63	Female 13-14 200 Free	MSC-MR	4	11	-0.37
2:10.25Y	P # 63	Female 13-14 200 Free	MSC-MR	5	---	0.79
Jason Boyko (9) M						
2:56.97Y	F # 6	Male 12 & Under 200 IM	MSC-MR	7	7	-2.87
33.64Y	F # 30	Male 10 & Under 50 Free	MSC-MR	4	11	0.76
1:22.64Y	F # 34	Male 10 & Under 100 Back	MSC-MR	3	12	0.82
1:23.96Y	F # 42	Male 10 & Under 100 IM	MSC-MR	2	13	0.24
37.09Y	F # 78	Male 10 & Under 50 Back	MSC-MR	2	13	-1.14
1:43.44Y	F # 82	Male 10 & Under 100 Breast	MSC-MR	4	11	-1.28
36.23Y	F # 86	Male 10 & Under 50 Fly	MSC-MR	2	13	0.73
Isabella Cabral (11) F						
34.47Y	F # 31	Female 11-12 50 Free	MSC-MR	55	---	-0.25
1:30.33Y	F # 35	Female 11-12 100 Back	MSC-MR	45	---	-4.23
49.30Y	F # 39	Female 11-12 50 Breast	MSC-MR	55	---	---
1:20.57Y	F # 71	Female 11-12 100 Free	MSC-MR	51	---	0.61
42.17Y	F # 75	Female 11-12 50 Back	MSC-MR	43	---	0.42

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Time	F/P/S	Event		Place	Points	Improv
44.47Y	F # 83	Female 11-12 50 Fly	MSC-MR	41	---	-4.23
Julia Caldwell (10) F						
2:32.47Y	F # 1	Female 12 & Under 200 Free	MSC-MR	9	4	-2.13
32.35Y	F # 29	Female 10 & Under 50 Free	MSC-MR	9	4	0.31
42.20Y	F # 37	Female 10 & Under 50 Breast	MSC-MR	4	11	-0.13
1:23.24Y	F # 41	Female 10 & Under 100 IM	MSC-MR	7	7	0.10
31.82Y	F # 49	200 Free Relay Lead Off	MSC-MR	---	---	-0.22
1:10.21Y	F # 73	Female 10 & Under 100 Free	MSC-MR	4	10.5	0.42
1:31.87Y	F # 81	Female 10 & Under 100 Breast	MSC-MR	4	11	-2.30
38.71Y	F # 85	Female 10 & Under 50 Fly	MSC-MR	8	5	-0.81
Michael Canino (11) M						
2:58.15Y	F # 2	Male 12 & Under 200 Free	MSC-MR	10	3	-64.43
36.70Y	F # 32	Male 11-12 50 Free	MSC-MR	35	---	-0.49
1:33.47Y	F # 36	Male 11-12 100 Back	MSC-MR	32	---	2.31
50.60Y	F # 40	Male 11-12 50 Breast	MSC-MR	26	---	-0.45
1:23.53Y	F # 72	Male 11-12 100 Free	MSC-MR	29	---	-0.34
42.18Y	F # 76	Male 11-12 50 Back	MSC-MR	22	---	-1.76
1:48.07Y	F # 80	Male 11-12 100 Breast	MSC-MR	21	---	-2.90
40.64Y	F # 84	Male 11-12 50 Fly	MSC-MR	23	---	---
1:32.44Y	F # 88	Male 11-12 100 IM	MSC-MR	16	---	-1.02
Emelia Carlino (15) F						
5:21.12Y	F # 7	Female Senior 400 IM	MSC-MR	16	---	-10.59
2:27.50Y	P # 11	Female Senior 200 IM	MSC-MR	22	---	0.98
1:12.20Y	F # 15	Female Senior 100 Breast	MSC-MR	8	5	-0.61
1:13.17Y	P # 15	Female Senior 100 Breast	MSC-MR	8	---	0.36
59.72Y	P # 23	Female Senior 100 Free	MSC-MR	18	---	-0.07
2:40.63Y	F # 53	Female Senior 200 Breast	MSC-MR	11	2	-2.37
2:45.05Y	P # 53	Female Senior 200 Breast	MSC-MR	11	---	2.05
27.57Y	P # 57	Female Senior 50 Free	MSC-MR	16	---	0.33
2:11.31Y	P # 65	Female Senior 200 Free	MSC-MR	22	---	0.33
Keith Carlino (13) M						
54.78Y	F # 22	Male 13-14 100 Free	MSC-MR	4	11	0.13
55.30Y	P # 22	Male 13-14 100 Free	MSC-MR	4	---	0.65
2:10.82Y	F # 26	Male 13-14 200 Back	MSC-MR	3	12	-5.11
2:12.84Y	P # 26	Male 13-14 200 Back	MSC-MR	6	---	-3.09
1:00.63Y	F # 60	Male 13-14 100 Fly	MSC-MR	7	7	-2.33
1:02.29Y	P # 60	Male 13-14 100 Fly	MSC-MR	8	---	-0.67
2:00.41Y	P # 64	Male 13-14 200 Free	MSC-MR	6	---	-0.59
2:01.50Y	F # 64	Male 13-14 200 Free	MSC-MR	6	9	0.50
58.09Y	F # 68	Male 13-14 100 Back	MSC-MR	2	13	-0.80
59.41Y	P # 68	Male 13-14 100 Back	MSC-MR	2	---	0.52
Spencer Coffin (17) M						
5:37.18Y	F # 4	Male Senior 500 Free	MSC-MR	32	---	-14.92
2:18.51Y	P # 12	Male Senior 200 IM	MSC-MR	24	---	-1.07

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2:25.55Y	P # 20	Male Senior 200 Fly	MSC-MR	20	---	-2.56
54.35Y	P # 24	Male Senior 100 Free	MSC-MR	23	---	-0.57
24.97Y	P # 58	Male Senior 50 Free	MSC-MR	20	---	-0.04
58.25Y	F # 62	Male Senior 100 Fly	MSC-MR	11	2	-0.92
58.49Y	P # 62	Male Senior 100 Fly	MSC-MR	8	---	-0.68
2:01.69Y	P # 66	Male Senior 200 Free	MSC-MR	23	---	-4.46
Emily Cohen (6) F						
1:01.10Y	F # 29	Female 10 & Under 50 Free	MSC-MR	55	---	-7.42
2:33.47Y	F # 33	Female 10 & Under 100 Back	MSC-MR	31	---	---
NS	F # 37	Female 10 & Under 50 Breast	MSC-MR	---	---	---
Jessica Cohen (8) F						
3:23.33Y	F # 5	Female 12 & Under 200 IM	MSC-MR	27	---	---
37.71Y	F # 29	Female 10 & Under 50 Free	MSC-MR	23	---	2.45
50.05Y	F # 37	Female 10 & Under 50 Breast	MSC-MR	20	---	0.43
1:37.86Y	F # 41	Female 10 & Under 100 IM	MSC-MR	22	---	2.83
44.06Y	F # 77	Female 10 & Under 50 Back	MSC-MR	21	---	-1.11
1:47.97Y	F # 81	Female 10 & Under 100 Breast	MSC-MR	11	2	-1.47
45.16Y	F # 85	Female 10 & Under 50 Fly	MSC-MR	17	---	1.24
53.63Y	F # 89	200 Medley Relay Lead Off	MSC-MR	---	---	8.46
Danielle Connolly (10) F						
3:14.84Y	F # 1	Female 12 & Under 200 Free	MSC-MR	21	---	---
39.48Y	F # 29	Female 10 & Under 50 Free	MSC-MR	29	---	-1.48
1:56.60Y	F # 33	Female 10 & Under 100 Back	MSC-MR	25	---	12.28
56.35Y DQ	F # 37	Female 10 & Under 50 Breast	MSC-MR	---	---	---
1:49.92Y	F # 41	Female 10 & Under 100 IM	MSC-MR	31	---	---
1:27.09Y	F # 73	Female 10 & Under 100 Free	MSC-MR	24	---	-1.94
45.14Y	F # 77	Female 10 & Under 50 Back	MSC-MR	24	---	-4.42
DQ	F # 81	Female 10 & Under 100 Breast	MSC-MR	---	---	---
50.53Y	F # 85	Female 10 & Under 50 Fly	MSC-MR	26	---	-3.88
Fredrick Cruz (11) M						
3:13.00Y	F # 6	Male 12 & Under 200 IM	MSC-MR	13	---	0.64
39.73Y	F # 32	Male 11-12 50 Free	MSC-MR	38	---	2.40
47.30Y	F # 40	Male 11-12 50 Breast	MSC-MR	21	---	0.67
1:44.87Y	F # 44	Male 11-12 100 Fly	MSC-MR	23	---	---
1:43.28Y	F # 80	Male 11-12 100 Breast	MSC-MR	20	---	4.53
NS	F # 84	Male 11-12 50 Fly	MSC-MR	---	---	---
1:33.02Y	F # 88	Male 11-12 100 IM	MSC-MR	17	---	2.38
Jason Cruz (7) M						
3:32.69Y	F # 2	Male 12 & Under 200 Free	MSC-MR	16	---	---
40.31Y	F # 30	Male 10 & Under 50 Free	MSC-MR	17	---	2.54
1:41.82Y	F # 34	Male 10 & Under 100 Back	MSC-MR	11	2	---
49.06Y	F # 38	Male 10 & Under 50 Breast	MSC-MR	8	5	-0.32
1:38.29Y	F # 42	Male 10 & Under 100 IM	MSC-MR	11	2	0.19
1:40.23Y	F # 74	Male 10 & Under 100 Free	MSC-MR	24	---	8.78

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47.60Y	F # 78	Male 10 & Under 50 Back	MSC-MR	16	---	2.08
1:49.13Y	F # 82	Male 10 & Under 100 Breast	MSC-MR	12	1	-27.76
DQ	F # 86	Male 10 & Under 50 Fly	MSC-MR	---	---	---
Eric Culver (17) M						
4:11.65Y	F # 8	Male Senior 400 IM	MSC-MR	1	16	-0.85
1:58.29Y	F # 12	Male Senior 200 IM	MSC-MR	1	16	-0.61
2:03.05Y	P # 12	Male Senior 200 IM	MSC-MR	3	---	4.15
1:55.01Y	F # 20	Male Senior 200 Fly	MSC-MR	1	16	1.39
1:57.68Y	P # 20	Male Senior 200 Fly	MSC-MR	1	---	4.06
1:58.22Y	F # 28	Male Senior 200 Back	MSC-MR	1	16	2.01
2:01.49Y	P # 28	Male Senior 200 Back	MSC-MR	3	---	5.28
53.23Y	F # 62	Male Senior 100 Fly	MSC-MR	1	16	-0.16
53.59Y	P # 62	Male Senior 100 Fly	MSC-MR	1	---	0.20
1:47.48Y	P # 66	Male Senior 200 Free	MSC-MR	1	---	2.11
55.52Y	P # 70	Male Senior 100 Back	MSC-MR	2	---	-0.14
55.81Y	F # 70	Male Senior 100 Back	MSC-MR	3	12	0.15
Lukas Dempsey (15) M						
5:09.73Y	F # 4	Male Senior 500 Free	MSC-MR	14	---	8.31
2:13.43Y	P # 12	Male Senior 200 IM	MSC-MR	15	---	1.91
53.92Y	P # 24	Male Senior 100 Free	MSC-MR	16	---	0.90
2:04.87Y	F # 28	Male Senior 200 Back	MSC-MR	4	11	1.62
2:06.35Y	P # 28	Male Senior 200 Back	MSC-MR	6	---	3.10
1:00.80Y	P # 62	Male Senior 100 Fly	MSC-MR	21	---	0.85
1:56.25Y	F # 66	Male Senior 200 Free	MSC-MR	10	3	2.97
1:57.71Y	P # 66	Male Senior 200 Free	MSC-MR	13	---	4.43
57.30Y	F # 70	Male Senior 100 Back	MSC-MR	5	10	-0.64
57.71Y	P # 70	Male Senior 100 Back	MSC-MR	6	---	-0.23
Ina Elcott (10) F						
2:46.55Y	F # 5	Female 12 & Under 200 IM	MSC-MR	16	---	0.18
30.49Y	F # 29	Female 10 & Under 50 Free	MSC-MR	3	12	0.08
1:16.75Y	F # 41	Female 10 & Under 100 IM	MSC-MR	2	13	-1.42
1:16.97Y	F # 45	Female 10 & Under 100 Fly	MSC-MR	1	16	-2.40
34.84Y	F # 77	Female 10 & Under 50 Back	MSC-MR	2	13	-1.52
1:28.96Y	F # 81	Female 10 & Under 100 Breast	MSC-MR	2	13	0.29
32.86Y	F # 85	Female 10 & Under 50 Fly	MSC-MR	1	16	-1.07
Samantha Granan (15) F						
5:40.79Y	F # 3	Female Senior 500 Free	MSC-MR	18	---	-6.02
2:17.84Y	F # 11	Female Senior 200 IM	MSC-MR	8	5	-1.93
2:22.58Y	P # 11	Female Senior 200 IM	MSC-MR	10	---	2.81
1:11.35Y	F # 15	Female Senior 100 Breast	MSC-MR	7	7	1.28
1:14.01Y	P # 15	Female Senior 100 Breast	MSC-MR	9	---	3.94
59.45Y	P # 23	Female Senior 100 Free	MSC-MR	16	---	1.62
2:38.20Y	F # 53	Female Senior 200 Breast	MSC-MR	8	5	2.88
2:42.05Y	P # 53	Female Senior 200 Breast	MSC-MR	8	---	6.73

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27.83Y	P # 57	Female Senior 50 Free	MSC-MR	20	---	0.23
2:05.19Y	F # 65	Female Senior 200 Free	MSC-MR	9	4	2.43
2:07.64Y	P # 65	Female Senior 200 Free	MSC-MR	8	---	4.88
Brandon Heitmann (15) M						
NS	F # 4	Male Senior 500 Free	MSC-MR	---	---	---
1:21.87Y	P # 16	Male Senior 100 Breast	MSC-MR	22	---	1.57
1:06.16Y	P # 24	Male Senior 100 Free	MSC-MR	35	---	0.17
2:54.09Y	DQ P # 28	Male Senior 200 Back	MSC-MR	---	---	---
Tyler Heitmann (13) M						
1:30.70Y	P # 14	Male 13-14 100 Breast	MSC-MR	25	---	-6.39
1:11.60Y	P # 22	Male 13-14 100 Free	MSC-MR	33	---	-5.61
30.53Y	P # 56	Male 13-14 50 Free	MSC-MR	30	---	-0.72
2:35.73Y	P # 64	Male 13-14 200 Free	MSC-MR	21	---	1.00
1:18.63Y	P # 68	Male 13-14 100 Back	MSC-MR	20	---	-0.77
Shekinah Hoffman (15) F						
4:55.47Y	F # 7	Female Senior 400 IM	MSC-MR	5	10	-2.69
2:16.72Y	F # 11	Female Senior 200 IM	MSC-MR	3	12	-1.94
2:19.83Y	P # 11	Female Senior 200 IM	MSC-MR	5	---	1.17
2:16.91Y	F # 19	Female Senior 200 Fly	MSC-MR	4	11	-0.31
2:19.50Y	P # 19	Female Senior 200 Fly	MSC-MR	6	---	2.28
56.17Y	F # 23	Female Senior 100 Free	MSC-MR	4	11	-0.16
57.57Y	P # 23	Female Senior 100 Free	MSC-MR	5	---	1.24
25.96Y	F # 57	Female Senior 50 Free	MSC-MR	7	7	-0.38
26.64Y	P # 57	Female Senior 50 Free	MSC-MR	7	---	0.30
1:00.51Y	F # 61	Female Senior 100 Fly	MSC-MR	2	13	-0.48
1:01.10Y	P # 61	Female Senior 100 Fly	MSC-MR	3	---	0.11
2:03.81Y	P # 65	Female Senior 200 Free	MSC-MR	3	---	0.79
Chloe Jackson (10) F						
2:58.52Y	F # 5	Female 12 & Under 200 IM	MSC-MR	21	---	3.85
31.20Y	F # 29	Female 10 & Under 50 Free	MSC-MR	4	11	0.36
40.01Y	F # 37	Female 10 & Under 50 Breast	MSC-MR	2	13	1.74
1:23.99Y	F # 41	Female 10 & Under 100 IM	MSC-MR	8	5	2.12
1:10.21Y	F # 73	Female 10 & Under 100 Free	MSC-MR	4	10.5	0.21
39.81Y	F # 77	Female 10 & Under 50 Back	MSC-MR	11	2	-0.54
1:27.87Y	F # 81	Female 10 & Under 100 Breast	MSC-MR	1	16	1.07
Ella Blue Jackson (6) F						
1:04.50Y	F # 29	Female 10 & Under 50 Free	MSC-MR	57	---	0.11
3:06.24Y	DQ F # 33	Female 10 & Under 100 Back	MSC-MR	---	---	---
Athar Khan (10) M						
3:20.82Y	F # 2	Male 12 & Under 200 Free	MSC-MR	14	---	---
40.68Y	F # 30	Male 10 & Under 50 Free	MSC-MR	18	---	0.09
1:50.78Y	F # 34	Male 10 & Under 100 Back	MSC-MR	19	---	-2.98
57.01Y	F # 38	Male 10 & Under 50 Breast	MSC-MR	17	---	-2.00
1:45.92Y	DQ F # 42	Male 10 & Under 100 IM	MSC-MR	---	---	---
1:30.70Y	F # 74	Male 10 & Under 100 Free	MSC-MR	16	---	-0.40

MARIST SWIM CLUB
Marist College, Poughkeepsie, NY

Individual Meet Results

2009 Trials & Finals Team Championships 16-Jan-09 to 18-Jan-09 Yards

Sanction: 090101 Location: Newburgh Free Academy

Time	F/P/S	Event		Place	Points	Improv
53.00Y	F # 78	Male 10 & Under 50 Back	MSC-MR	24	---	-0.71
2:08.05Y DQ	F # 82	Male 10 & Under 100 Breast	MSC-MR	---	---	---
46.16Y	F # 86	Male 10 & Under 50 Fly	MSC-MR	8	5	-0.56
Olivia Krug (9) F						
35.74Y	F # 29	Female 10 & Under 50 Free	MSC-MR	18	---	1.11
45.62Y	F # 37	Female 10 & Under 50 Breast	MSC-MR	10	3	-0.11
1:30.55Y	F # 41	Female 10 & Under 100 IM	MSC-MR	13	---	3.07
1:19.70Y	F # 73	Female 10 & Under 100 Free	MSC-MR	16	---	1.27
43.52Y	F # 77	Female 10 & Under 50 Back	MSC-MR	19	---	1.18
1:42.50Y	F # 81	Female 10 & Under 100 Breast	MSC-MR	9	4	-0.17
42.55Y	F # 89	200 Medley Relay Lead Off	MSC-MR	---	---	0.21
Erin La Perche (12) F						
2:37.03Y	F # 1	Female 12 & Under 200 Free	MSC-MR	11	2	1.95
32.23Y	F # 31	Female 11-12 50 Free	MSC-MR	39	---	-0.84
42.34Y	F # 39	Female 11-12 50 Breast	MSC-MR	31	---	0.70
1:25.12Y	F # 43	Female 11-12 100 Fly	MSC-MR	28	---	4.11
1:11.56Y	F # 71	Female 11-12 100 Free	MSC-MR	36	---	0.13
36.16Y	F # 75	Female 11-12 50 Back	MSC-MR	21	---	-0.52
36.61Y	F # 83	Female 11-12 50 Fly	MSC-MR	23	---	-2.30
1:20.85Y	F # 87	Female 11-12 100 IM	MSC-MR	23	---	0.38
Jessie LaRue (7) F						
3:14.58Y	F # 1	Female 12 & Under 200 Free	MSC-MR	20	---	---
39.67Y	F # 29	Female 10 & Under 50 Free	MSC-MR	30	---	0.20
1:40.87Y	F # 33	Female 10 & Under 100 Back	MSC-MR	15	---	-27.62
55.87Y	F # 37	Female 10 & Under 50 Breast	MSC-MR	33	---	0.28
1:42.84Y	F # 41	Female 10 & Under 100 IM	MSC-MR	27	---	0.08
1:24.80Y	F # 73	Female 10 & Under 100 Free	MSC-MR	22	---	-6.23
46.02Y	F # 77	Female 10 & Under 50 Back	MSC-MR	26	---	-1.49
1:57.62Y	F # 81	Female 10 & Under 100 Breast	MSC-MR	15	---	-5.11
48.96Y	F # 85	Female 10 & Under 50 Fly	MSC-MR	22	---	0.03
Paul LaRue (11) M						
5:53.24Y	F # 4	Male Senior 500 Free	MSC-MR	35	---	-57.64
NS	F # 6	Male 12 & Under 200 IM	MSC-MR	---	---	---
28.38Y	F # 32	Male 11-12 50 Free	MSC-MR	10	3	-0.74
1:08.09Y	F # 36	Male 11-12 100 Back	MSC-MR	3	12	-1.32
37.17Y	F # 40	Male 11-12 50 Breast	MSC-MR	3	12	-0.61
1:17.15Y	F # 44	Male 11-12 100 Fly	MSC-MR	8	5	-2.58
28.94Y	F # 48	200 Free Relay Lead Off	MSC-MR	---	---	-0.18
1:03.16Y	F # 72	Male 11-12 100 Free	MSC-MR	10	3	0.13
32.03Y	F # 76	Male 11-12 50 Back	MSC-MR	6	9	-1.46
1:20.01Y	F # 80	Male 11-12 100 Breast	MSC-MR	4	10.5	0.44
34.05Y	F # 84	Male 11-12 50 Fly	MSC-MR	11	2	-0.38
1:11.60Y	F # 88	Male 11-12 100 IM	MSC-MR	5	10	-0.37
32.83Y	F # 92	200 Medley Relay Lead Off	MSC-MR	---	---	-0.66

MARIST SWIM CLUB
Marist College, Poughkeepsie, NY

Individual Meet Results

2009 Trials & Finals Team Championships 16-Jan-09 to 18-Jan-09 Yards

Sanction: 090101 Location: Newburgh Free Academy

Time	F/P/S	Event		Place	Points	Improv
Heather Leslie (11) F						
3:08.91Y	F # 1	Female 12 & Under 200 Free	MSC-MR	19	---	0.44
37.49Y	F # 31	Female 11-12 50 Free	MSC-MR	64	---	0.63
1:29.80Y	F # 35	Female 11-12 100 Back	MSC-MR	44	---	-0.69
45.09Y	F # 39	Female 11-12 50 Breast	MSC-MR	40	---	-0.64
1:23.58Y	F # 71	Female 11-12 100 Free	MSC-MR	53	---	-0.81
1:43.26Y	F # 79	Female 11-12 100 Breast	MSC-MR	28	---	3.44
1:29.44Y	F # 87	Female 11-12 100 IM	MSC-MR	37	---	-3.50
Kelly Levine (15) F						
5:31.80Y	F # 3	Female Senior 500 Free	MSC-MR	7	7	-1.73
2:20.17Y	F # 11	Female Senior 200 IM	MSC-MR	9	4	-5.05
2:22.50Y	P # 11	Female Senior 200 IM	MSC-MR	9	---	-2.72
58.14Y	F # 23	Female Senior 100 Free	MSC-MR	8	5	-0.08
58.39Y	P # 23	Female Senior 100 Free	MSC-MR	9	---	0.17
2:21.65Y	F # 27	Female Senior 200 Back	MSC-MR	8	5	-1.99
2:22.12Y	P # 27	Female Senior 200 Back	MSC-MR	8	---	-1.52
27.74Y	P # 57	Female Senior 50 Free	MSC-MR	19	---	0.27
2:04.79Y	P # 65	Female Senior 200 Free	MSC-MR	5	---	-0.89
2:05.37Y	F # 65	Female Senior 200 Free	MSC-MR	5	10	-0.31
1:06.55Y	F # 69	Female Senior 100 Back	MSC-MR	10	3	-1.15
1:08.12Y	P # 69	Female Senior 100 Back	MSC-MR	13	---	0.42
Emily Lewis (11) F						
2:27.50Y	F # 1	Female 12 & Under 200 Free	MSC-MR	7	7	-0.32
31.83Y	F # 31	Female 11-12 50 Free	MSC-MR	34	---	0.09
1:21.72Y	F # 35	Female 11-12 100 Back	MSC-MR	32	---	-1.41
1:22.46Y	F # 43	Female 11-12 100 Fly	MSC-MR	25	---	5.13
1:08.54Y	F # 71	Female 11-12 100 Free	MSC-MR	26	---	0.34
37.79Y	F # 83	Female 11-12 50 Fly	MSC-MR	26	---	0.61
1:21.48Y	F # 87	Female 11-12 100 IM	MSC-MR	24	---	-0.56
William Lewis (10) M						
3:12.92Y	F # 2	Male 12 & Under 200 Free	MSC-MR	11	2	-4.76
41.16Y	F # 30	Male 10 & Under 50 Free	MSC-MR	20	---	0.05
1:45.03Y	F # 34	Male 10 & Under 100 Back	MSC-MR	14	---	4.91
55.24Y	F # 38	Male 10 & Under 50 Breast	MSC-MR	16	---	3.90
1:46.47Y	F # 42	Male 10 & Under 100 IM	MSC-MR	14	---	---
1:26.63Y	F # 74	Male 10 & Under 100 Free	MSC-MR	14	---	-5.36
47.54Y	F # 78	Male 10 & Under 50 Back	MSC-MR	15	---	-1.32
1:54.41Y	F # 82	Male 10 & Under 100 Breast	MSC-MR	15	---	-2.60
Mike Meck (16) M						
4:26.41Y	F # 8	Male Senior 400 IM	MSC-MR	2	13	2.66
2:04.14Y	P # 12	Male Senior 200 IM	MSC-MR	5	---	-0.81
2:04.41Y	F # 12	Male Senior 200 IM	MSC-MR	5	10	-0.54
1:01.05Y	F # 16	Male Senior 100 Breast	MSC-MR	1	16	-0.14
1:01.51Y	P # 16	Male Senior 100 Breast	MSC-MR	1	---	0.32

MARIST SWIM CLUB
Marist College, Poughkeepsie, NY

Individual Meet Results

2009 Trials & Finals Team Championships 16-Jan-09 to 18-Jan-09 Yards

Sanction: 090101 Location: Newburgh Free Academy

Time	F/P/S	Event		Place	Points	Improv
51.55Y	P # 24	Male Senior 100 Free	MSC-MR	7	---	-0.32
51.64Y	F # 24	Male Senior 100 Free	MSC-MR	7	7	-0.23
2:14.20Y	F # 54	Male Senior 200 Breast	MSC-MR	1	16	0.32
2:17.08Y	P # 54	Male Senior 200 Breast	MSC-MR	1	---	3.20
58.64Y	P # 62	Male Senior 100 Fly	MSC-MR	11	---	-0.34
59.59Y	F # 62	Male Senior 100 Fly	MSC-MR	12	1	0.61
1:53.33Y	F # 66	Male Senior 200 Free	MSC-MR	6	9	-0.11
1:54.50Y	P # 66	Male Senior 200 Free	MSC-MR	7	---	1.06
Brenna Munz (16) F						
5:32.92Y	F # 3	Female Senior 500 Free	MSC-MR	8	5	12.73
2:24.79Y	P # 11	Female Senior 200 IM	MSC-MR	15	---	4.72
1:00.12Y	P # 23	Female Senior 100 Free	MSC-MR	20	---	3.31
2:21.81Y	F # 27	Female Senior 200 Back	MSC-MR	9	4	3.96
2:24.30Y	P # 27	Female Senior 200 Back	MSC-MR	11	---	6.45
27.91Y	P # 57	Female Senior 50 Free	MSC-MR	21	---	1.30
2:05.08Y	P # 65	Female Senior 200 Free	MSC-MR	7	---	3.89
2:09.20Y	F # 65	Female Senior 200 Free	MSC-MR	6	9	8.01
1:06.50Y	P # 69	Female Senior 100 Back	MSC-MR	9	---	0.74
1:07.47Y	F # 69	Female Senior 100 Back	MSC-MR	11	2	1.71
Ian Nevers (9) M						
3:24.83Y	F # 2	Male 12 & Under 200 Free	MSC-MR	15	---	---
39.35Y	F # 30	Male 10 & Under 50 Free	MSC-MR	16	---	0.28
1:40.45Y	F # 34	Male 10 & Under 100 Back	MSC-MR	10	3	-2.82
49.78Y	F # 38	Male 10 & Under 50 Breast	MSC-MR	10	3	-0.94
1:39.94Y	F # 42	Male 10 & Under 100 IM	MSC-MR	12	1	-1.85
1:31.51Y	F # 74	Male 10 & Under 100 Free	MSC-MR	17	---	0.53
47.61Y	F # 78	Male 10 & Under 50 Back	MSC-MR	17	---	0.83
1:48.31Y	F # 82	Male 10 & Under 100 Breast	MSC-MR	10	3	-3.65
50.98Y	F # 86	Male 10 & Under 50 Fly	MSC-MR	13	---	-1.46
Naomi Nunez (13) F						
2:52.06Y	P # 9	Female 13-14 200 IM	MSC-MR	29	---	-1.29
1:40.12Y	P # 13	Female 13-14 100 Breast	MSC-MR	28	---	0.46
1:10.76Y	P # 21	Female 13-14 100 Free	MSC-MR	35	---	1.13
1:20.55Y	P # 59	Female 13-14 100 Fly	MSC-MR	20	---	-0.90
2:31.47Y	P # 63	Female 13-14 200 Free	MSC-MR	23	---	0.93
1:17.14Y	P # 67	Female 13-14 100 Back	MSC-MR	19	---	0.73
Brenna O'Keefe (17) F						
4:43.87Y	F # 7	Female Senior 400 IM	MSC-MR	2	13	7.45
2:16.19Y	F # 11	Female Senior 200 IM	MSC-MR	7	7	4.20
2:20.29Y	P # 11	Female Senior 200 IM	MSC-MR	7	---	8.30
2:14.71Y	P # 19	Female Senior 200 Fly	MSC-MR	2	---	4.35
2:15.70Y	F # 19	Female Senior 200 Fly	MSC-MR	2	13	5.34
2:18.50Y	F # 27	Female Senior 200 Back	MSC-MR	6	9	5.58
2:18.89Y	P # 27	Female Senior 200 Back	MSC-MR	5	---	5.97

MARIST SWIM CLUB
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Individual Meet Results

2009 Trials & Finals Team Championships 16-Jan-09 to 18-Jan-09 Yards

Sanction: 090101 Location: Newburgh Free Academy

Time	F/P/S	Event		Place	Points	Improv
1:01.91Y	F # 61	Female Senior 100 Fly	MSC-MR	4	11	2.30
1:03.33Y	P # 61	Female Senior 100 Fly	MSC-MR	6	---	3.72
2:00.16Y	F # 65	Female Senior 200 Free	MSC-MR	2	13	-0.42
2:03.46Y	P # 65	Female Senior 200 Free	MSC-MR	2	---	2.88
1:06.35Y	P # 69	Female Senior 100 Back	MSC-MR	8	---	2.26
Liz Piggott (20) F (SO)						
5:56.82Y	F # 3	Female Senior 500 Free	MSC-MR	29	---	25.08
1:00.83Y	P # 23	Female Senior 100 Free	MSC-MR	27	---	6.38
Betsy Quezada (12) F						
2:25.89Y	F # 1	Female 12 & Under 200 Free	MSC-MR	5	10	-4.51
30.30Y	F # 31	Female 11-12 50 Free	MSC-MR	20	---	0.67
1:18.14Y	F # 35	Female 11-12 100 Back	MSC-MR	26	---	1.79
1:17.75Y	F # 43	Female 11-12 100 Fly	MSC-MR	18	---	-1.34
1:06.96Y	F # 71	Female 11-12 100 Free	MSC-MR	22	---	-0.19
35.81Y	F # 75	Female 11-12 50 Back	MSC-MR	20	---	0.27
1:18.65Y	F # 87	Female 11-12 100 IM	MSC-MR	18	---	1.51
36.20Y	F # 91	200 Medley Relay Lead Off	MSC-MR	---	---	0.66
Emma Reining (10) F						
35.82Y	F # 29	Female 10 & Under 50 Free	MSC-MR	19	---	0.27
1:32.14Y	F # 33	Female 10 & Under 100 Back	MSC-MR	13	---	-0.67
1:31.35Y	F # 41	Female 10 & Under 100 IM	MSC-MR	15	---	-3.33
49.22Y	F # 49	200 Free Relay Lead Off	MSC-MR	---	---	13.67
1:22.60Y	F # 73	Female 10 & Under 100 Free	MSC-MR	19	---	-1.45
41.04Y	F # 77	Female 10 & Under 50 Back	MSC-MR	14	---	-5.58
44.38Y	F # 85	Female 10 & Under 50 Fly	MSC-MR	16	---	2.47
Justina Sargios (8) F						
3:51.85Y	F # 1	Female 12 & Under 200 Free	MSC-MR	23	---	---
45.42Y	F # 29	Female 10 & Under 50 Free	MSC-MR	43	---	-4.01
1:54.49Y	F # 33	Female 10 & Under 100 Back	MSC-MR	23	---	0.39
57.61Y	F # 37	Female 10 & Under 50 Breast	MSC-MR	34	---	0.07
2:01.95Y	F # 41	Female 10 & Under 100 IM	MSC-MR	37	---	-6.78
Mariette Sargios (10) F						
NS	F # 1	Female 12 & Under 200 Free	MSC-MR	---	---	---
44.75Y	F # 29	Female 10 & Under 50 Free	MSC-MR	41	---	0.07
1:50.56Y	F # 33	Female 10 & Under 100 Back	MSC-MR	20	---	3.47
1:01.39Y	F # 37	Female 10 & Under 50 Breast	MSC-MR	38	---	5.31
1:57.69Y	F # 41	Female 10 & Under 100 IM	MSC-MR	35	---	5.96
Erika Seagren (15) F						
6:46.78Y	F # 3	Female Senior 500 Free	MSC-MR	41	---	13.97
2:46.84Y	P # 11	Female Senior 200 IM	MSC-MR	39	---	5.91
1:08.49Y	P # 23	Female Senior 100 Free	MSC-MR	41	---	3.34
2:47.19Y	P # 27	Female Senior 200 Back	MSC-MR	28	---	12.18
30.16Y	P # 57	Female Senior 50 Free	MSC-MR	35	---	0.62
1:23.94Y	P # 61	Female Senior 100 Fly	MSC-MR	31	---	0.79
1:16.88Y	P # 69	Female Senior 100 Back	MSC-MR	31	---	6.33

MARIST SWIM CLUB
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Individual Meet Results

2009 Trials & Finals Team Championships 16-Jan-09 to 18-Jan-09 Yards

Sanction: 090101 Location: Newburgh Free Academy

Time	F/P/S	Event		Place	Points	Improv
Ryan Seagren (18) M						
5:31.19Y	F # 4	Male Senior 500 Free	MSC-MR	28	---	25.00
2:21.75Y	P # 20	Male Senior 200 Fly	MSC-MR	18	---	8.07
56.85Y	P # 24	Male Senior 100 Free	MSC-MR	31	---	2.00
2:18.15Y	P # 28	Male Senior 200 Back	MSC-MR	20	---	6.87
1:02.39Y	P # 62	Male Senior 100 Fly	MSC-MR	28	---	0.57
2:05.34Y	P # 66	Male Senior 200 Free	MSC-MR	28	---	7.27
1:04.28Y	P # 70	Male Senior 100 Back	MSC-MR	26	---	4.08
Heather Stratica (13) F						
2:48.70Y	P # 9	Female 13-14 200 IM	MSC-MR	26	---	-2.37
1:07.55Y	P # 21	Female 13-14 100 Free	MSC-MR	28	---	-1.16
2:49.63Y	P # 25	Female 13-14 200 Back	MSC-MR	16	---	---
Emily Tang (8) F						
3:27.15Y	F # 1	Female 12 & Under 200 Free	MSC-MR	22	---	---
46.07Y	F # 29	Female 10 & Under 50 Free	MSC-MR	46	---	1.27
1:54.34Y	F # 33	Female 10 & Under 100 Back	MSC-MR	22	---	-21.77
1:04.05Y	F # 37	Female 10 & Under 50 Breast	MSC-MR	41	---	3.57
2:01.27Y	F # 41	Female 10 & Under 100 IM	MSC-MR	36	---	6.49
39.10Y	F # 49	200 Free Relay Lead Off	MSC-MR	---	---	-5.70
Brandon Vasquez (8) M						
3:19.93Y	F # 2	Male 12 & Under 200 Free	MSC-MR	13	---	---
44.36Y	F # 30	Male 10 & Under 50 Free	MSC-MR	23	---	3.86
1:43.53Y	F # 34	Male 10 & Under 100 Back	MSC-MR	12	1	-1.79
58.62Y	F # 38	Male 10 & Under 50 Breast	MSC-MR	19	---	2.20
1:45.91Y	F # 42	Male 10 & Under 100 IM	MSC-MR	13	---	5.14
45.58Y	F # 50	200 Free Relay Lead Off	MSC-MR	---	---	5.08
1:34.81Y	F # 74	Male 10 & Under 100 Free	MSC-MR	18	---	4.41
47.64Y	F # 78	Male 10 & Under 50 Back	MSC-MR	18	---	0.89
1:56.14Y	F # 82	Male 10 & Under 100 Breast	MSC-MR	16	---	-12.67
48.56Y	F # 86	Male 10 & Under 50 Fly	MSC-MR	10	3	2.71
Carly Watson (14) F						
2:18.58Y	F # 9	Female 13-14 200 IM	MSC-MR	4	11	-0.58
2:19.44Y	P # 9	Female 13-14 200 IM	MSC-MR	4	---	0.28
59.16Y	F # 21	Female 13-14 100 Free	MSC-MR	5	10	0.06
59.52Y	P # 21	Female 13-14 100 Free	MSC-MR	6	---	0.42
2:21.03Y	F # 25	Female 13-14 200 Back	MSC-MR	3	12	0.87
2:22.12Y	P # 25	Female 13-14 200 Back	MSC-MR	4	---	1.96
27.07Y	F # 55	Female 13-14 50 Free	MSC-MR	7	7	-0.55
27.80Y	P # 55	Female 13-14 50 Free	MSC-MR	10	---	0.18
1:03.72Y	F # 59	Female 13-14 100 Fly	MSC-MR	7	7	-0.96
1:10.04Y	P # 59	Female 13-14 100 Fly	MSC-MR	9	---	5.36
2:05.29Y	F # 63	Female 13-14 200 Free	MSC-MR	2	13	0.43
2:07.48Y	P # 63	Female 13-14 200 Free	MSC-MR	3	---	2.62
Katie Watson (17) F						
5:10.84Y	F # 7	Female Senior 400 IM	MSC-MR	12	1	-1.68

MARIST SWIM CLUB
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Individual Meet Results

2009 Trials & Finals Team Championships 16-Jan-09 to 18-Jan-09 Yards

Sanction: 090101 Location: Newburgh Free Academy

Time	F/P/S	Event		Place	Points	Improv
2:32.66Y	P # 11	Female Senior 200 IM	MSC-MR	32	---	3.57
2:27.54Y	F # 19	Female Senior 200 Fly	MSC-MR	9	4	-1.46
2:30.00Y	P # 19	Female Senior 200 Fly	MSC-MR	12	---	1.00
2:31.50Y	P # 27	Female Senior 200 Back	MSC-MR	21	---	2.40
2:59.85Y	P # 53	Female Senior 200 Breast	MSC-MR	18	---	7.81
28.84Y	P # 57	Female Senior 50 Free	MSC-MR	31	---	0.47
1:06.41Y	P # 61	Female Senior 100 Fly	MSC-MR	14	---	2.26
Pamela Yang (8) F						
NS	F # 1	Female 12 & Under 200 Free	MSC-MR	---	---	---
56.59Y	F # 29	Female 10 & Under 50 Free	MSC-MR	54	---	-1.78
2:05.06Y DQ	F # 33	Female 10 & Under 100 Back	MSC-MR	---	---	---
1:01.06Y	F # 37	Female 10 & Under 50 Breast	MSC-MR	37	---	-2.15
2:15.91Y	F # 41	Female 10 & Under 100 IM	MSC-MR	39	---	8.68
1:58.83Y	F # 73	Female 10 & Under 100 Free	MSC-MR	38	---	-0.45
54.25Y	F # 77	Female 10 & Under 50 Back	MSC-MR	36	---	-0.77
2:16.77Y	F # 81	Female 10 & Under 100 Breast	MSC-MR	16	---	2.34
1:05.01Y	F # 85	Female 10 & Under 50 Fly	MSC-MR	31	---	-1.81