

2008 Senior Metropolitan Swimming Championships

Rules and Timing Assignment

GENERAL RULES:

- 1) Coaches and swimmers shall have the responsibility to familiarize themselves with the current U.S.A. Swimming Rules and Regulations.
- 2) There will be preliminary heats and finals in all individual events except the 1000 Yard and 1650 Yard Freestyle. These events and all relays will be Timed Finals. A "prelims" break before the relays will be held at the discretion of the meet director.
- 3) The event order for the evening sessions will be: Bonus Final—8 swimmers, Consolation Final—8 swimmers, Championship Final—8 swimmers. There will be a 10 minute break before the relays in all finals sessions.
- 4) **Metropolitan Swimming will impose a \$50.00 fine on any swimmer failing to equal or better the cut-off time if the entry time cannot be proven within 30 days following the conclusion of the meet.** This includes **DQ's, No Shows, and scratches** made after the meet is seeded.
Times must have been achieved between February 20, 2007 and the meet entry deadline.

Warm-up Procedures and Safety Guidelines of Metropolitan Swimming will be strictly enforced.

SCRATCH RULES AND PROCEDURES: READ VERY CAREFULLY!! (Some info has been updated for 2008)

- 1) **POSITIVE CHECKING** for the 1000 Yard Freestyle **MUST** be made in person at the pool desk of Lehman College between **4pm and 5pm on Thursday, February 21, 2008**. The 1000 free will be seeded promptly at 5pm.
- 2) **Scratches for Friday's events MUST be made by calling or emailing Monique between 11am and 1:00pm on Thursday, February 21st or in person by a coach during warm-up of the 1000 free on Thursday. All scratches for Friday will close at the end of warm-up, at 5:30pm, on Thursday, February 21st.**
- 3) Scratches for all subsequent days' events and confirmation of intent to swim the 1650 Yard Freestyle shall be made no later than 30 minutes after the conclusion of the prelims of the preceding day. Scratch forms will be provided.
- 4) **In all prelim-final events, after the prelims have been seeded, any swimmer who fails to compete in an individual event heat in which he/she is entered and from which he/she has not been scratched will be barred from all further individual and relay events of that day. Additionally, that swimmer shall not be seeded in any individual events on succeeding days unless that swimmer declares his/her intent to swim prior to the close of scratches for that day's events.**
- 5) Heat sheets for same day finals and for the next day prelims session will be posted within 30 minutes of the conclusion of each morning session.
- 6) A swimmer qualifying for any finals swim based upon the results of the prelims must notify the Clerk of Course within 30 minutes after announcement of the qualifiers for that event that he/she **may not intend** to compete, and further must declare his/her final intention within 30 minutes following his/her last preliminary event. If a swimmer fails to follow this procedure, he/she will be barred from further competition for the remainder of the meet, except as noted in Rule 207.5.9 E1 and E3. **In addition, if a swimmer fails to follow this procedure for the last session of the meet, his/her club will be fined \$50.00 for each instance.**
- 7) The relay scratch rule will be as follows: Any relay team entered in a relay event and not properly scratched must Swim the event. Failure to do so will result in each member of the relay team being barred from the next relay event in which they may otherwise be eligible to compete. A relay team member failing to appear ready to swim for a relay event will be barred from his/her next individual event. Relay members who do appear ready to swim shall not be penalized.
- 8) **It is the responsibility of the Swimmers and the Coaches to make sure that swimmers have not moved up into the top 24 by the close of the prelims session.**

TIME TRIALS: Time trials will be held after prelims, as time permits. They will cost \$5.00 per swim. Time trials will be open only to swimmers who are entered in individual events in the meet. Swimmers are allowed a maximum of two (2) time trials over the course of the weekend.

Time trials are counted toward the three individual events allowed per swimmer per day.

TIMING & MEETMARSHAL ASSIGNMENT

Senior Mets Short Course 2008

ADULT TIMERS WITH WATCHES will be expected from each club and will be assigned based on a percentage of entries at each session. **A team assigned a lane must provide timers on that lane for the entire session!** Timers are asked to be on deck 15 minutes before the scheduled start of the session. Volunteer timers are welcome.

PLEASE COOPERATE. Any timer that has not reported, from a club assigned to time, will result in the disqualification of that club's swimmers until that timer reports.

Thanks for your cooperation.

Meet Marshals:

Meet marshals (Metro Officials) must be on deck 5 minutes before the start of scheduled warm-up.

Identifying attire will be supplied.

Marshals must enforce warm-up procedures and maintain order in the swimming venue.

Timers:

Teams that are not assigned a lane to time must be "on call" if needed

Swimmers entered in the 1000 and 1650 must provide their own timer and counter (BYOT).

| Lane | Thursday Session 1 | Fri. AM Session 2 | Fri. PM Session 3 | Sat. AM Session 4 | Sat. PM Session 5 | Sun. AM Session 6 | Sun. PM Session 7 |
|-----------------|-----------------------|-----------------------------|----------------------|-----------------------------|----------------------|----------------------|----------------------|
| 1 | BYOT | NYAC NYAC | NYAC NYAC | NYAC NYAC | NYAC NYAC | NYAC NYAC | NYAC NYAC |
| 2 | BYOT | AG LIE | AGUA AGUA | AG YMID | AGUA LIE | AG LIE | AGUA AGUA |
| 3 | BYOT | BAD CIY | BAD BAD | LIE LIE | BAD BAD | EAST EAST | BAD BAD |
| 4 | BYOT | LGAC MSC | LGAC IA | MSC CIY | LGAC IA | EAST EAST | LGAC IA |
| 5 | BYOT | FLY COND | BGNW BGNW | FLY WAC | BGNW BGNW | FLY WAC | BGNW BGNW |
| 6 | BYOT | NDAC NYSA | LIAC LIAC | HAA HAA | LIAC LIAC | EAST EAST | LIAC LIAC |
| 7 | BYOT | TS TVSC | TS TVSC | TS TVSC | TS TVSC | TS TVSC | TS CSC |
| 8 | BYOT | PSST PSST | BASC VAC | NYSA NFS | OWA VAC | COND GAEL | OWA NYSA |
| Relief Timer | | WAC | NYSA | COND | BASC | LBA | NBS |